



Five Agencies, One Vision

AgingCT is the association of CT's Agencies on Aging. We are federally designated planning agencies offering services for aging adults located in five regions of Connecticut.

Agencies on Aging were established under the Older Americans Act of 1965 to respond to the needs of adults ages 60 and over.

We are highly visible Centers of information, assistance, and supportive services.

With the guidance of a regional Board and Advisory Council, each Agency strives to meet the needs of older adults and persons with disabilities in their community.

Together, the agencies advocate for and promote healthy aging.

Building Capacity in the Community

AgingCT convenes a strong, inclusive, well-informed network of aging- and disability-related providers to support the needs of older adults and persons with disabilities and to advocate for policies that enhance dignity and independence.

AgingCT conduct needs' assessments and support nonprofits and municipalities through the distribution of Older Americans Act funds.

Working with Connecticut's Aging and Nutrition Service Providers, the Agencies provide almost \$10 million to support home delivered and community café meals.



NAVIGATION

- Medicare & Health Insurance Navigation
- Medicare Savings Program
- Low Income Subsidy
- Preventing Scams
- Prescription Drug Assistance
- Medicaid Application Assistance
- Social Security Assistance
- Application and Enrollment for all State and Federal Supports

CAREGIVER SUPPORTS

- Alzheimer's Respite Care Program
- National Family Caregiver Support Program
- Support for Home Safety Technology & Other Services Including Adult Day Care, Aides, Adult Diapers, Emergency Response Meals and More
- Caregiver Support Groups
- Caregiver Navigation Support

CARE MANAGEMENT

- Veterans Self-Directed Care
- Alzheimer's Respite
- National Family Caregiver
- CT Home Care for Elders*
- CT Home Care for Acquired Brain Injury*
- CT Home Care for Persons with Disabilities*
- Private Care Management*

*NOT AVAILABLE IN ALL REGIONS

WESTERN CT AGENCY ON AGING

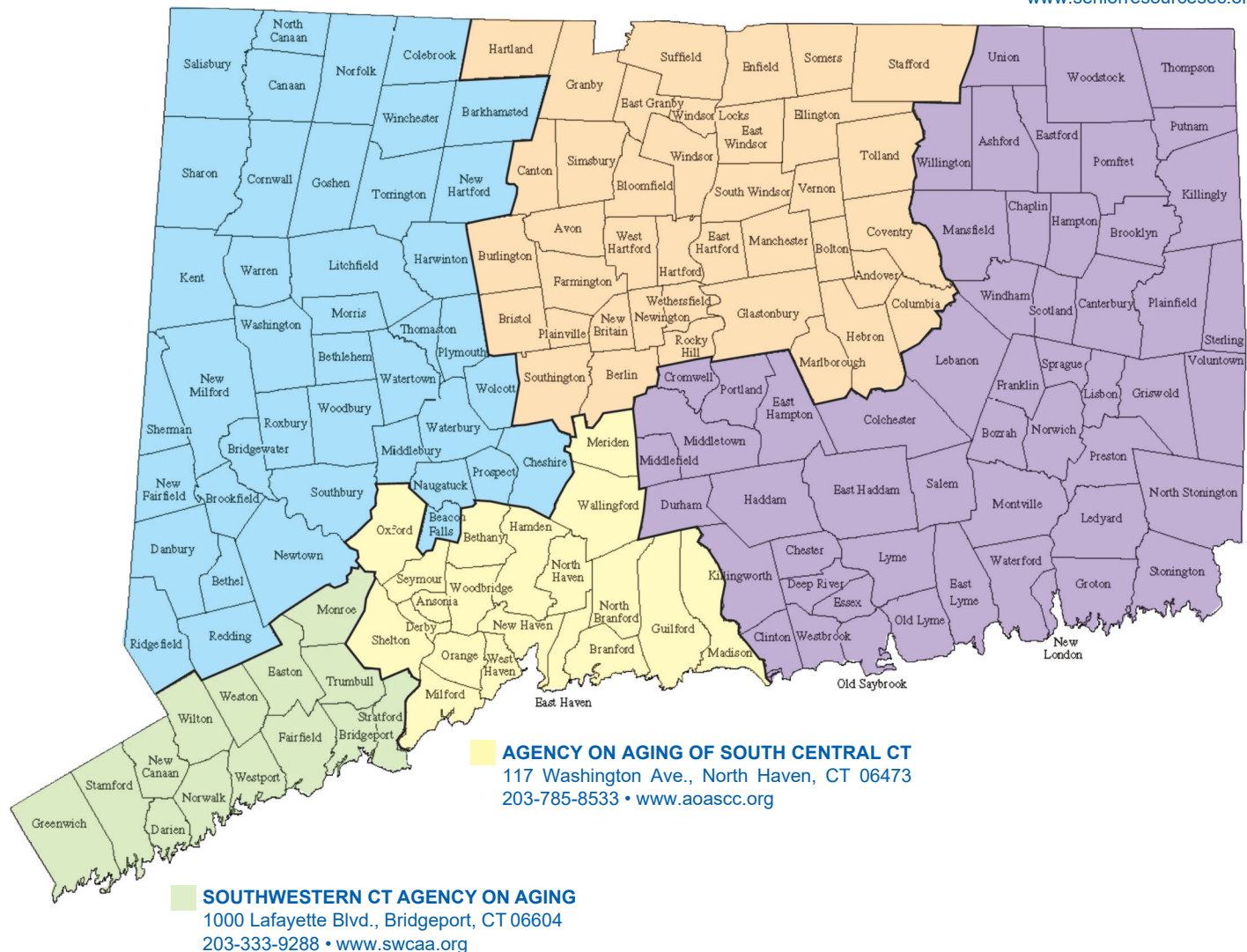
84 Progress Lane, Waterbury, CT 06705
203-757-5449 • www.wcaaa.org

NORTHCENTRAL CT AGENCY ON AGING

151 New Park Ave., PO Box 75, Hartford, CT 06106
860-724-6443 • www.ncaact.org

SENIOR RESOURCES

EASTERN CT AGENCY ON AGING
19 Ohio Ave., Norwich, CT 06360
860-887-3561
www.seniorresourcesec.org



 **(860) 724-6443**

 **www.ncaaact.org**

 **151 New Park Avenue
Box 75
Hartford, CT 06106**

**SUPPORTING
OLDER ADULTS
IN THE
COMMUNITY**

www.agingct.org



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Our mission is to enhance the quality of life for older adults, individuals with disabilities and their caregivers in North Central Connecticut by ensuring access to quality, cost-effective services.



Who Are We?

- **Private Non-Profit.**
- **We are a funder.**
We support 30-50 projects every year to keep seniors at home.
- **We are a provider.**
We provide services that benefit grandparents raising grandchildren, caregivers, Medicare beneficiaries, and veterans.
- **We are an advocate.**
We elevate issues at the state and federal levels through legislative advocacy.



We Have Your Aging Answers!

- **Comprehensive** navigation support and guidance.
- **Community-based** and in-home care coordinated through our caregiver respite programs.
- **Individualized** information, assistance, and referrals.
- **Evidence-based** health & wellness activities for older adults and individuals with disabilities.

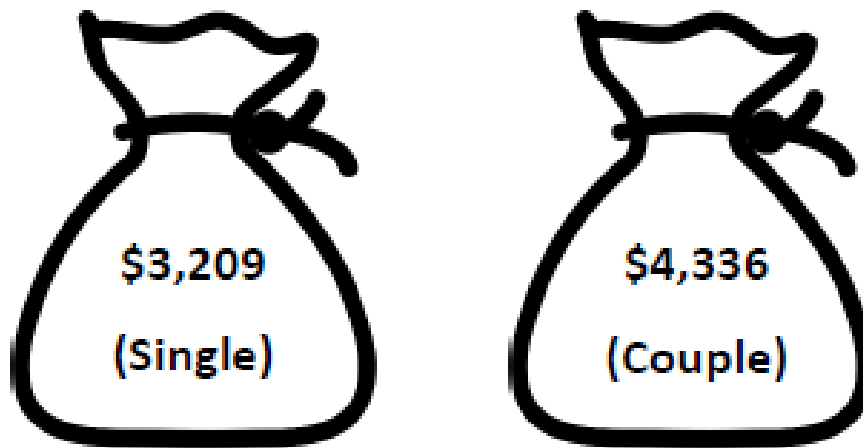
Now You Know...

- **We are regional.**
We build local relationships and foster broad stakeholder networks.
- **We are unbiased.**
We help you navigate your situation free of any profit-motive.
- **We are trusted.**
We have been serving older adults since 1974.



Need help with Medicare costs?

If your monthly income is less than



**You may qualify for help from the State of
CT to pay your Medicare premiums and
other Medicare costs!**

To find out if you are eligible for the
Medicare Savings Program

Call CHOICES at 1-800-994-9422

Income limits effective March 1, 2025- February 28, 2026.

SHIP/CHOICES

Medicare Coverage for People with Chronic Conditions

We all get sick.



Some of us can't get better.

I need
physical
therapy &
home care.

But are you
improving?



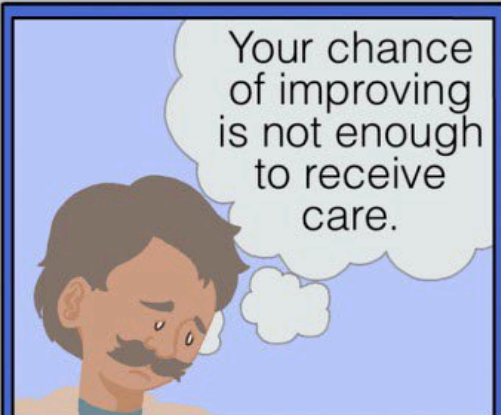
Some of us need
more care. But...

Must be
at least
this
healthy to
receive
care:



When we've been
turned down,

Your chance
of improving
is not enough
to receive
care.



it can be tempting to
just give up.

But this
organization
can help!



Center for
**Medicare
Advocacy**

MedicareAdvocacy.org

(860)456-7790

Medicare is available to maintain your condition or slow decline.



Center for **Medicare Advocacy**

Advancing Access to Medicare and Health Care



Who

We are a nonprofit law organization. We provide free assistance for residents of Connecticut and help others throughout the country.

What

We provide education, advocacy and assistance to help older people and people with disabilities get access to Medicare coverage and quality health care.

When

Contact us for help when Medicare coverage is unfairly denied.

Where

Headquartered in Connecticut and Washington, DC.

1-860-456-7790

Toll free in CT: 1-800-262-4414

Why

Because Medicare coverage is often unfairly denied, creating barriers to necessary care.



[MedicareAdvocacy.org](https://www.MedicareAdvocacy.org)



[@CMAorg](https://twitter.com/CMAorg)



[@MedicareAdvocacy.org](https://www.MedicareAdvocacy.org)



Center for **Medicare Advocacy**

Promoviendo el acceso a Medicare y
a la atención sanitaria



Quién

Somos una organización legislativa sin ánimo de lucro. Ofrecemos asistencia gratuita a los residentes de Connecticut.

Qué

Proporcionamos educación, defensa y asistencia para ayudar a las personas mayores y a las personas con discapacidades a acceder a la cobertura de Medicare y a una atención sanitaria de calidad.

Cuándo

Contáctenos para que le ayudemos cuando se le deniegue injustamente la cobertura de Medicare.

Dónde

Con sede en Connecticut y Washington, DC.
1-860-456-7790
Gratuito en CT: 1-800-262-4414

Por qué

Porque la cobertura de Medicare a menudo se deniega injustamente, lo que crea obstáculos para la atención necesaria.



MedicareAdvocacy.org



@CMAorg



@MedicareAdvocacy.org



Services and Supports for Older Adults and their Family Caregivers

Join Moderator Jillian Celentano, LMSW, and the Directors at AgingCT for a discussion about services for LGBTQ+ older adults, their family caregivers, and community members.



Jillian is a transgender woman who began her Transition at the age of 55. She is a licensed psychotherapist, social worker, advocate, and has organized support groups for transgender/gender diverse children and adults.

Tuesday, May 20th, 2025

6:30-7:30 PM (zoom)

[Click here to register](#) by May 19th



Aging CT is the association of the five Agencies on Aging in CT -- the statewide network of coordinated information, supports, and services to help Connecticut residents navigate their aging journey.