

Keeping Her Keys

<http://www.patheos.com/blogs/keepingherkeys/>



April 2018 Newsletter



A Witchy Welcome to the April Keeping Her Keys Newsletter! So much happened in March. The most recent being our very successful Fool Moon Manifestation Circle on March 30-31. I've already heard about successful outcomes only a few days later! When we join together to form a magick circle, great things are going to happen.

THE REAL WORK: SACRED SEVEN *A Pagan Path for Personal Development*



learn more at Keepingherkeys.com

The Real Work

Due to demand, I am launching a Spring offering of The Real Work starting April 15.

This nicely coincides with the “there are no coincidences” manner of the universe since my original intention was to revise The Real Work during this time.

This fifteen-week course consists of audio seminars, a work book and other supplements. Every two weeks, students receive a new lesson and seminar. There is also a private group for discussion.

Lessons:



Week 1: Healing

Week 2: Energy

Week 3: Sovereignty

Week 4: Growth

Week 5: Connection

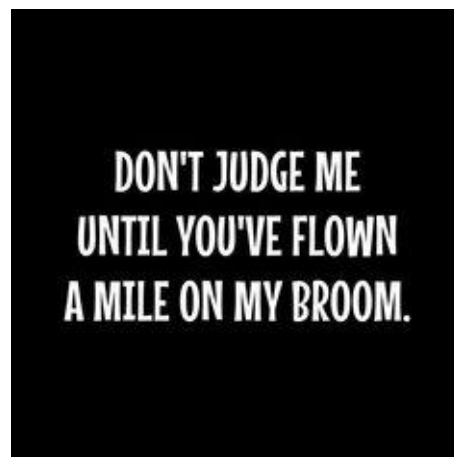
Week 6: Abundance

Week 7: Unity

The Real Work grew out of my private spiritual teaching practice and my professional work developing effective self-directed support programs for a variety of healing concerns, ranging from depression to chronic pain.

The Real Work consists of seven lessons that take you on a journey through healing to empowerment. The goal is to support you as you create a life you love. Having a meaningful life requires turning away from our shadow self and living as our true self.

The Real Work incorporates rituals, spells and other magickal activities with meditation, processing and mindfulness training. At the heart of The Real Work is the Pagan Hour of Power that will truly transform your life. [More info](#). *Please contact me directly for tuition arrangements.*



Monthly Theme at Keeping Her Keys on Facebook



All Spring, I am going to be exploring personal development and witchcraft. Hekate will never be far away, but I need a break from reading ancient texts! The Keeping Her Keys Facebook community activities will focus on personal development and witchcraft in a variety of different ways. In April, we turn our attention to removing the barriers between us and our most meaningful life and then planting the crops that will yield what we desire.

Special Days

Date	Time	Event	Focus
April 7	24 hours from the time the circle is cast	Waning Moon Circle	Removal magick of all sorts. What do you need to get rid of?
April 14	24 hours before and after astrological new moon; check your local time	Deipnon	Honoring Hekate
April 15	The 24-hour period starting 24 hours after the astrological new moon; check your local time	Noumenia	Intention setting for the new lunar cycle
April 29	24 hours before and after full moon; check your local time	Full Moon Circle	Big magick time!

Hail Hekate! Three-Formed Goddess!
 Reflected in the moon's three faces.
 Hail Hekate! Key Holder of the Mysteries,
 The secrets of the dark moon are Yours.
 Release unto me the energy of the moon!
 I draw down the energy of
 Your glorious moon,
 I seek Your favor for this working,
 My intention is true,
 And my will is strong.

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Exploring the KHK Facebook Page



I spent some time updating the various albums on Facebook. You'll find infographics about Hekate, witchcraft and other things. I also started doing Hekate's Zodiac. There's an album for Hekate's Garden, too. So far, I've added Bay Laurel, Mugwort and Sage. Find some motivation in the Inspiration Album and gain knowledge in the Learn Album





From Hekate's Animals KHK Facebook Album

Sharing on KHK

I LOVE to share other blogs, photos, artwork and music. If you've got something you'd like me to share, just let me know.

My favorite blog of last month was this [simple devotional ritual to Hekate](#) from Keeping Her Keys community member Yuri M.

Tarot Tuesdays

Ever popular, Tarot Tuesdays are held almost weekly depending on my schedule.

Personal Development Readings



I do a few different personal development readings using the Tarot. By far the most popular one is the Hekate Shadow Taming Spread.

Here's what people say about it and KHK:

"Quality content, amazing readings, just all around one of my favorite corners of the internet."



Patheos Pagan Blogs from March

My Three Favorites of the Month

#1. My Witch's Heart

You know that moment when you instantly click with someone? I think this happens because some part of us says “you have a heart like mine.” In my case, it’s a black witch’s heart full of hope, determination and more than a little rebelliousness. My heart’s driven by curiosity and the need for wild places. Black is its color because it’s protective, mysterious, and great at hiding a few extra pounds. This old heart of mine’s been hurt a thousand times but keeps on healing. Black is good for that since it hides all sorts of stains. [Read more](#)

#2. Persephone: Goddess of Adaptation

Persephone is often seen only as the maiden taken to the Under World against her will, but there is so much more to her than that. In fact, she became the fierce Queen of Hell ruling over her domain very much the equal to Hades while saving humanity by adapting the climate to give us the growing season. To put Persephone’s story into a contemporary context, we can classify her as a Goddess of Adaptation because of how she transformed herself, managed her relationships and turned the wheel of the year.

[Read more](#)

#3. Being an Ethical Mentor

I’ve spent the past couple of hours distracted by the latest scandal involving a pagan leader. The gossip about the whole mess doesn’t interest me that much, so that hasn’t

been on my mind. What I have been doing is examining my own practices as a mentor, teacher and writer. My personal code of conduct can be found later in the article. I wrote this blog in the hopes that it starts a dialogue about ethical mentorship in the pagan community. [Read more](#)

The Rest of the Blogs:

[Crafting a Prosperity Potion](#)

Making your own potion is a sure-fire way to manifest the type of prosperity that...

[Re-Imagining Persephone and the Complexities of Women's Choices](#)

Was Persephone the unwitting victim, trapped in a hellish relationship? Perhaps was a self-appointed therapist...

[Hex Appeal: The Power of Cursing](#)

Cursing and hexing have been stigmatized by some practitioners who see them as violations of...

[Hekate and the Spring Equinox: The Winds of Change and the Balance in All Things](#)

As the Spring Equinox draws nigh, it is this aspect of Hekate that speaks to...

[Prayer to Hekate for the Dead](#)

Death is but another phase of life, though it is one that can cause us...

[You've Got to Believe in Something...So Why Not Believe in Me?](#)

Imagine the goddess of your understanding for a moment. Holding the universe in her mighty...

[Give Me That Old Time Witchcraft](#)

Picture this, if you will. A group of women are dancing sky clad under the blue...

[An Evocation of Hekate Suitable for Any Rite](#)

"I honor You as the Key Holder, and pray that You'll open the doors to..."

This is a Witch Hunt

I'm a witch and I'm hunting down those who profit from selling weapons that shouldn't be...

Keeping Her Keys: An Introduction to Hekate's Modern Witchcraft

The introductory book has been submitted, so now it's time for the copy editors to have their way with it. I feel like I've sent a child off to school for the first time!



BONUS Content

Here's the list of KHK bonus content that's available by clicking on the title.

Witchcraft

NEW [Spell Planner Work Sheet](#)

Thanks for your feedback! A new easy-to-print version is now available to download.

Prayers & Rituals

[Prayers to Hekate](#)

[Prayer of Devotion and Petition to Hekate](#)

[The Witches Prayer to Hekate](#)

[Hekate's Fires Pentacle Ritual](#)

Meditations & Journeys

[Hekate's Key Journey](#): A journey into the Liminal Realm to receive a vision of Hekate and one of Her keys.

[Inner Wolf Journey](#): Sometimes, you've got to connect with that inner fierceness.

[Open Your Heart Meditation](#): We need to be open to love, from ourselves and others.

[The Unity Meditation](#): All purpose meditation using the seven energy centers of the body.

[Spring Cleaning Journey](#): Time to clean our spiritual house! Journey for releasing the past and welcoming the new.

KHK on YouTube

Here's a list of the videos so far:

NEW: [Spell to Remove Toxic People from Your Life](#)

[Hekate's Breath Meditation](#)

[Honoring Hekate on the Dark Moon](#)

[Hekate's Messages](#)

[Invoking Hekate](#)

[The Goddess Hekate](#)

[Hekate's Fires Pentacle Ritual](#)

[Hekate World Soul Sunrise Ritual](#)

[Intro to Modern Hekatean Witchcraft](#)

[A Modern Hymn to Hekate](#)

I love hearing from the KHK community, so please send me a note, ask me anything or let me know if there's typos in something!

Keep on Keeping Her Keys!

Dr. Cyndi Brannen, PhD

To learn more about me, click [this](#).

SPELL PLANNER



INTENTION



Empty rounded rectangular box for writing the intention.

CORRESPONDENCES

Empty rounded rectangular box for writing correspondences.

MOON PHASE, ASTROLOGICAL FACTORS AND DATE

Empty rounded rectangular box for writing moon phase, astrological factors, and date.

PREPARATION

Empty rounded rectangular box for writing preparation.

INCANTATION

Empty rounded rectangular box for writing incantation.

AFTER THE SPELL

Empty rounded rectangular box for writing what to do after the spell.



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NOTES