



## Keeping Her Keys CYNDI BRANNEN

*Healer. Teacher. Author. High Priestess.*



### **Description of Services and Informed Consent**

*Thank you for booking a Soul Session appointment with Dr. Brannen. Please read over this document and then sign it prior to your scheduled appointment.*

#### **Description of Services**

Cyndi Brannen, PhD, provides individual services that incorporate evidence-based psychosocial methods, depth psychology and traditional healing modalities. You can learn more about Dr. Brannen [here](#).

In the sessions, Dr. Brannen will ask you various questions, from information about your personal history to your spiritual practices. Topics ranging from life stressors to dream experiences may be discussed. Dr. Brannen may engage in energetic healing methods during the sessions.

Dr. Brannen may recommend practices such as meditation, rituals, dream exploration, journaling, cognitive-behavioral techniques, plant and stone spirit work, tarot work, symbol exploration, and other methods that can be based in modern psychology or traditional healing modalities.

#### **General Information**

Soul Sessions are sixty minutes long. The cost is \$150.

Sessions take place in a secure Zoom meeting. You will be emailed the link. If you are accessing Zoom on a device, you will need to download the app and create a profile in advance. On a computer, you simply click on the link provided.

It is preferable if you appear on camera during the session.

Appointments must be cancelled at least 24 hours in advance to receive a refund, except in emergencies.

Dr. Brannen may recommend further sessions. In general, a minimum of six bi-weekly sessions are required to effect change.

There is no obligation on part of the client or Dr. Brannen to continue past the initial session.

Unless otherwise agreed to during a session, Dr. Brannen does not engage in correspondence, meetings, calls, or messages outside of scheduled meetings.

## **Confidentiality and Privacy**

No information about your identity or circumstances will be shared with anyone.

Your personal information will not be shared or sold.

Dr. Brannen will keep a record of your personal information as well as any correspondences, this form, and her notes for a period of ten years. This information will be stored in a password protected computer.

## **Informed Consent**

Informed consent for individual sessions are essential and out of respect for your right to choice and self-determination. Consent must be given voluntarily, knowingly and intelligently. You have the right to change your mind and withdraw informed consent at any time, stop your sessions, or refuse a particular recommendation if you are not comfortable with it.

### *Statement of Informed Consent*

I have read and understand the information presented in this document. I hereby consent to individual sessions with Cyndi Brannen, PhD.

Client signature:

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Date: \_\_\_\_\_