



NSB PARENT HANDBOOK

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WELCOME!

It's our absolute pleasure to warmly welcome you into our family at Norman School of Ballet. Our team is thrilled to see many familiar faces return to the studio and even more excited to see some new faces join our community. We have created this one-stop handbook to cover events that will happen throughout the year as well as answer any questions that may come up. Please take the time to read this information carefully and keep your handbook in a safe place to refer to as you need.

QUICK REFERENCE STUDIO INFORMATION

Address: 223 E Main St. Norman, OK 73069

Phone Number: 405-215-7408

Email: normanschoolofballet@gmail.com

Website: normanschoolofballet.com

Parent Portal Link: <https://tinyurl.com/NSBParentPortal>



OUR MISSION

NSB is place where ALL children are welcome. Our mission is to provide students with a strong technique based curriculum, while encouraging an uplifting and nurturing environment to foster creativity and confidence.

Core Values

Positivity

Positivity at our ballet studio is the guiding principle of our dance curriculum. We believe that dance can be taught in an uplifting atmosphere where encouragement and support thrive, inspiring each dancer to embrace growth and excellence with optimism and grace. It illuminates every practice and performance, ensuring a nurturing environment where joy and determination intersect seamlessly.

Technique Focused

We believe a strong technical foundation across all dance styles will empower our students to feel prepared and confident for any audition or opportunity that comes their way!



Holistic Approach

All of our classes focus on proper warm up/cool down, correct placement, mindfulness practices, and safety! Dancers will be pushed in a healthy manner -physically and mentally- and never asked to try something they are not ready for. Dancers are encouraged to listen to their bodies and practice self-care.

CONDUCT

TO ENSURE THE SMOOTH, SAFE RUNNING OF NSB AND AN ENJOYABLE EXPERIENCE BY ALL, BELOW YOU WILL FIND OUR CODE OF CONDUCT. AS ALWAYS WE ARE OPEN TO FEEDBACK, SO IF ANY OF THE REQUIREMENTS OUTLINED BELOW ARE UNCLEAR OR CONCERNING, PLEASE GIVE US A CALL TO DISCUSS FURTHER.

QUESTIONS/COMPLAINTS: ALL INQUIRES MUST GO THROUGH STEPHANIE PARKS! PARENTS AND STUDENTS ARE NOT PERMITTED TO CONTACT NSB STAFF MEMBERS VIA PHONE, IN PERSON, OR VIA EMAIL / SOCIAL NETWORKING WITH STUDIO ISSUES. PARENTS MAY CONTACT A STAFF MEMBER IF THEY ARE SIMPLY RUNNING LATE FOR CLASS OR WILL BE ABSENT.

STUDENT/PARENT CONDUCT: PHYSICAL, MENTAL, EMOTIONAL OR CYBER BULLYING BY STUDENTS, STAFF OR PARENTS WILL NOT BE TOLERATED AND MAY RESULT IN DISMISSAL FROM THE STUDIO. WE TAKE THIS VERY SERIOUSLY!

DROP OFF/PICK UP: PLEASE DO NOT DROP OFF YOUR CHILD MORE THAN 10 MINUTES BEFORE THEIR SCHEDULED CLASS TIME. PLEASE BE PROMPT WITH PICK UP - IF MORE THAN 10 MINUTES LATE A \$10 CHARGE WILL BE ADDED TO YOUR ACCOUNT SO THAT WE CAN PAY OUR FACULTY THE ADDITIONAL TIME THEY SPENT AT THE STUDIO WORKING OUTSIDE OF THEIR SCHEDULED CLASSES. **PICK UP AND DROP OFF IS AVAILABLE AT THE BACK OF THE BUILDING AS WELL. PLEASE EMAIL OR TEXT US IF YOU WOULD LIKE THIS OPTION!**

COMMUNICATION

By now you have probably noticed that we are BIG on communication here at NSB! It is our promise to respond to all enquiries within 48 hours. Our faculty can be contacted via text (405)-215-7408 between 3-8pm M-F, or email normanschoolofballet@gmail.com at any time.

Our primary means of communication is via **EMAIL**. You will receive ALL important information via email so please ensure you have provided the studio with an up-to-date email address that is regularly checked. We are of course happy to include multiple email addresses per family if you would like your correspondence sent to numerous recipients. Don't forget to add our email address to your contacts so we don't end up in the dreaded Spam folder!

Please be sure to follow our Facebook and Instagram ([norman_schoolofballet](#)) page! If there are unexpected class cancellations due to weather or faculty illness, we will also notify our families there.



DRESS CODE

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TWIRLING TODDLERS: BALLET ATTIRE NOT REQUIRED FOR THIS CLASS. ANY CLOTHES THAT CHILD CAN FREELY MOVE IN IS ACCEPTABLE.

BALLET/TAP COMBO: PINK OR SKIN TONE COLORED TIGHTS. ANY COLORED LEOTARD WITH OR WITHOUT SKIRT. PINK OR SKIN TONE LEATHER FULL SOLE BALLET SHOE. BLACK PATENT LEATHER TAP SHOE. HAIR SECURED OUT OF FACE

BALLET IA : PINK OR SKIN TONE TIGHTS AND SPLIT SOLE LEATHER BALLET SHOE. SOLID BLACK OR PINK LEOTARD. SOLID BLACK OR PINK PULL ON SKIRT (OPTIONAL). HAIR SECURED OUT OF FACE.

BALLET IB: PINK OR SKIN TONE TRANSITION TIGHTS AND SPLIT SOLE CANVAS BALLET SHOE, SOLID BLACK LEOTARD, NO SKIRTS. HAIR IN A BUN

BALLET II: PINK OR SKIN TONE TRANSITION TIGHTS. SOLID BLACK LEOTARD, NO SKIRTS. PINK OR SKIN TONE SPLIT SOLE LEATHER OR CANVAS BALLET SHOE. MEDIUM STRENGTH THERABAND. HAIR MUST BE IN BUN.

BALLET III: PINK OR SKIN TONE TRANSITION TIGHTS. BLACK LEOTARD. NO SKIRTS. CANVAS SPLIT SOLE BALLET SHOE. HARD STRENGTH THERABAND. HAIR MUST BE IN BUN.

BALLET IV: PINK OR SKIN TONE TRANSITION TIGHTS. ANY COLORED LEOTARD. CANVAS SPLIT SOLE BALLET SHOE. HARD STRENGTH THERABAND. HAIR MUST BE IN BUN.

JAZZ: ANY COLORED LEOTARD. BIKE SHORTS, LEGGINGS, OR TIGHTS. TAN LEATHER JAZZ SHOE. HAIR SECURED OUT OF FACE.

LYRICAL: ANY COLORED LEOTARD, BIKE SHORTS, LEGGINGS, OR TIGHTS. NUDE OR SKIN TONE LEATHER HALF SHOE. HAIR SECURED OUT OF FACE

TAP: ANY COLORED LEOTARD, BIKE SHORTS, LEGGINGS, TIGHTS, OR FITTED SHIRT. BLACK LACE UP TAP SHOE. HAIR SECURED OUT OF FACE

ACRO: LEOTARD AND SHORTS/LEGGINGS PREFERRED. ANY TIGHT FITTING ATHLETIC CLOTHES ACCEPTABLE. NO LOOSE T-SHIRTS OR TANK TOPS. HAIR MUST BE SECURED UP.



IMPORTANT DATES

We understand wholeheartedly how busy the lives and schedules of our dance families can get as the year rolls on, so we have tried to get all our important dates organized and ready for you so you can plan other commitments. Below we have listed some of our most important "Save the Dates" with more information (including times, costumes, requirements, etc.) to be communicated later as we get closer to the events. If you know ahead of time that your family will be unable to attend these events or do not wish to participate in one of the performances please let us know at your earliest convenience.



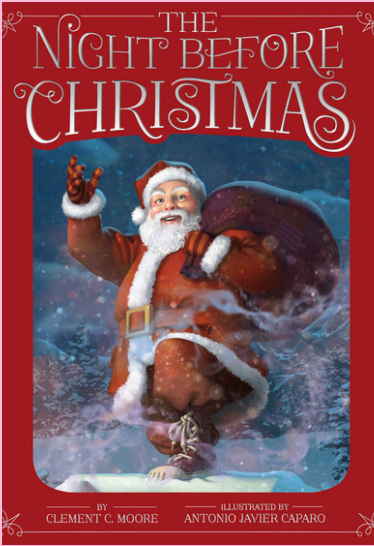
Date	Event	Description	Additional Info
9/8 - 9/13	Costume Fittings	Measurements will be taken this week during class for costumes for our Winter performance	Please do not miss class!
9/15	Performance Fee Charged	1/2 of performance fee due	\$88
9/15 - 9/20	Bring a Friend Week!	Share the joy of dance with a friend! Bring 1 friend to any class.	Receive \$30 off next month's tuition if the friend signs up for class!
9/29 - 10/4	Parent Observation Week	Join us inside the studio to watch how your dancer is progressing!	Please limit to 2 adults per student
10/27 - 11/1	Performance Fee Charged	2nd half of performance fee due	\$87
10/27 - 11/1	Halloween Dress Up Week	Come dressed in your Halloween Costume!	
12/7	The Night Before Christmas	Annual Winter performance	2 pm

Date	Event	Description	Additional Info
12/15 - 12/20	Student Evaluation Week	Student's progress will be evaluated and shared with parents	
1/26 - 1/31	Costume Fittings	Measurements will be taken this week for recital costumes!	Please do not miss class!
2/1	Costume Fee Charged	Costume fee will be added to accounts and is due!	If more than 2 costumes needed, ¾ of fee is due. Remaining ¼ of fee is due 3/1
2/9 - 2/14	Parent Observation Week	Join us inside the studio to watch how your dancer is progressing!	Please limit to 2 adults per student
2/16- 2/21	Bring a Friend!	Share the joy of dance with a friend! Bring 1 friend to any class!	Receive \$10 off next month's tuition if the friend signs up!
3/15	Recital Fee Due	Full fee due	\$145
5/23 (subject to change)	RECITAL		TBD

HOLIDAY CLOSINGS

Sept 1	Labor Day
Oct 11-13	Fall Break
October 31	Halloween
Nov 24 - 30	Thanksgiving Break
Dec 21-Jan 4	Winter Break
Jan 19	MLK Day
Mar 15-22	Spring Break

PERFORMANCES



TWAS' THE NIGHT BEFORE CHRISTMAS

DECEMBER 7, 2025

NANCY O'BRIAN PERFORMING ARTS
CENTER

This will be our 2nd ever Winter performance! We can't wait to bring this timeless tale to life on stage! Various characters will be mice, snowflakes, sugar plums, and reindeer. This performance will be only for classes ages 3 and up

Performance Fee: \$175 per family
Additional \$65 per dancer if more than 1 dancer.

-This includes video download, performance t-shirt, costume RENTAL, 3 tickets, paying faculty for dress rehearsal and performance

Additional tickets may be purchased.
2 and under free



ANNUAL RECITAL THEME TBD!

Every class will have a dance in the show and costumes will be purchased for you to keep!

Recital Fee: \$145 per family
Additional \$40 per dancer if more than 1 dancer in family.

-This includes video download, performance t-shirt, 3 tickets, and paying faculty for dress rehearsal and performance.

Costumes will be a separate cost and are about \$75 per costume.

Additional tickets may be purchased.
2 and under free

Let's have a
great year!!



