Stay up to date!

Facebook https://www.facebook.com/kingfishersswimschool/

YouTube https://www.youtube.com/channel/UCaChwUMiKLtS3XUq7llxgdQ

Diary Dates

Subject to change. Keep an eye on the website/Facebook page/emails for any updates.

Tuesday 5th September – Reopen for Autumn term.

Monday 2nd October – Invoices emailed for second half of Autumn term. Due Saturday 14th October.

Monday 23rd - Sunday 29th October 1 week half term closure

Monday 30th October – 2nd half of Autumn term commences.

Monday 27th November – Invoices emailed for Spring term 2024.

Due Saturday 9th December.

Monday 11th- Saturday 16th December **Fun Swim Week**

Monday 18th December – 3 week Christmas closure commences.

Monday 8th January 2024 - Swim School reopens for Spring term 2024.

We had a fantastic time last week teaching Water Safety. Our bi-annual water safety session was well attended and we are super proud of everyone. Well done for being brave wearing your clothes and taking off the goggles. We know this is a big challenge for some and you all absolutely smashed it.

REMEMBER:

Never go in the water to rescue anyone. Always reach,

shout or throw.

Shout for HELP!

Tread water and float.

Try not to panic.



July 2023

Kingfishers Swim School Newsletter

Issue 7

That's a wrap!

Another term complete and some super achievements made. Don't forget to check out the swimmer of the term nominations on the last page.

So many of our little under 1s, 1yr olds and 2yr olds are now putting their faces in the water all by themselves, and with absolutely no forced submersions. You are all fantastic. Also lots of your 2yr olds are now swimming without their grown ups. You have worked so hard towards your next class and we can't wait to welcome you back in September in your Rising 3, Duckling or 1A class.

FUN FACTS Did you know?

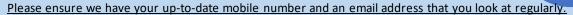
The first swim goggles were made of seashells.

Swimming was first introduced in the Olympics in 1896.

Most competitive swimmers swim 6-12 miles per day.

Swimming strengthens the heart and lungs.

Swimming can improve exercise induced asthma.



Last minute changes of closures will be sent by text. This is a no reply service. Updates will also be posted via Facebook. Invoices will continue to be sent by email. Check we are on your safe list so we don't go into your junk folder. If you are expecting an email or text and you don't receive it, please let us know so we can make sure we have your correct details.

If you need to speak to one of the team, email denise@kingfishersswimschool.co.uk, sophie@kingfishersswimschool.co.uk or jordan@kingfishersswimschool.co.uk or message us on Facebook.



If you have good thoughts, they will shine out of your face like sunbeams and you will always look lovely!

Check out the fundraising efforts





THE KINGFISHERS FUND

The Kingfishers Fund is Kingfishers own charity pot which parents in the Rochford area can access to help with the cost of swimming lessons. The fund is filling nicely and we now have a charity bank account. The aim of the fund is to remove financial barriers in learning to swim in the Rochford District.

Denise and Jordan completed the Holkham Half Ironman Event on Sunday 9^{th} July. They did an absolutely stellar job completing in:

Denise 6:19:25

Jordan 7:16:54

Donate here if you are able: https://www.justgiving.com/crowdfun.../kingfishersswimschool



We have contacted the Rochford Primary Schools but have had a disappointing response so far. If anyone has any contacts in these schools, we would be grateful in your support in getting these funds to the right people.



"Little pig, little pig, let me come in!"

"Not by the hair on our chinny chin chins!" "Then I'll huff, and I'll puff, and I'll blow your house down!"



<u>Please continue to remove your shoes BEFORE entering the changing rooms and remember to take your nappies home.</u>

Thank you for your support.



to have something that makes saying goodbye so hard. "Winnie the Pooh"

We are saying goodbye to a few staff members this term.

Josh has been at Kingfishers since he started swimming lessons with us at 3 years old. He started working for us as an Aquatic Helper before taking his Swimming Instructor certificates. He is hoping to join the RAF and we wish him every success.

Jorja has also been with us since she was 3 years old. She became an Aquatic Helper before taking her Swimming Instructor certificates and Lifeguard Qualifications. She is off to University in September and we know she will achieve anything she puts her mind to. Good luck Jorja.

Jasmyne has worked for Kingfishers for a number of years now and has been an invaluable member of the team. She is starting her full time job as a Secondary School Science Teacher and so won't be with us in September. She has promised she may be around for the odd bit of cover though so I'm sure this isn't goodbye! We wish her every happiness in her new role.

We are also saying goodbye to one of our Aquatic Helpers Lily. Lily has a busy year coming up so won't be able to work at Kingfishers anymore, but we wish her every success.

And finally...

Our Aquatic Helpers, Lizzie and Caitlin will be leaving as Aquatic Helpers and returning as qualified swimming teachers. They are due to finish their training in August and we wish them both luck with their courses. I'm sure you will join us in supporting them as they join the instructors team.





Contact Sophie or Denise if you'd like to find out more about becoming a swimming Instructor.

SWIMMER OF THE TERM

Each teacher has nominated some students for swimmer of the term.

Congratulations if you were nominated!

Matthew Stanford For giving it his all.

When life gets you down, do you wanna know what you've gotta do? Just keep

swimming.

The Nominations are in...

Harper Furzer – for jumping in on her own.

Henry Black - for putting his face in!

Folami Keshiro – for always trying his best.

Chester Falla – for always putting in 100% effort.

Taya Jones – for overcoming her fear of jumping in.

Harry Lawrence – for learning to kick, pull and blow all at the same time.

Matthew Stanford - for giving it his all.

Jude and Jenson Perrotton for overcoming their fear of putting their faces in.

Max Holmes - for mastering backstroke leg kick.

Freya Randall – for always giving 100%.

Sophia Briggs – for always trying her best and giving that bit extra without being asked.

George Doyle – for joining in with class activities with purple octopus float in tow.

Oscar Perrotton – for listening every lesson, always giving it 100% and for being super polite.

Theo Baker – for overcoming his fears and happily swimming.

Jack Butler-Clark - for being focused on achieving his certificates.

Freddie McGregor – for overcoming his fear of the water.

Ava Miller – for her improvement and focus in lessons.

Mya Richards – for overcoming her fear of the deep water.

Harry Pedder – for always putting in 100% effort.

Aaron Doyle – for being really brave.

Charlotte Bowyer – for a beautiful front crawl.

Eli Toscani – for always trying his best.

Poppy-Mae Westron-Norton – for a great improvement in her self confidence.

Henry Ridgway – for putting his face in the water and swimming.

Teddy Dignum – for overcoming his fear of jumping in, always working hard and being polite.

Lenny Williams - for always giving 100%

Olive Crouch - for always listening and trying her best.

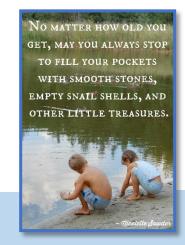
Elsa Bowyer – for getting her 15m and always working hard.

Albert Cotgrove – for swimming without Daddy and listening well to instructions.

sked.

Notable distance awards!

Tegan Willis - 20 metres at 3yrs old Connor Harman - 200m at 5yrs old Elijah Jones - 400m at 5yrs old



Finally...

Have a wonderful summer, remember what you've learned and stay safe. We will see you all in September.

