

# **Beyond Drawing Down The Moon: Practicing Powerful Lunar Magick**

By Cyndi Brannen, PhD

*It is natural for the witch to summon the moon's energy. We draw her down, reside in her shadows, ride her winds and rise from her waves. This is the remembering of what we have always known. The moon is our divine mediator: the merging of the stars, darkness, and earth. Our ally in working with the forces and spirits. Practicing lunar magick involves drawing the moon into our rituals and spells, merging with our focus and then releasing it, including The Sacred Seven Moon Summoning technique.*



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## **The Witch And The Moon**

The moon is a primal force whose currents infuse the earth and us. The moon calls to many witches, myself included. I have a deep personal connection to lunar energy that speaks to my very core. The changing intersection of the moon, the earth and the sun resulting in the different crossroads that is each part of the lunar cycle. Each one has dominant energies that we can summon into our witchery. Waning for removals, waxing for attracting, [dark](#) for honoring [Hekate](#), [new](#) for beginnings.

## **The Lunar Signatures**

Each part of the lunar cycle carries a unique energy signature. The Full Moon represents wholeness and illumination. The Full Moon is the womb from which all life on earth grows. It is the external embodiment of the core of the planet. Symbolically, the moon sets and rises out of this core. Each night Selene emerges from Hekate's Cave to share her energy with the world.

## **Drawing Down The Moon**

The practice of drawing down the moon in her many phases for our witchery has become part of modern magickal cannon for many. However, the moon's power is not separate from the earth, it is within each of us and influences everything on this planet. Many of us witches know that we are made from the same stuff as the moon, as we feel her mighty pull.

Below I share a technique for drawing down the Sacred Seven Forces of the Moon, but first here's the process for drawing down lunar energy into your workings.

### **Preparation**

While experiencing lunar energy without a goal is wonderful, we typically are harnessing the moon for a specific task. Writing your intention or claim, preparing an altar to serve as your portal to the forces you'll be summoning, and getting into the desired state of mind/body (through cleansing, etc.) are all part of the preparation process.

You don't have to wait for a specific phase, adapt your spell to the current phase or when you'll be ready for the magick.

When drawing down the moon, adding layers of correspondences to the working is very beneficial. I generally use a tripartite approach. With the moon, we can add astrological considerations since the moon is always in a specific house of the zodiac. Several botanicals and stones act as conduits of lunar energy, including the user-friendly mugwort and moonstone. Colors are another layer that can be added to augment our lunar connection: black for the dark moon, white for the new/waxing, red for the full, grey for the waning.

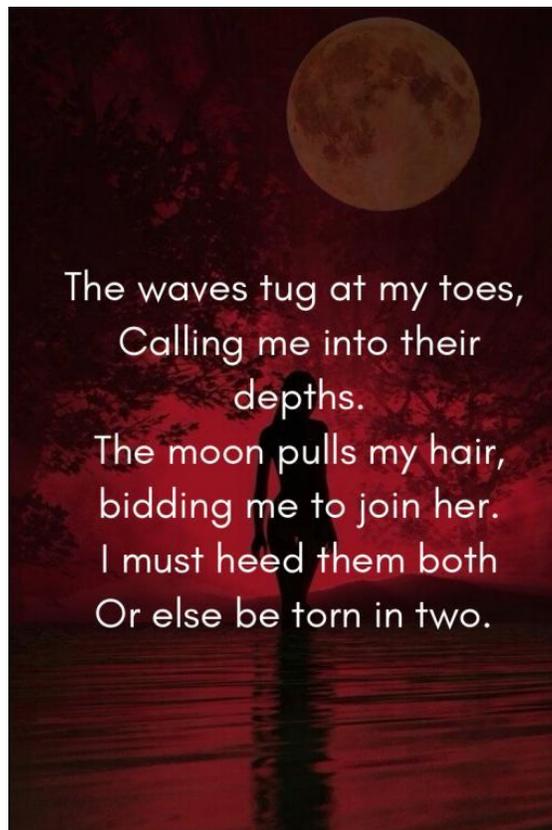
Ensure that the space you'll do the working in is safe and without toxicity.



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### **Securing Yourself Through Grounding**

Tether yourself to the earth beneath you before getting involved with the moon. Breathe into your roots, releasing stress and toxins. This is not optional.



The waves tug at my toes,  
Calling me into their  
depths.  
The moon pulls my hair,  
bidding me to join her.  
I must heed them both  
Or else be torn in two.

## **Summoning The Powers Within**

Once grounded, turn your attention inward to your own power supply. The technique below outlines how to extend your own Sacred Seven energy centers. An alternative is to envision all your energy forming a spirit-moon in your own hands.

## **Releasing Your Personal Power**

With your energy focused and your tether in place, stretch your energy around you, securing your space. Scan your surroundings for any unwanted forces, then banish them.

## **Drawing Down The Moon**

Next, calling out to the moon with your energy. Use words to augment what you are doing energetically. Draw the lunar energy into the contained energy you've created, whether it's your hands, a jar, etc.

## **Containing Lunar Energy**

You want to keep the lunar energy required for the working. Envision capturing the energy into whatever your container is. You may separate the lunar energy from the source or keep it connected, depending on your purpose.

## **Directing It Into Your Ritual Or Spell**

Now use words, thoughts, actions, etc. to direct the lunar energy into your working. Wild moon magick is awesome, but can be unpredictable. Instructing the energy of what to do yields powerful results.

## **Activating The Spell**

Once you've spoken your incantation or otherwise given direction to your contained moon energy, envision the spell and the moon, along with other correspondences merging into one beautiful spiral. Release this coil out to your intended target.

## **Releasing From Lunar Energy**

Even if you separated your piece of moon magick from the source, you'll still need to separate from the moon. Pull back your energy cords until they are resting within you.

## **Returning Your Internal Energy To Rest**

Using a calm, steady deep breath, settle your power back to the usual everyday level. More instruction on this is found in the technique below.

## **Separating From Your Tether**

Pull up your roots gently, further returning to everyday consciousness.

### **Energy Correction**

If your energy is too high, you may want to keep those roots in the earth so the excess can drain off. Too low? stand straight, shoulders relaxed and let the moon pour down through your physical/spirit spines.

### **Processing**

Recording what happens before, during and after a working is the surest way to practice powerful witchcraft that gets the results you need. Note your experiences, any messages that came through, etc.

### **The Sacred Seven Forces And The Moon**

The moon contains the energy of The Starry Road, reflected by the solar influence on her cycle. This is the realm of the sky, connected to our Higher Selves. The moon is also of the earth, empowering our cycles and is itself a piece of our planet. The material moon represents the active Middle Self. The moon is also the darkness of the shadows, the Lower Self, the dark matter of all things and the emotional depths of the sea. The moon infuses and influences the four elements of earth, air, fire and water. The growth cycles, the winds, the tides and even fires are under the moon's spell. Fire is also reflected by the moon through her entwinement with the sun. These are The Sacred Seven Forces.

### **The Reconnection: Summoning The Sacred Seven Forces And The Moon**

Stand under your chosen moon, either outside or by an open window. If neither is available to you, direct your mind's eye to the moon above by and hold the image firm.

To avoid getting pulled up into The Starry Road, ground yourself by connecting your energy to the earth first. Envision a cord running throughout your being, permeating each cell. This black cord contains the emotional Lower Self. Direct this cord down through your root, your legs, then your feet, extending your roots deep into the earth. You are grounded below.

This is your tether that will enable you to invoke the moon without losing yourself in the energy, while connecting you to the lunar energy of the earth, land and Under World.

Envision another cord running throughout your being, permeating each cell. This red one containing the active energy of the Middle Self. The next step is to engage with the material world around you. The moon's energy permeates all things on earth, from the

oceans to our biorhythms. Extend this cord out from your heart center to your surroundings, anchoring yourself in them.

This keeps you centered during the ritual and allows you to invoke the energy of the moon reflected on the earth.

The final cord is the white energy of the Higher Self, the power of mysticism. Feel this force throughout your being, permeating each cell. The center of the Higher Self is the crown. Focusing the energy here, unfurling your connection to The Starry Road.

This is the final part of the reconnection to the moon and creates a channel through which the wisdom of the Higher Self flows.

You are grounded, centered and connected.

Soak up the lunar energy beneath you through your roots. Feel the power that controls the growth cycle, gravity and our body's rhythms.



Pull in the lunar energy around you, reflected in the moon beams, the shadows and the changes in material objects reflected in her glow.

Draw down the lunar energy directly from her, down through your connection into your being.

Collect this energy at your heart center until it becomes a beautiful sphere of black, red and white. Now place your hands over your heart, letting the spirit-moon spill out into them, creating a new sphere. Using your hands, stretch that sphere all around you until you are completely enveloped in the spirit-moon that is a blending of your Three Selves and the moon.

Your hands, heart and body are merged with lunar energy.

Your spirit-moon protects you from all harmful energies while connecting you to the forces illuminated by the moon's energy. Feel the energy of earth, soaked in the moon's power, how the air changes with the moon, the fiery reflection of the sun in the moon, and the watery energy of the moon's influence on the waters of the earth.

Draw these elemental forces into your spirit-moon: green for earth, yellow for air, orange for fire and blue for water. Once combined, the spirit-moon is complete, a perfect mirror of the moon above you.

Note that you can evoke deities into your sphere at this point if you feel led.

Pause here in this space, becoming energized by the forces you've summoned.

Continue into your ritual or spell, such as [\*\*The WHOLE Moon Ritual: Harnessing The Full Moon For Wholeness\*\*](#)

End your working by releasing the forces. [\*\*Read how here.\*\*](#)



# TRUE MAGIC

UNLEASHING  
YOUR INNER WITCH

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