

Cyndi Brannen, Ph.D.

Work History

Research Associate – Research Director
Center for Research in Family Health
IWK Health Center
Halifax, Nova Scotia

March 2007 – 2019

The Center for Research in Family Health is focused on the implementation of evidence based programs for families using a primary health care model. I am responsible for the daily operations for the Center for Research in Family Health, including responsibility for managing the operating budget of approximately \$2,000,000. This includes supervision of over 20 part and full-time staff working on different research projects focusing on the development and implementation of family education and support programs (e.g., parent training) using innovative technology (e.g., telehealth, smart websites). Successful grant writing for my own e-health research program and supporting other Centre investigators is the core function of my position, along with publishing scientific papers and book chapters on our findings. I also supervise or co-supervise undergraduate and graduate students in psychology and health promotion. Clinical supervision of coaching and assessment staff as well as trainees is a vital part of this position. As such, excellent knowledge of the various applicable ethics codes, good clinical practice guidelines, and therapeutic techniques appropriate for family intervention program is essential. I work closely with scientists across North America in Europe, other departments within the health care Center, such as Primary Care, various government departments and NGOs. I taught Health Psychology at Dalhousie University for two terms early in this position.

Academic Appointments: Assistant Professor in the Departments of Health Promotion, Pediatrics & Psychology
Dalhousie University

Professional Appointments: Medical and Scientific Staff, IWK Health Centre

Professional Registration: Applied Health Psychologist

Previous Academic Positions

Assistant Professor, Psychology
Mount Saint Vincent University

September 2004 - 2019

During this time, I taught Developmental Psychology and the Psychology of Women at Mount Saint Vincent University. I have also supervised undergraduate (Psychology) and graduate (Family Studies) students for independent projects and theses.

Post-Doctoral Fellow

June 2006 - February 2007

Women's Health in Rural Communities
Center for Research in Family Health
IWK Health Center/Dalhousie University

Primary research focus: Family health psychology; military families; distance treatments; e-health, primary care, postpartum depression; rural stress; secondary traumatic stress.

Post-Doctoral Fellow

June 2004 - May 2006

Healthy Balance Research Program
Atlantic Center of Excellence for Women's Health
Faculty of Health Professions
Dalhousie University

Primary research focus: Healthy relationships with an emphasis on women's unpaid caregiving, impacts on health, and policies for caregivers and families. Work/life balance of military members.

Lecturer (Social Psychology)

2003 – 2004

Acadia University, Wolfville, Nova Scotia

In this position, I taught several courses within social psychology and also supervised Honor's students.

Previous Professional Experience

Needs Assessment Officer

2000

Department of Family & Community Services
Saint John, New Brunswick

This position involved intake of new clients and returning clients onto the case management system for Family & Community Services income support programs. Part of this position was to conduct evaluations for applicants to the daycare subsidy program. Case management for short-term clients was an additional task in this position. This entailed assessing clients for services, referrals (health, education, employment), and monitoring client's progress through various programs and interventions. Bilingualism was required for this position. I left this position to pursue my doctorate in psychology.

School Intervention Worker

1999-2000

School District 6
Rothesay, New Brunswick

Responsibilities associated with this position included assessment, intervention and support for children with autism spectrum disorders, attention deficit disorders, and undiagnosed behavioral

and emotional problems in Early French Immersion. Assessment of elementary children (including standardized tests such as the WISC), classroom observation and support for teachers, designing individual support programs, conducting group programs (anger management, social skills training) and monitoring student progress were the major tasks of this position. This position required advanced French language skills.

Education

- Ph. D. (Applied Social Psychology)** 2005
The University of New Brunswick, Fredericton
Dissertation: Group attachment representations and the effects of ingroup priming
Supervisor: Dr. Enrico DiTommaso
- M.A. (Experimental Psychology)** 2001
The University of New Brunswick, Saint John
Thesis: The Roles of Attachment and Interpersonal Competence on Individuation: A Mediational Approach
- Diploma in University Teaching** 1999
The University of New Brunswick, Fredericton, NB
- B.A. (First Class Honor's; Psychology)** 1996
The University of New Brunswick, Saint John, NB

Refereed Publications

- Bradley, K., McGrath, P., Bagnell, A. & Brannen, C. (2010). Adolescents' attitudes and opinions on depression treatment. *Child and Adolescent Psychiatry*.
<http://www.springerlink.com/content/07v313253211w3v8/>
- Bradley, K., Bagnell, A., & Brannen, C. Factorial Validity of the Center for Epidemiological Studies Depression 10 in Adolescents, June 2010, Vol. 31, No. 6 , Pages 408-412
<http://informahealthcare.com/doi/abs/10.3109/01612840903484105>
- Brannen, C. (2006). Women's unpaid caregiving and stress. *Mental Health and Addictions in Women*, Spring 2006, Volume 5, Number 1.
<http://www.cewh-cesf.ca/en/publications/RB/v5n1/page5.shtml>

Brannen, C., Johnson-Emberly, D., & McGrath, P.J. (2008). A review of sources of stress for rural Canadians. *Health & Place*.

<http://www.sciencedirect.com/science/article/pii/S1353829208000579>

Brannen, C., Grandia, P., Zaradnick, M., Stewart, S. & McGrath, P. (2008). Do media portrayals of secondary traumatic stress provide a context for treatment? *The Behavior Therapist*.

<http://psycnet.apa.org/psycinfo/2008-17788-001>

Brannen, C. & Petite, K. (2008). A qualitative exploration of women's coping with caregiving. *Journal of Health Psychology*. <http://hpg.sagepub.com/content/13/3/355.short>

Brannen, C., Petite, K., Norris, D., & Baldwin, C. (2007). A collaborative framework exploring the connections between mental health and caregiving of Canadian military members: Reflections on a work-in-process. *Australian Community Psychologist*.

[http://www.groups.psychology.org.au/Assets/Files/Brannen_19\(1\).pdf](http://www.groups.psychology.org.au/Assets/Files/Brannen_19(1).pdf)

DiTommaso, E., Brannen, C., & Best, L. (2004). Validation of the Social and Emotional Loneliness Scale for Adults. *Educational and Psychological Measurement*, 64 (1), 99-119.

<http://epm.sagepub.com/content/64/1/99.short>

DiTommaso, E., Brannen, C., & Burgess, M. (2005). The universality of relationship characteristics: A cross-cultural comparison of different types of attachment and loneliness in Canadian and visiting Chinese students. *Social Behavior and Personality: An International Journal*, 33(1), 57-68.

<http://www.ingentaconnect.com/content/sbp/sbp/2005/00000033/00000001/art00006>

DiTommaso, E., Brannen, C., Ross, L., & Burgess, M. (2003). Attachment styles, social skills and loneliness in university students. *Personality and Individual Differences*, 35, 303-312.

<http://www.sciencedirect.com/science/article/pii/S0191886902001903>

Cochrane Reviews

Letourneau, N., Brannen, C., Sloat, E. Van Zanten, S. V., Coates, C., McGrath, P., et al. (2009). *Parent Mediated Interventions that Promote Early Reading: Protocol*. Cochrane Developmental, Psychosocial and Learning Problems Group.

<http://onlinelibrary.wiley.com/doi/10.1002/14651858.CD007850/full>

Published Abstracts

Whitney, M., Varalli, V., Brannen, C., McGrath, P., & Cunningham, C. (2009). The CATHI pilot study: Evaluating the acceptability for delivering parent skills training using an interactive voice recognition system *Annals of Behavioral Medicine*, 37 (S1), D-124, p.s212.

Brannen, C. & DiTommaso, E. (2004). Group representations and external priming: Are we sheep or wolves? *Canadian Psychology*, 45, 74.

Book Chapters

Brannen, C. & Hambleton, H. (2009). *The health care system: At the intersection of caregiving, health, stress and gender*. In Pathways, Bridges, and Havens: Determinants of Women's Health, J. Galloway et al., Eds. Cape Breton University Press: Halifax, NS.

<http://cbup.ca/books/gallivan-cooper-psychosocial-women%E2%80%99s-health/>

Brannen, C., Dyck, K., Hardy, C., & Mushsquash, C. (2011). Rural mental health in Canada: Research to practice. In *Rural Health in Canada*, J. Kulig, Ed. University of British Columbia Press: Vancouver, BC.

http://www.ubcpres.ca/search/title_book.asp?BookID=299173542

Government Reports

Brannen, C. Norris, D., Petite, K., Keddy, M. & Grandia, P. (2007). Caregiving, Health and Work of Canadian Forces Members: Final Report. IWK Health Centre and Department of National Defence.

Brannen, C. & Petite, K. (2005). Caregiving, Health and Work of Canadian Forces Members: Literature and Policy Review. Atlantic Center of Excellence for Women's Health/ Department of National Defence.

Digital and Electronic Publications

Brannen, C. (2009). iStudy for Taylor, S. E. & Sirois, F., *Health Psychology, 1st Canadian Ed.* McGraw Hill Ryerson: Toronto.

Brannen, C. (2005). Online Learning Center author, Hetherington, E. M., Parke, R. D., & Schmuckler, M. *Child Psychology, 2nd Canadian Ed.* McGraw Hill Ryerson: Toronto.

Brannen, C. (2005). Powerpoint presentations for Hetherington, E. M., Parke, R. D., & Schmuckler, M. (2005). *Child Psychology, 2nd Canadian Ed.* McGraw Hill Ryerson: Toronto.

Other Publications

Brannen, C., & Grandia, P. (2007). Invited article. Support and Family Education for Secondary Traumatic Stress (SAFESTS) Proposal Development Project. *Canadian Psychological Association Newsletter: Section on Disaster and Trauma*, March.

Brannen, C. & Johnson-Emberly, D. (2006). Rural experiences of stress. *The View from Here: Perspectives on Rural and Northern Psychology*, 1(2), 4.

Brannen, C. & DiTommaso, E. (2001). The role of attachment and interpersonal competence on individuation: A mediational approach, *Canadian Psychology*, 42, 71.

Brannen, C. (1999). Approaches to Marking: Grinch or Santa? *Teaching Voices*, (3).

Peer Reviewed Presentations

Whitney, M., Varalli, V., Brannen, C., McGrath, P., & Cunningham, C. (2009, April). The CATHI pilot study: Evaluating the acceptability for delivering parent skills training using an interactive voice recognition system. Poster session presented at 30th annual meeting and scientific sessions of the Society of Behavioral Medicine, Montreal, QC.

Bradley, K., McGrath, P., Brannen, C., & Bagnell, A. (2008, November). *Adolescents' attitudes and opinions on depression treatment*. Poster presented at the 42nd annual convention of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Bradley, K., Brannen, C., Bagnell, A., & McGrath, P. (2008, October). *Attitudes of depression treatment in adolescents and their parents: Pilot study*. Poster presented at the 18th annual Department of Psychiatry Research Day at Dalhousie University, Halifax, NS.

Bradley, K., McGrath, P., Bagnell, A., & Brannen, C. (2007, October). *Adolescents' attitudes and opinions on depression treatment (preliminary analysis)*. Poster presented at the 17th annual Department of Psychiatry Research Day at Dalhousie University, Halifax, NS.

Norman, C., Lee, A., Brannen, C., Dyck, K. & McGrath, P. (2007). Symposium. Population health psychology from the clinic to the community: A transdisciplinary approach to research and practice [Abstract]. *Canadian Psychology*, 48(2a), 90-91.

Johnson-Emberly, D.A. (2008) Parenting stress and maternal depression in rural mothers: Preliminary findings. The view from here: Perspectives on northern and rural psychology. *Canadian Psychological Association*, 2 (2), p.5.

Johnson-Emberly, D.A., McGrath, P.J., Brannen, C. (2008, October). Evidenced based practice in pediatric mental health: Applying theory-driven approaches to predicting pediatric mental health clinician behavior. Presentation at the 6th annual Canadian Child Health Clinician Scientist Program (CCHCSP) national meeting, Edmonton, AB.

Brannen, C., McGrath, P., Pottie-Lingley, P., Cunningham, C, Thurston, C. & Stewart, S. (2008). Family Help Active Child: Results of a randomized clinical trial of parent training for childhood

disruptive behavior. *Symposium presented at the Annual Convention of the Association of Cognitive and Behavioral Therapies*. Orlando, FL.

Brannen, C., Pottie-Lingley, P., Dukeshire, S. & Bradley, K. (2008). Including community in applied and intervention research in Nova Scotia. *Symposium presented at the Annual Convention of the Canadian Psychological Association*, Halifax, Nova Scotia.

Brannen, C., Coates, C., Veldhuyzen van Zanten S.C.M, McGrath P.J., and Goldbloom, R. (2008). *The Read to Me! Uptake Study*. Paper presented at the Annual Convention of the Canadian Public Health Association, Halifax, NS.

Coates, C., Veldhuyzen van Zanten S.C.M, Brannen, C., McGrath, P.J., McDougall, C., Deacon, H. (2008). Informing Practice with Research – Read to Me! Uptake Study. Paper presented at the Annual Convention of the Canadian Public Health Association, Halifax, NS.

vanZanten, S., Coates, C., Brannen, C., McGrath, P.J., McDougall, C., Deacon, H. & Goldbloom, R. (2007). Influence of geographic area on parental engagement in literacy activities with newborns. Poster presented at the Mapping Health Geography in Nova Scotia Workshop hosted by the Nova Scotia Health Research Foundation, Halifax, NS.

Brannen, C., Dyck, K., Bradley, K., & Goodwin, S. (2008). The view from here: Experiences in mental health research and treatment with rural women and families. *Symposium presented at Determinants of Women's Health: A Holistic Approach to Understanding Women's Psychological and Physical Well-Being.* Institute of the Section on Women and Psychology (SWAP) of the Canadian Psychological Association, Halifax, NS.

Whitney, M., Varalli, V., Brannen, C., McGrath, P., & Cunningham, C. (2007). CATHI: An automated telephone intervention for families. Poster at: *Putting it All Together National Conference*, Hamilton, Ontario.

Whitney, M., Varalli, V., Brannen, C., McGrath, P., & Cunningham, C. (2007). *CATHI: An automated telephone intervention for families*. Poster at: Interdisciplinary Research Conference at the IWK Health Center in Halifax, Nova Scotia.

Brannen, C., Grandia, P., Zaradnick, M., Stewart, S. & McGrath, P. J. (2007). Portrayal of military family secondary traumatic stress in Canadian popular news media. Presented as part of a symposium on military families at the Association of Behavioral and Cognitive Therapists annual convention, Philadelphia.

Curran, J., McGrath, P. J., Brannen, C., Abidi, R., Sinclair, D. (2007). Exploring a knowledge exchange model in emergency practice. Poster presented at the annual Canadian Child Health Clinician Scientist Program conference, Montreal.

vanZanten, S., Coates, C., Brannen, C., McGrath, P.J., McDougall, C., Deacon, H. & Goldbloom, R. (2007). Influence of geographic area on parental engagement in literacy activities with newborns. Poster presented at the Mapping Health Geography in Nova Scotia Workshop hosted by the Nova Scotia Health Research Foundation, Halifax, NS.

Bradley, K., McGrath, P. J., Bagnell, A., & Brannen, C. (2007). Adolescents' attitudes and opinions on depression treatment. Poster presented at Dalhousie University Psychiatry Department Research Day, Halifax, NS.(Best Undergraduate Poster.)

Brannen, C., Johnson-Emberly, D., Dukeshire, S., & McGrath, P. (2007). The development of the Rural Experiences of Stress Questionnaire. *Presented at the annual convention of the Canadian Psychological Association, Ottawa, ON.*

Norman, C., Lee, A., Brannen, C., Dyck, K. & McGrath, P. (2007). Population health psychology from the clinic to the community: A transdisciplinary approach to practice and research. *Presented at the annual convention of the Canadian Psychological Association, Ottawa, ON.*

Brannen, C. & McGrath, P. (2007). A conceptual framework and methodological approach for family-based health promotion interventions. *Presented at the annual convention of the Canadian Psychological Association, Ottawa, ON.*

Brannen, C., Petite, K., Norris, D., Baldwin, C., & Corbett, B. (2007). The Caregiving, Health and Work of Canadian Forces Members (CHAW-CF) project. *Presented at the Annual Convention of the Canadian Psychological Association, Ottawa, ON.*

Brannen, C., Chapman, S., Petite, K., & Stadnyk, R. (2006). Women's work: Unpaid caregiving and health. *Narrative Matters 2006 (International conference on qualitative research), Wolfville, NS. (Symposium Chair).*

Brannen, C., McGrath, P. J., Johnston, C., Dozois, D., Elgar, F. & Whitehead, M. (2006). Managing Our Mood (MOM): Distance treatment for post-partum depression in rural Nova Scotia. *Presented at the annual conference of the Canadian Rural Health Research Society, Prince George, BC.*

Johnson-Emberly, D., Brannen, C., & McGrath, P.J. (2007). Parenting stress and maternal depression in rural mothers. *Presented at the annual convention of the Canadian Psychological Association, Ottawa, ON.*

Brannen, C. & Keefe, J. (2006). Coping with caregiving: The roles of personal competence and perceived support on caregiver well-being. *Presented at the 35th Annual Scientific & Educational Meeting of the Canadian Association on Gerontology, Quebec City, Quebec.*

Brannen, C. & McGrath, P. J. (2006). A conceptual framework for a family health approach to providing support for families experiencing the impacts of traumatic stress. *Poster presented at the New Methods for Family Analysis Conference*, University of Massachusetts, Amherst, MA.

Brannen, C. (2006). Putting a value on the priceless: Quantitative analysis and unpaid caregiving. *Gender Based Analysis Workshop at the Annual Conference of the Canadian Evaluation Society*, Charlottetown, PEI.

Brannen, C. (2006). Beliefs, choice and coping: Examining the role of agency in women's caregiving experiences. *Poster presented at the Annual Convention of the Canadian Psychological Association*, Calgary, AB.

Brannen, C. (2006). Coping with caring: Women's use of coping mechanisms to ease caregiving stress. *Presented at Narrative Matters (International conference on qualitative research)*, Wolfville, NS.

Brannen, C. (2005). There's no life like it: Caregiving, work and health of women in the Canadian Forces. *Presented at the annual convention of the Canadian Psychological Association*, Montreal.

Brannen, C., & Robinson, L. (2005). Stranger in a strange land: Academic life outside of a psychology department. *Presented at the annual convention of the Canadian Psychological Association*, Montreal.

Brannen, C., & DiTommaso, E. (2004). Group representations and external priming: Are we sheep or wolves? *Poster presented at the annual convention of the Canadian Psychological Association*, St. John's, Newfoundland.

Brannen, C. (2003). Group representations and the effect of ingroup priming. Poster presented at the New Scholar's Workshop of the International Association for Relationship Research, Phoenix.

Brannen, C., & DiTommaso, E. (2002). Attachment, social skills, and psychosocial adjustment in first-year students at a commuter university. *Poster presented at the International Conference on Relationship Research*, Halifax, Nova Scotia.

Brannen, C., Burgess, M., DiTommaso, E. & Onoura, U. (2002). Attachment and loneliness: A comparison of Canadian and visiting Chinese university students. *Poster presented at the annual convention of the American Psychological Association*, Chicago.

Brannen, C. & DiTommaso, E., (2001). The roles of attachment and interpersonal competence on individuation: A mediational approach. *Poster presented at the annual convention of the*

Canadian Psychological Association, Quebec, PQ.

Brannen, C., DiTommaso, E. & Wagg., L (1999). A study of the relationship between attachment and the need for cognitive complexity. *Poster presented at the annual convention of the Canadian Psychological Association, Halifax, Nova Scotia.*

Brannen, C., & DiTommaso, E. (1998). A meta-analysis of the relationship between attachment and adjustment to college in late adolescence. *Poster presented at the Second Annual Attachment and Psychopathology Conference, Toronto, Ontario.*

Brannen, C., & DiTommaso, E. (1997). The relationships between attachment, social skills and chronic loneliness. *Poster Presented at the annual convention of the Canadian Psychological Association, Toronto, Ontario.*

Invited Presentations

Brannen, C. (2008). *Invisible warriors, hidden wounds: Secondary traumatic stress and women caregivers*. Presented for Health Canada: Women and Health Care Reform Working Group Meeting: The Mental Health of Health Care Workers, Vancouver, BC.

Brannen, C. (2008). Caregiving at the intersection of gender and health. Invited keynote speaker, Determinants of Women's Health: A *Holistic Approach to Understanding Women's Psychological and Physical Well-being*. 2008 Institute of the Section on Women and Psychology (SWAP) at the Annual Convention of the Canadian Psychological Association, Halifax, NS.

Brannen, C. (2007). The Caregiving, Health and Work of Canadian Forces Families (CHAW-CF) Project. Military Family National Advisory Board. Invited presentation. Ottawa.

Brannen, C. (2005). Marching towards balance: Caregiving, health and work of women in the Canadian Forces. Presentation sponsored by the Psychology Department, Acadia University, Wolfville, Nova Scotia.

Brannen, C. (2004). Why me? Women's caregiving choices. Colloquium sponsored by the Department of Women's Studies, Mount Saint Vincent University, Halifax, Nova Scotia.

Brannen, C. (2004). That's called life: Caregiving and healthy relationships. Presentation to the Equity Reference Group, Healthy Balance Research Program, Halifax, Nova Scotia.

Funded Research

Brannen, C., Letourneau, N., (Co-PIs), McGrath, P.J., Campbell, B., Critchley, K., Deacon, H., DiGiorgio, C., Gillis, D., Unruh, A., & Whitty, P.(2008). Evaluation of Newborn Family Literacy Programs in the Maritime Provinces. CIHR Operating Grant: Intervention Research Health Living and Chronic Disease Prevention. (\$299,994).

Brannen, C. & McGrath, P.J. (2008). Family physicians discussions of reading with parents of preschoolers. Canadian Language and Literacy Research Network (\$6500).

Brannen, C., McGrath, P. J., Unruh, A., McLean, J., Walker, R. & Howlett, A. (2008). Neonatal education and caregiving support: Development of a distance intervention for premature infants and their families: CIHR New Investigators Research Award. (\$99,999).

Brannen, C., Curran, J. & McGrath, P. J. (2007). Systematic review of caregiver focused aspects of psychoeducation programs for externalizing behavior problems in children. IWK Health Center Internal Research Award (\$3,917)

Brannen, C., McGrath, P.J., Stewart, S., & Norris, D. (2007).Team building for the support and family education for secondary traumatic stress project: Nova Scotia Health Research Foundation (NSHRF); Team Building Capacity Grant (\$10,000)

Brannen, C., McGrath, P.J., & Stewart, S. (2007). Primary caregiver's experience of secondary traumatic stress. Dalhousie University Department of Psychiatry Research Fund Award (\$4,980).

Brannen. C. & McGrath, P.J. (2006). Children's experiences of secondary traumatic stress. IWK Health Center Internal Research Award (\$3,970).

Brannen, C., Norris, D. Saulnier, C. and others (2006). Marching Towards Balance: Caregiving, Health and Work of Canadian Force Members. NSHRF; Community Health Research Project Proposal Development Grant (\$20,000)

Brannen, C., Norris, D., Saulnier, C. and others. (2005). Marching Towards Balance: Caregiving, Health and Work of Women in the Canadian Forces. Healthy Balance Development Grant; CIHR (\$20,000).

Brannen, C. (2004-2006). CIHR Post Doctoral Fellowship Research Grant (\$10,000)

McGrath, P.J., Brannen, C., Deacon, H., McDougall, C., & Goldbloom, R.(2007). Systematic review: Parent mediated reading interventions for preschool children. Canadian Language and Literacy Research Network. (\$40,000; co-principle investigator).

McGrath, P.J., Brannen, C., Deacon, H., McDougall, C., & Goldbloom, R.(2007- 2009). Read to Me Plus. Canadian Language and Literacy Research Network. (\$49,865/year; co-principle investigator).

McGrath, P.J., Coates, C., Brannen, C., Deacon, H., McDougall, C., & Goldbloom, R.(2007). Literacy activities among families in Nova Scotia and Prince Edward Island. IWK Health Center Internal Research Award (\$4,000).

McGrath, P. J., Cunningham, C. et al. (2005). CIHR Team in Access to Children's Mental Health Services. (\$2,561,033; investigator).

McGrath, P.J., Jackson, L., Sanderson, L., Stiles, D., Unruh, A., Brannen, C. (2004-2009) CIHR NET Grant, Women's Health in Rural Communities, (\$1,420,440; investigator).

McGrath, P. J., Cunningham, C. et al. (2008). Establishing the Cost and Effectiveness of an Accelerated Waitlist Strategy: A Practical RCT. CIHR RCT, (\$1,385,921; investigator).

Amaratunga, C., Clow, B., & Neumann, B. and others (2002-2006). CIHR CAHR Grant, Healthy Balance Research Program. (\$2,000,000; Post doctoral fellow/ investigator Healthy Balance Telephone Survey).

Brannen, C. & DiTommaso, E. (1998). The mediational roles of attachment and social skills on individuation. MindCare Foundation Master's Thesis Research Grant (\$2,200)

Knowledge Translation Activities

Letourneau, N., Dennis, C-L., Brannen, C. (2009). Investigator and Presenter. Conference for a Maritime Strategy for Postpartum Depression Research to Practice. Mt. Allison University, Sackville, New Brunswick.

Brannen, C. (2009). Managing Caregiving Stress. Nova Scotia Farm Women's Conference, Nova Scotia Agricultural College, Truro, Nova Scotia.

Brannen, C. (2008). Managing Caregiving Stress. Workshops presented through Halifax Regional Libraries.

Brannen, C. (2006-2008). Healthy Relationships. Community workshop presented in various locations.

Brannen, C. (2007). Quantitative Gender Based Analysis and Caregiving: Putting a Value on the Priceless (Workshop). Workshop presented at "What's Gender/Sex Got to do With It?" Health Research, Policy and Practice in Nova Scotia hosted by the Nova Scotia Health Research Foundation, Halifax, NS.

Coates, A. & Brannen, C. (2006). Reducing Women's Barriers to Mental Health Services: The Managing Our Mood Research Program. Atlantic Waves Conference; St. Mary's University,

Halifax, NS.

Women, Work and Care: Policy at the Crossroads (2005). Roundtable hosted by the Nova Scotia Advisory Council on the Status of Women. Facilitator for Dependent Care Roundtable. Halifax, NS.

Healthy Balance: Caregiving Policy in Canada, a Canadian Policy Research Networks Roundtable (2005). Invited Participant. Ottawa.

Policy Workshop for Caregiver Compensation: Hidden Costs and Invisible Contributions Research Program (2004). Invited participant. Ottawa.

Regional Workshop for Senior's Research (2004). Invited participant. Canadian Institute for Health Research, Halifax, Nova Scotia.

Knowledge Brokering in Atlantic Canada (2004). Invited participant. Charlottetown, PEI.

Editorial Duties

- Reviewer, *Gender Roles* (2009-present)
- Reviewer, *International Journal of Psychology* (2008-present)
- Reviewer, *Health Psychology* (2008-present)
- Submissions coordinator, Community Psychology Section of the Canadian Psychological Association for the 2008 Canadian Psychological Association Convention (2007).
- Reviewer, *Progress in Community Health Partnerships* (2007-present).
- Reviewer, Rural and Remote Section of the Canadian Psychological Association for the 2008 Canadian Psychological Association Convention (2007).
- Guest Editor, Special Edition on Women and Depression. *Journal of Prevention and Intervention in the Community* (2005).
- Reviewer, Psychology Section, Narrative Matters Conference (2006).
- Reviewer, Community Psychology Section of the Canadian Psychological Association for the 2005 Canadian Psychological Association Convention (2005).

Text Book Reviews

- Reviewer, Taylor, S. & Sirois, D. (2007). *Health Psychology, 1st Canadian Ed.* McGraw Hill Ryerson.
- Reviewer, Santrock, J., & Mitterer, J. (2002). *Psychology, 2nd Canadian Ed.* McGraw Hill Ryerson.

Administrative Responsibilities

- Member, Dalhousie University Medical Research Committee (June 2009 – present)

- Member, IWK Health Center Research Ethics Committee (Sept. 2008 – present)
- Section Chair, Community Psychology Section, Canadian Psychological Association (Sept. 2007-2009)
- Reviewer, Community Development Awards, Capital District Health Authority (2007 - 2009)
- Co-Chair, Dartmouth Community Health Board, Capital District Health Authority (2007-2009).
- Co-Chair, Capital District Health Council of Community Health Boards Chairs (2008-2009).
- Member, Advisory Group for the Community Psychology Section of the Canadian Psychological Association (2004-2007)
- Member, Narrative Matters Conference Planning Committee (2004 – 2006)
- Member, Media Committee for the Acadia University Faculty Association (2003-2004)
- Member, Experimental/General Applied Ph D Program Review Committee – The University of New Brunswick, Fredericton (2002-2003)
- Student Success Program Member – The University of New Brunswick, Saint John (2002)
- Member, Gender Studies Program Committee – The University of New Brunswick, Saint John (2002-2003)
- Chair, Recruitment Subcommittee, Task Force for Graduate Students & New Faculty, Society for the Teaching of Psychology (2001-2002)
- Member, Mentor Committee of the International Association for Relationship Research (2001-2002)

Recognition

- IWK Health Researcher Award of Excellence (2009)
- Nominee, University of New Brunswick Teaching Excellence Award (2003)

Prior Appointments and Registration

- ***IWK Health Center:*** Scientist
- ***Dalhousie University:*** Assistant Professor, Department of Pediatrics; Adjunct Assistant Professor, Department of Health and Human Performance; Assistant Professor, Faculty of Graduate Studies
- **Professional Registration** -Registered Psychologist – Nova Scotia (2005-2010)
- **Professional Memberships**
 - Canadian Psychological Association
 - Association of Cognitive and Behavioral Therapists
 - Canadian Public Health Association

Specialized Training

- Various parent training programs (e.g., Family Help)
- Maternal depression CBT programs
- Mindful CBT (ABCT)
- Acceptance and Commitment Therapy (ACBT)
- Motivational Interviewing/Enhancement
- Parent Child Interaction Training (ABCT)
- Various child and family assessment techniques and measures (CBCL, WISC, etc)
- Emotion Focused Couples Therapy (UNB)
- Various advanced qualitative analyses (e.g., grounded theory, institutional ethnography) and quantitative statistics (e.g., Actor-Parent Interdependence Modeling, Latent Growth Curve Analyses).

Teaching Experience

Mount Saint Vincent University

2004-2008

- Psychology of Women
- Child Development

Dalhousie University

2007-2008

- Health Psychology

Acadia University

Aug. 2003 – May 2004

- Advanced Social Psychology
- Advanced Social Psychology Lab
- Psychology of Gender
- Social Psychology

University of New Brunswick, Fredericton

Jan. 1999 – June 2003

- Lifespan Development
- Psychology of Women
- Advanced Social Psychology
- Abnormal Psychology
- Introduction to Psychology (I & II)
- Social Psychology
- History of Psychology (online)

Student Supervision

- Cameron Curry (IWK Studentship Award; Dalhousie University); Topic: What sorts of information do parents want? Developing of the parental advice and support seeking questionnaire. (2009)
- Laura Hambleton (IWK Studentship Award; Psychology Honor's program; Mount Saint Vincent University). Thesis: Parenting style, social support and literacy promoting activities in mothers of preschoolers. (2008-09)
- Serge Gallant (CCLRNet Award; St. Mary's University). Topic: Physicians discussions of reading with parents of preschoolers. (2008)
- Kristina Bradley (MSc; Health Promotion; co-supervision with Dr. Lynne Robinson). Thesis: Intergenerational transmission of depression between mothers with cancer and their adolescent daughters(2008 -)
- Maureen Metz (Psychology Honor's program). Thesis: Nutritional literacy of mother's of preschoolers. (2008-2009)
- Nicolle Vincent (Clinical Psychology PhD program; comprehensive co-supervisor with Dr. Patrick McGrath). Topic: Experiences of fathers of NICU infants. (2008-2009)
- Debbie Johnson-Emberly (Experimental Psychology PhD program; comprehensive co-supervisor with Dr. Patrick McGrath). Topic: Stress and depression in rural mothers of young children; Thesis: Mental health service providers use of evidence in parenting training programs and treatments for disruptive behavior disorders (2007-present)
- Kristina Bradley (Psychology Honor's program; co-supervisor with Dr. Patrick McGrath and Dr. Alexa Bagnell). Thesis: Depression treatment preferences of high school students in Cape Breton.(2007-2008)
- Philip Grandia (Psychology Honor's program; external supervisor). Thesis: Secondary traumatic stress in adult children of traumatized parents.
- Okanta Leonard (Health Promotion Independent Studies - Research; co-supervisor with Dr. Anita Unruh). Thesis: Health services stressors in rural Nova Scotians.
- Kathy Petite (MA Family Studies; 2005-2008). Thesis: Parenting of women in the Canadian Forces
- Renee Dove (Acadia University; Honor's Psychology; 2004). Thesis: Social comparison and its influence on close relationship satisfaction