Reeping http://www.patheos.com/blog s/keepingherkeys/



# March 2018 Newsletter

Greetings! Welcome to the VERY FIRST Keeping Her Keys Newsletter!

I thought that a newsletter would be a great way to talk about everything that happened in the KHK community in the past month and highlight some of the things planned for the month ahead. Let's start this off with a tribute to Hekate:

Hail Hekate, Anima Mundi. Hail Hekate, Anima Mundi. Hail Hekate, Anima Mundi. She who is the very soul of the world, Within me lives the same spark, That fuels all of creation, And birthed the universe. Hail Hekate, Anima Mundi. Hail Hekate, Anima Mundi. Hail Hekate, Anima Mundi. Excerpt from: The Sunrise Ritual to Hekate as The World Soul

# **KHK Community on Facebook**

Some of you who are part of the KHK Facebook community may have noticed that I use a schedule for the content themes. I love schedules and themes! For February, my personal theme for the KHK Facebook page was to develop a schedule. So far, so good.

#### **Daily Schedule**

Mindful Mondays – Mindfulness, meditation, self-help...maybe yoga
Tarot Tuesdays – All about those cards of fortune
Witchy Wednesdays – Spells, herbs, etc. (also usually a tribute to Mercury/Hermes)
Thoughtful Thursdays – Witches love knowledge! Focus on the written word
Freebie/Freaky Fridays – Sometimes I offer free stuff and I'm going to get more into the freaky side of things (ghosts, necromancy, psychopompery)
ICYMI Saturdays – No new content, instead I share things you might have missed
Soulful Sundays – Get a cup of coffee and take some time to explore things that feed your soul and expand your horizons

#### **Special Days**

Of course, the Deipnon, Noumenia and Full Moon disrupt this schedule. Then there are sabbats. This month, of course, there's the Spring Equinox! Dates for these events in March are:

| Date     | Time               | Event          | Focus                 |
|----------|--------------------|----------------|-----------------------|
| March 1  | Check your local   | Full Moon      | Healing Circle at     |
|          | time; 24 hours     |                | КНК                   |
|          | before and after   |                |                       |
|          | the exact time     |                |                       |
| March 17 | 24 hours before    | Deipnon        | Honoring Hekate       |
|          | and after          |                |                       |
|          | astrological new   |                |                       |
|          | moon; check your   |                |                       |
|          | local time         |                |                       |
| March 18 | The 24-hour        | Noumenia       | Setting intentions    |
|          | period starting 24 |                | for the new lunar     |
|          | hours after the    |                | cycle and seeking     |
|          | astrological new   |                | Hekate's blessing     |
|          | moon; check your   |                | over them and our     |
|          | local time         |                | homes.                |
| March 20 | Check your local   | Spring         | Celebrating the start |
|          | time               | Equinox/Ostara | of the season on      |
|          |                    |                | Hekate Pammetor,      |
|          |                    |                | the Great Mother      |
| March 31 | Check your local   | BLUE Moon      | Healing Circle at     |
|          | time; 24 hours     |                | КНК                   |
|          | before and after   |                |                       |
|          | the exact time     |                |                       |

# **Exploring the KHK Facebook Page**

There's lots to discover on the KHK Facebook page, from videos to the photo albums. I'm not very good with the videos, but I'm getting better! It's a challenge! There's lots in the photo albums, including book reviews, altars and photos of the part of the world I call home.

## **Sharing on KHK**

I LOVE to share other blogs, photos, artwork and music. If you've got something you'd like me to share, just let me know.

## **Changes to Facebook**

Facebook changed their algorithms recently which means that you may no longer be seeing KHK updates in your feed unless I pay to put them there. So, don't forget to visit the page. You can also become my Facebook friend on my personal page because the changes shifted the emphasis to individuals and away from businesses, groups and organizations. I share most of the KHK stuff on there, too.

# **Magickal March**

I'm focusing my writing on witchcraft for the month of March. On the schedule so far: witch water, witch jars, Hekate's Garden: Oak, Making the Most of Magickal Leftovers and Making Magickal Talisman's and maybe one about my beloved knot spells. Let me know if there's a topic you'd like me to write about within this theme.

# **February's Patheos Pagan Blogs**

Here's a list of my Patheos Pagan Blogs that I wrote in February:

Hekate and the Moon

Hekate's Many Controversies

Hekate: Goddess of the Sea

The Temple of Hekate: A Book Review and Dreams of the Real One

<u>Hekate's Garden: Bay Laurel</u>

Prayer to Hekate, The World Soul

Signs of Magick Addiction

Calling Upon Hekate

Hekate: Goddess of Relationships

Love Spells: Be Careful What You Witch For

A Witch's Understanding of Hekate

Intentional Lucid Dreaming

Welcome to the New P-Age: Weaving a Pagan Web for Our Time

Hekate's Fires and Magick

Hekate Enodia Two Card Tarot Spread

February: Honoring Hekate as the World Soul with a Sunrise Ritual

## **Keeping Her Keys: An Introduction to Modern Hekatean Witchcraft**

I'm excited to announce that Moon Books will be publishing *Keeping Her Keys: An Introduction to Modern Hekatean Witchcraft* early in 2019! I've got a deadline to submit the manuscript at the end of March, so I'm BUSY with this! I am so blessed to be writing this book! I've been posting little snippets from the book on the Facebook page and I'll continue to do so.

# **BONUS: Keeping Her Keys Prayer Cards**

I've made a few prayer cards using sections of some of the prayers I've shared on the page as a way of celebrating the launch of the newsletter. They are available by clicking this: <u>Prayer Cards</u>

#### **BONUS Content**

Here's the list of KHK bonus content that's available by clicking on the title.

#### **Prayers & Rituals**

<u>Prayers to Hekate</u> <u>Prayer of Devotion and Petition to Hekate</u> <u>The Witches Prayer to Hekate</u> <u>Hekate's Fires Pentacle Ritual</u>

#### **Meditations & Journeys**

<u>Hekate's Key Journey</u>: A journey into the Liminal Realm to receive a vision of Hekate and one of Her keys.

<u>Inner Wolf Journey</u>: Sometimes, you've got to connect with that inner fierceness. <u>Open Your Heart Meditation</u>: We need to be open to love, from ourselves and others. <u>The Unity Meditation</u>: All purpose meditation using the seven energy centers of the body.

<u>Spring Cleaning Journey</u>: Time to clean our spiritual house! Journey for releasing the past and welcoming the new.

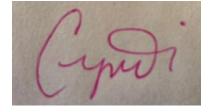
## **KHK on YouTube**

Here's a list of the videos so far:

Hekate's Breath Meditation Honoring Hekate on the Dark Moon Hekate's Messages Invoking Hekate The Goddess Hekate Hekate's Fires Pentacle Ritual Hekate World Soul Sunrise Ritual Intro to Modern Hekatean Witchcraft A Modern Hymn to Hekate

I love hearing from the KHK community, so please send me a note, ask me anything or let me know if there's typos in something!

Keep on Keeping Her Keys!



Dr. Cyndi Brannen, PhD To learn more about me, click <u>this</u>.

