



By signing up for a virtual / online streaming class with Breathe Hot Yoga & Wellness Ltd., you are agreeing to the below waiver and release:

I hereby agree to the following:

Even with clear instruction there is the possibility of injury and that it is my responsibility to consult a physician regarding all matters involving my personal health and including without limitation:

- (a) any prior or existing injuries; and
- (b) my ability to participate in the programs offered by Breathe.

I attest that I have no psychological, medical or emotional condition that would prevent me from safe participation in a virtual class offered by Breathe.

I release and discharge Breathe, its associated and affiliated companies and their respective directors, employees and instructors from all liability, claims, demands or actions that I may take resulting from injury, death, or damages arising from my participation in the physical activity classes (i.e. yoga, fitness) offered Breathe.

I recognize that this agreement of release and waiver of liability is a legal contract and that I have complete knowledge of its contents.

I agree that I am above the legal age of majority in my province or territory of residence (18 or older in AB) and do not require parent or guardian consent.

I have read this agreement and fully understand its contents and meaning, and by signing up for a virtual / online streaming class, I understand this means I am signing it of my free will.

I understand that obtaining and purchasing a virtual / online streaming class means I agree to the above.