## SMS Policy and Opt-In/Opt-Out

We would like to inform you about our SMS policy and provide you with the option to choose whether you would like to opt in or opt out of receiving text messages from us.

## Our SMS policy outlines the following guidelines:

1. **Purpose of Text Messages**: We use text messages to communicate important information, updates, promotions, and reminders related to our services.

2. **Frequency of Messages**: We strive to send messages only when necessary and limit the number of texts to ensure that they are not excessive or intrusive.

3. **Opt-In/Opt-Out Option**: You have the choice to opt in to receive text messages from us by providing your consent or opt out if you no longer wish to receive messages.

If you would like to opt in to receive text messages from us, please reply to this message with the word "YES." By opting in, you will receive important updates and notifications via text.

If you prefer to opt out of receiving text messages, please reply with the word "**STOP**." We will promptly remove you from our text messaging list and ensure that you do not receive any further messages from us.

Please note that opting out of text messages does not affect your ability to receive other forms of communication from us, such as emails or phone calls.

If you have any questions or concerns about our SMS policy or opt-in/opt-out options, please do not hesitate to contact us at 321 206 0803.

Thank you for your attention to this matter and for allowing us to communicate with you effectively.

Best Regards,

Caroline Sinclair CEO Contact # 321 206 0803