

# Community Naloxone and Overdose Training



**Substance Abuse  
Coalition Leaders  
of Arizona**

# Pre-Survey



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# What is Used to Reverse an Overdose?



# NaloxoneAZ.com

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# Signs of an Overdose

## Know the Signs



### Not Responding

Doesn't move and can't be woken.



### Slow or Not Breathing

A breath every 5 seconds is normal.



### Making Sounds

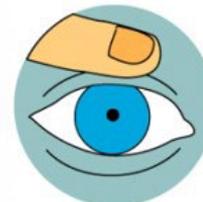
Choking, gurgling sounds or snoring



### Blue Lips & Nails



### Cold or Clammy Skin



### Tiny Pupils

# If Someone is Overdosing....

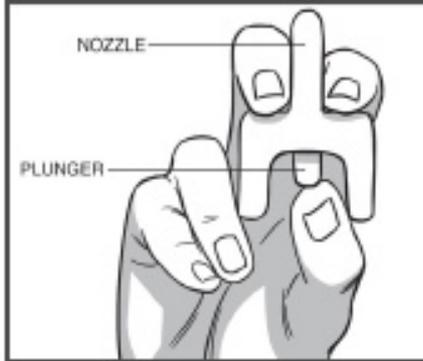
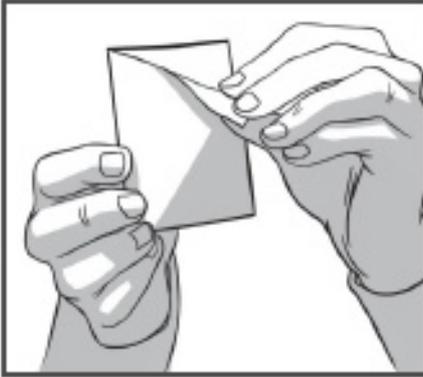
**LOOK** Is their chest rising and falling?  
**LISTEN** for breathing sounds  
**FEEL** for a pulse



The recovery position

1. **Call 911 immediately.**
2. Check for responsiveness:  
(Shake their shoulder or perform a sternal rub.)
3. Administer naloxone if available.
4. Are they breathing? If not, begin CPR.
5. Place the person in the recovery position once they start breathing again.
6. If possible, stay with the person until emergency assistance arrives.

# Naloxone/Narcan® Use



1. Remove Narcan® Nasal Spray from the box
2. Peel back the tab with the circle to open the packaging
3. Hold the Narcan® Nasal Spray with your thumb on the bottom of the plunger and your first and middle fingers on either side of the nozzle

# Naloxone/Narcan® Use

4. Gently insert the tip of the nozzle in either nostril
5. Press the plunger firmly to give the dose
6. Remove the plunger from the nostril
7. If there is no reaction in 2-3 minutes or if the person stops breathing again, give the second dose of naloxone into the OTHER nostril using a new spray device



# What if they don't respond?

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- Repeat steps 1-6 using a new Narcan® Nasal Spray
- Stay with the person (naloxone loses effect 30-90 minutes after use)
- Perform CPR until medical professionals arrive, *only if you're trained in CPR*

# Injectable Naloxone Use

1. Follow the same steps on how to stimulate the person, then
2. Safely remove all contents of the naloxone kit onto a flat surface
3. Make sure not to poke yourself while removing the cap from the needle
4. Turn the naloxone vial upside down and draw out 1mL of naloxone into the syringe



# Injectable Naloxone Use

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5. Ensure there are no air bubbles in the syringe by slightly flicking it and pressing on the plunger to release any air
6. Safely locate the injection site: either upper shoulder (deltoid), outer thigh muscle (quad) or upper buttock area
7. Depress the full 1mL into the injection site and carefully remove the needle
8. Dispose of the needle into a sharps container if available
9. If there is no sharps container available, carefully recap the needle using the original cap

# Recovery Position



Put them in the recovery position once they start to breathe



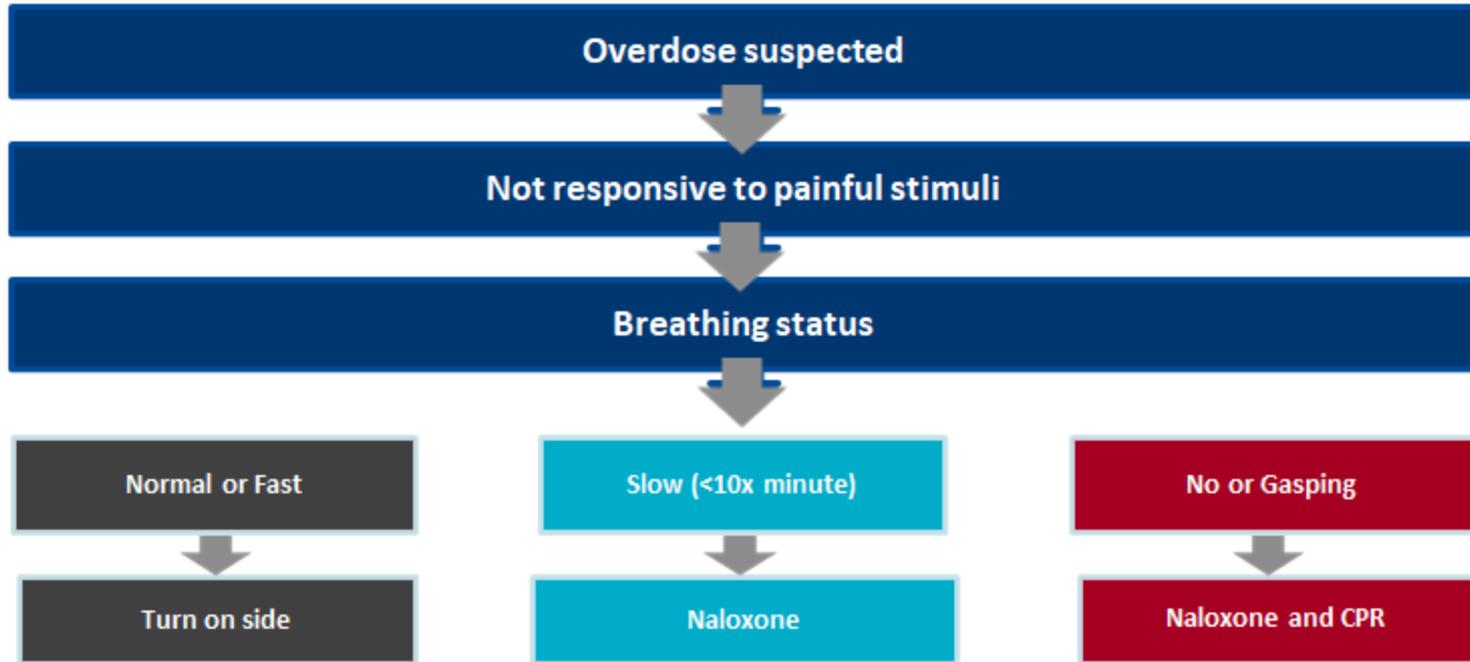
# Good Samaritan Law

Protects someone attempting to help a person during an overdose



- Must be in good faith
- For no money or other consideration
- Prevents criminal prosecution for drug offenses

# When to Use Naloxone



**ARE YOU PREPARED  
TO REVERSE AN  
OVERDOSE?**

**#CARRYNALOXONE**

**NaloxoneAZ.com**



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# Post-Survey



**Substance Abuse  
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