

Minnesota Psychological Resources

INFORMED CONSENT CHECKLIST FORM FOR TELEPSYCHOLOGICAL SERVICES

Client Name: _____

Date of Birth: _____

Prior to starting video-conferencing services, we discussed and agreed to the following:

- There are potential benefits and risks of video-conferencing (e.g. limits to patient confidentiality) that differ from in-person sessions.
- Confidentiality still applies for televideo services, and nobody will record the session without the permission from the others person(s).
- We agree to use the video-conferencing platform selected for televideo virtual sessions, and your therapist will explain how to use it.
- You need to use a webcam or smartphone during the session.
- It is important to be in a quiet, private space that is free of distractions (including cell phone or other devices) during the session.
- It is important to use a secure internet connection rather than public/free Wi-Fi.
- It is important to be on time. If you need to cancel or change your televideo appointment, you must notify your therapist at least 24 hours prior to your appointment time or you will be charged.
- We need a back-up plan (e.g., phone number where you can be reached) to restart the session or to reschedule in the event of technical problems.
- We need to know your location at the time of the televideo session and have a safety plan that includes at least one emergency contact in the event of a crisis situation.
- If you are not an adult, we need the permission of your parent or legal guardian (and their contact information) for you to participate in televideo sessions.
- You should confirm with your insurance company that the televideo sessions will be reimbursed; if they are not reimbursed, you are responsible for full payment.
- As your therapist, I may determine that due to certain circumstances, televideo sessions are no longer appropriate and that we should resume sessions in-person.

Signature of Client/Client's Legal Representative: _____

Therapist Name: _____ Date: _____

Therapist Signature: _____