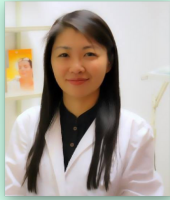


## YOUR ACUPUNCTURE TEAM



**Dr. Meng-Lan Chen, MD, AP, MSOM**

Board Certified in Acupuncture and Oriental Medicine. Trained in Allopathic Medicine from USAT College of Medicine. Mayo Clinic trained Health Coach. Dr.Chen specializes in Platelet Rich Plasma Therapy, Functional Medicine, and fertility treatment.



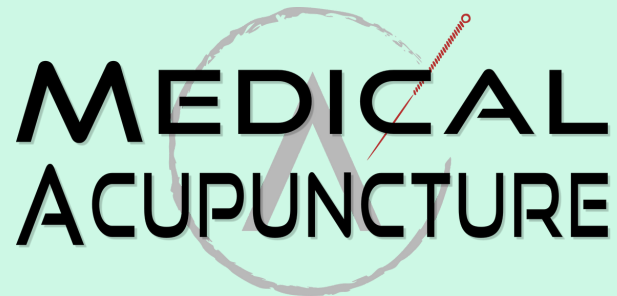
**Dr. Yun-Chiao Lee, DOM, AP, MSOM**

Board Certified in Acupuncture and Oriental Medicine. Dr.Lee has over 40 years clinical experience and was a faculty member at Five Branches University and Florida College of Integrative Medicine. She specializes in cancer supportive care, treating anxiety, depression, and chronic pain syndrome.



**Dr. Scotty Hudson, DOM, AP, MSOM**

Board Certified Acupuncture Physician and Oriental Medicine for 15 years. Professor and clinical supervisor at the Florida College of Integrative Medicine for 10 years. Specializes in evidence-based integrative medicine, Electro-Acupuncture, Acu-Point Injection Therapy, and treating mental health disorders.



### Contact Us

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## ACUPUNCTURE AND WOMEN'S HEALTH



Evidence Based  
Fertility Acupuncture  
is Safe and Effective

## Acupuncture Has Been Treating Women's Health Concerns for Thousands of Years!

Acupuncture has become well known as a treatment for various types of pain, but many people still don't know that acupuncture has been used for thousands of years to treat a wide variety of health conditions. Traditional Chinese Medicine has always observed the importance of a woman's menstrual cycle as an indicator of her overall health. Acupuncture can be helpful with:

- Amenorrhea
- Irregular periods
- Painful periods
- Heavy bleeding
- PMS



## Acupuncture in Support of In-vitro Fertilization Treatment (IVF)

Since the late 1990s, there has been a growing body of evidence that acupuncture can safely complement IVF treatment. Research has shown (Hullender, 2019) that combining the two together can effectively increase:

- Clinical Pregnancy Rate (CPR) by 28-32%
- Ongoing Pregnancy Rate (OPR) by 42%
- Live Birth Rate (LBR) by 30%
- CPR by 60% and LBR by 42% in women with previously failed IVF cycles

### Before, During and After Care

Getting regular acupuncture treatment during the weeks leading up to conception is important. Maintaining treatment during pregnancy and after birth is equally as important. Acupuncture is safe during gestation and can help with:

- Morning sickness
- Anxiety
- Low back pain

### After Birth Acupuncture Can Help with:

- Post-partum depression
- Fatigue
- Insufficient lactation
- Mastitis



## What is Integrative Medical Acupuncture?

Not all Acupuncturists are the same...

The ancient knowledge of acupuncture theory is an important starting point in education and practice. However, incorporating a current biological understanding of what acupuncture does in the body is vital to providing the best possible care for the patient. The modern clinical healthcare setting requires an integrative research based approach. All of our acupuncturists have extensive training in the biological effects of acupuncture and base their treatments on the most recent research.