

# Minnesota Psychological Resources

## INFORMED CONSENT FORM FOR TELEVIDEO SERVICES

I understand and agree to the following:

- There are potential benefits and risks of electronic communication including texting, email, telephonic, and tele-video sessions (e.g. limits to patient confidentiality) that differ from in-person sessions.
- Confidentiality still applies for tele-video services, and neither the therapist nor the client will record the session without the permission from the other person(s).
- Therapist will provide client with preliminary information to assist client in using the selected tele-video platform.
- Client needs to use a computer, webcam or a phone during the session.
- It is important to be in a quiet, private space during the tele-video session, that is free of distractions such as cell phones (not being used for the session), television, children, or other adults.
- It is important to use a secure internet connection rather than public/free Wi-Fi.
- It is important to be on time just as for face-to-face sessions. If client needs to cancel or change a tele-video appointment, client must notify therapist at least 24 hours prior to the appointment time or client will be charged. If client is ill or has an emergency, client will not be charged for the session. Client and therapist are to be respectful of each other's time. It is up to the therapist and client to determine the best way to communicate regarding canceling appointments.
- A back-up plan will be established (for example, a phone number where client can be reached) to restart the session or to reschedule in the event of technical problems.
- The therapist needs to confirm client's location at the time of each tele-video session and have a safety plan that includes at least one emergency contact person and their phone number in the event of a crisis situation. Client will provide that information at the end of this form.
- The client is responsible for the payment of tele-video session(s). Minnesota insurance companies that provide coverage for face-to-face therapy sessions, are likely to provide coverage for tele-video therapy sessions. However, MPR cannot guarantee that your insurance will cover the services provided. MPR cannot speak for your insurance company. It is important to understand that if client's insurance does not reimburse for the therapy session, client is responsible to pay for the session.
- Therapist may determine that due to certain circumstances, tele-video sessions are no longer appropriate and may recommend client pursue face-to-face in-person sessions.

Name of Client: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Signature of Client: \_\_\_\_\_ Date: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Phone #: \_\_\_\_\_