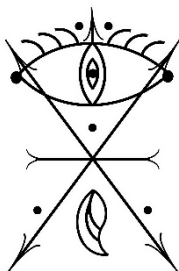


Animarum Renovamen: The Rebirth Ceremony

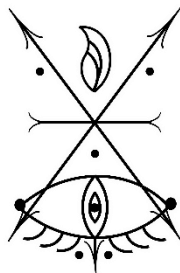
2025



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*I went down into the cave, and I have been initiated.
I saw the things down below – Kore, Anassa Eneroi, and all the rest.
- adapted from The Greek Magical Papyri (LXX. 4-25)*





*Hail Anassa Eneroi. Hail Kore.
Death. Life.
She who spins The Wheel.
Keeper of time,
Mistress of the Moon,
That rises and sets in her cave.
Dark Mother, grant me entrance
Into your secret lair,
Shine your torch light
To the inner chamber
Where your eternal cauldron
Of rebirth resides.
I come, as has been so since before time,
To be undone
Reduced to my soul fire,
To be rebuilt in truth.*

Praeparatio Animarum Renovamen: Getting Ready for The Rebirth Ceremony

I liken The Rebirth Ceremony to a giant cauldron, a sort of well right in front of the Death Queen herself. The moon rises and sets in it, and it is guarded by her powerful companions. While this is an immensely personal journey, I've provided a ritual for you to follow, adapt as you feel led or do as is.

Preparations

At this stage of the journey, you may well be feeling ready to give birth to the new you. The largeness¹ inside of you may be ready to burst out. Stay with the daily ritual to keep you grounded and centered.

Aevitas

Timing: We perform The Animarum Renovamen (The Rebirth Ceremony) on the New Moon of Aries, drawing upon the energy of the rebirthing verdant world.

Symbol: I recommend adorning yourself with a key to symbolize opening the gate to your new life.

Anassa

Offering: The Anassa Eneroi Casket, the Kalos Thanatos Poppet, with the Negative Confessions on the Rose of Rebirth are our offerings.

Magikeia

Phos Renovamen: A white candle adorned with symbols appropriate for rebirth, including The Rebirth Sigil, in addition to crafting The Anassa Eneroi Casket.

Medela

Color: White, which symbolized death in some ancient locations associated with Hekate, which heals through purification and ascension. A key with white cord can be prepared for adornment upon completion of the ceremony.

Pharmakeia

Aster, birch, lavender, mugwort, oak, pomegranate, and rose are rebirth botanicals. This year we are focusing on rose. Learn more about them, and other plant spirit companions for the rebirth process in *Entering Hekate's Garden*. We are focusing on rose, as a botanical of both love and death. There is also a version of the rebirth ceremony as a ritual bath in that book.²

¹ With gratitude to Sue Monk-Kidd's amazing novel, *The Book of Longing*, for planting the seed of largeness inside of me.

² Learn more about botanicals and soul retrieval in *Entering Hekate's Garden*.

For the Khernips component of the ceremony, a sprig of lavender is recommended. Substitutions can be rosemary or juniper.

You can use the Hekate's Cauldron incense in a small cauldron for all the pieces of The Rebirth Journey, from the Transmuting Shame to Truth Project to the live ceremony.

Oleum Spiritu: As with the prior ceremonies, the Oleum Spiritu is integral to the experience.

Sibylika

You should complete part 1 and The Cauldrons of Rebirth reading series prior to the ritual. The Cauldrons of Kore/Rebirth reading is suitable for after.

Spiritu

Avian Ally: By now you may have a close bond with your winged companion. Be sure to honor them anew as you prepare for the ceremony.

Animal Guide: Goat, as a creature that traverses all three worlds, from Temple to Cave and Garden betwixt, is a steadfast companion to connect with during the Rebirth Journey.

Hekate's Stones: Set the altar with all the stones of the journey (i.e., all the stones you've studied in Covina), adding moonstone as a symbol of transcendence, which is the energy of the process of psychospiritual dismemberment and death. Moonstone is a stone of initiation and wholeness, and you can adorn yourself with one to signify the completion of the journey. Obsidian is an excellent protective ally for rebirth³ and I recommend placing it at the center of the arrangement, next to a piece of selenite⁴, which will help invigorate your new life after the ceremony (it is the stone of Kore).

The Altar: a rebirth altar is both a reflection of bringing death and the beginning of a new phase. Symbols of both can be included in the altar. You may want to create a special shrine to your avian companion in honor of their diligent support during your journey.

³ Crystal Basics: The Energetic, Healing, and Spiritual Power of 200 Gemstones
Nicholas Pearson

⁴ The Book of Stones, Revised Edition: Who They Are and What They Teach
Robert Simmons and Naisha Ahsian

Phos Renovamen: Crafting The Light of Rebirth

The Light of Rebirth (Phos Renovamen) is a candle used to ignite the rebirth process.

Supplies

- A white pillar candle
- A base for the candle, such as a white plate or bowl
- Rose in some form (dried or oil preferably)
- Paint markers, etc. for vivifying the candle
- Oleum Spiritu
- Moonstone
- A symbol of your Avian Ally

Technique: Enchanting Through Candle Dressing

The technique we'll be using is described in detail in *Entering Hekate's Garden: The Magick, Medicine and Mystery of Plant Spirit Witchcraft*:

Begin by cleansing the candle from miasma, if necessary, by rubbing with salt or soil. Then attune the candle for pharmakeia by using a fixative like olive oil, concentrating on adding the powers of the fixative to the candle as you rub. Use a clockwise circular motion for attraction workings, a counterclockwise motion for removals, and alternate between the two for spells that are a combination.

Cover the candle in your chosen botanicals, ensuring that the blend is ground small. Larger pieces can flare up when the candle is burning, especially if it is a narrow taper. Spread the blend on a piece of parchment and mix in a bit of the fixative, just barely coating the botanicals. Roll the candle back and forth across the blend, concentrating on activating the powers of the plant spirits and directing them into the candle. Then wrap the candle tightly in the parchment and roll some more. With pillar candles, you can apply more force, so that the botanicals really merge into the candle. Once you are happy with the appearance, wrap the candle again until it's time to use it. You can add a protective black cloth as well.

You can adorn your candle with Hekate's Cauldron Incense, rose petals and even moonstone chips using the above technique. Replace the black cloth with white, if you are storing it prior to the vivification ritual below.

As for the vivification symbols, they can be added directly to the candle or on the vessel.

Animarum Phos Renovamen: Vivification Protocol

Timing

Either The New Moon or the Full Moon prior to the ritual.

Procedure

Place the candle on your altar.

*I call to Anassa Eneroi and her companions,
I speak this candle to life this night.*

Write the date on the bottom of the candle.

Hold candle at Crown, and speak:

*To the Moon Lighting The Night,
I call you down into this candle.*

Inscribe a symbol of The Moon onto the candle.

*To Anassa Eneroi and her companions.
To Luna,
Light and dark,
Bring balance to me,
Illumination and mystery,
Discovery and security,
As I journey through Rebirth.*

Apply the Rebirth sigil to the candle or the vessel.

Place candle on altar and ignite, then recite in front of it:

*I summon my avian ally (use specific name or species)
Become my companion on this Rebirth Journey.*

Add a symbol to the candle or keep nearby.

Proceed immediately into the Phos Renovamen Quotidia.

Phos Renovamen Quotidia

The Phos Renovamen Quotidia begins upon vivification and should be maintained for at least one week after the Rebirth ceremony.

To perform the ritual:

The best procedure is to do this immediately after the Hieros Pyr component of our regular Quotidia. Once complete, continue onto the usual meditation, allowing the energy of the Beacon to work on you, and then finishing with the Enodia Oracle.

Ignite the Beacon.

Speak out the invocation at the beginning of this Compendia (3 x), and then add:

I claim rebirth as mine (say it three times.) Then recite your Negative Confessions, or work on them, etc. Pay attention to the images that come through in meditation, and the messages the cards bring.

Rebirth Keywords Index

Keyword	Impressions	Threads to Follow
Hekate's Cave		
Anassa Eneroi		
Rebirth		
Negative Confessions		
Poppet of The Past		
The Anassa Eneroi Casket		
Emergence		

Rebirth Praeparatio Checklist

Daily Quotidia	<i>Planning for Quotidia helps to ensure we'll do it.</i>
Engage	
Listen, and contribute to, the Rebirth Playlist	
Complete the Transmuting Shame to Truth Project	
Watch and read the class on Shame Recovery	
Watch and read the class on Rebirth	
Watch and read the Rebirth prep lesson	
Crafting The Light of Rebirth	
Kroki	
Review the lessons in Tradition & Culture	
Materials	
Oleum Spiritu	
Triformis Ceremony Supplies	
Hekate's Cauldron Incense	

Phos Renovamen	
Altar of Rebirth	
High Ritual dress/kroki	
Spirita	
Images, sensations, and messages when contemplating Rebirth and Hekate's Cave	
Images, sensations, and messages in Quotidia meditation	
Cards and interpretations during readings	
Dreams	
Synchronicities	
Knowings	
Rebirth clues. What shows up frequently? What common themes are there?	

Temenos Creation (Sacred Space)

One week before:

RSVP to the ritual if you haven't already	
Comment on the Rebirth Prep Learning and Sharing Circle to contribute to the energy	
Listen to Rebirth songs playlist	
Arrange to have no distractions during the live ritual	
Clean space in which you'll be doing the ritual	
Clean altar space	
Set the foundations of the altar (Eschara, candles, cards, kroki, caduceus, Triformis supplies, Hekate's Cauldron Incense, etc.)	

<i>Day of Rebirth</i>	
Do Quotidia as usual	
Honor body with simple, light food and drink.	
Finalize altar/offerings	
Ritual Bathing	
Ritual Dress	
Read House Rules for Zoom Gatherings/check for Zoom update (again)	
Check event description/messages for updates	
Have water and snack in your space.	
Burn Hekate's Cauldron Incense	
Anoint with Oleum Spiritu after cleansing, but before we begin the live gathering.	

Into Hekate's Cauldron

*So deep I ventured into Hekate's Cave
That I came upon her cauldron,
From which the moon rises and sets.
Tended by her closest companions,
Those midwives calling me to this place.
Will I enter the cauldron?
It has already been decided,
When I began this deathwalking journey.
My path of transformation into
The witch I am.
Here is the final destination.
She who is the true me
Emerges,
Taking the hand of my shadow self.
Fear not, beloved.
Healing is found in Hekate's cauldron.
Through the smoke purified,
Flames burning away all pain.
Washed in the truth of moon essence.
Born anew.
The whispers of Medea and Kirke surround me now,
As does Pale Hekate's horde.
Persephone silences them.
She knows the work is mine to do.
Artemis protects me with her fierce arrows,
While the Dark Mother watches from her throne,
Here in her sacred chamber.
Yes.
I climb into the cauldron.
Washing the wounds,
Easing off the skin of the past.
Cleansing my aching body,
Until at last all that remains
Is my soul.
Persephone lifts one finger.
The horde take all I have discarded.
Kirke and Medea, countless others
Step forward,*

*Their magick moves swiftly,
Weaving me back into form
Using my soul thread.
I am reborn from their labors,
Here in Hekate's Cave.
Out of the cauldron, I rise.
Persephone smiles,
Artemis is watchful.
The witches hold their breath,
And the horde is still.
Behold, I am reborn.
As one of their own,
And as my truth.
Queen Hekate beckons me come,
As I walk towards her,
The moon adorns me,
Casting about my being
A robe of pure light and the darkest night,
My queen anoints me with the red-fire of her torches.
They sear me with power,
And my hands now hold
The keys of magick and mystery,
Wisdom and truth,
Sovereignty,
Peace.
Wholeness.
Hekate hails my rebirth,
As she signals the sun to return.
"Child, forever you shall be one of my chosen.
Witches are of the darkness,
Yet are the soul of the world.
Go forward towards the light,
But be always true to yourself."
She opens the way for me.
Empowered in my swirling
Robe of black, red and white,
I boldly venture forth into the light.*