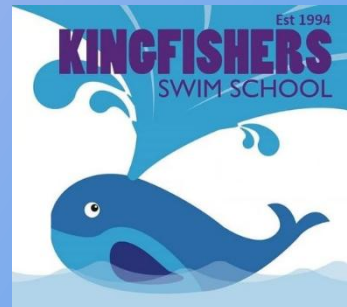


HANDS-ON TEACHING POLICY

DATE: September 2025



Hands-On Teaching Policy

At the Kingfishers Swim Schools, the safety, comfort, and effective skill development of every child is our top priority. As part of our teaching methodology, we use a **hands-on approach** in the water to support, guide, and enhance each child's learning experience.

What This Involves

Our qualified **instructors** teach from within the water and may use gentle, supportive touch to help children understand and perform correct swimming techniques. This may include:

- Gentle **manual manipulation of limbs** (arms and legs) to guide movement patterns
- Hands-on **support behind the head, shoulders, or under the arms** to ensure proper body position and safety
- **Holding the child's hands** to demonstrate strokes or provide reassurance
- Light **contact with feet or ankles** to help with kicking technique or positioning
- **Stabilising or guiding the child** to float, kick, or maintain alignment

This physical guidance is always delivered **with care, respect, and professionalism**, in line with child safeguarding practices and industry standards.

Why We Use a Hands-On Approach

- Many children learn best through **physical input** rather than solely through verbal instruction, especially in a sensory-rich environment like the pool.
- Gentle touch can help children **feel** how their bodies should move, improving understanding and skill acquisition.
- Being in the water with the children allows instructors to **respond quickly and safely**, ensuring a secure learning environment at all times.
- This method supports children in becoming **more confident and independent swimmers** over time.

Consent and Communication

We are committed to working in partnership with families. If you have any questions or concerns about our hands-on teaching methods, or if your child has specific needs or preferences, please speak with our team. We're here to listen and to make the experience as positive and supportive as possible for every swimmer.

Enhanced DBS Checks

All over 16s have an Enhanced DBS Check and under 16s are closely monitored by the instructor and receive training to ensure they know how and where to support the children as a part of their Aquatic Helper Certification.