

# Personal Protective Equipment (PPE)

## Course Description

The course will provide an extensive overview of personal protective equipment (PPE) and its various types. It will also educate you on the potential hazards that PPE can safeguard you from, and the correct methods for selecting and maintaining PPE.

The course will commence with a concise introduction to the different types of PPE and how to identify workplace hazards that necessitate the use of PPE.

Furthermore, you will gain knowledge on the appropriate selection and maintenance of PPE, along with the training prerequisites for PPE users.

Throughout the course, you will delve into the specifics of each type of PPE. This will begin with an examination of eye, face, and head protection, encompassing safety glasses, goggles, face shields, and hard hats.

Subsequently, you will acquire a comprehensive understanding of respiratory protection, including the various types of respirators available, along with the additional training, fit testing, and program requirements.

The course will then proceed to cover hand and foot protection, such as gloves and safety shoes, followed by hearing protection. You will learn about the additional requirements pertaining to occupational noise exposure, and how to select the appropriate protection based on the noise level.

Lastly, the course will address fall protection, including the different types of personal fall protection systems, their components, and the proper methods for selecting and maintaining them.

## Learning Objectives

When you have completed this course you will:

- Have knowledge of the different types of PPE and when to use them
- Have an understanding of the selection and maintenance of PPE
- Have a greater understanding of how PPE can help to protect you from various hazards

## Target Audience

This course is aimed at people in the workplace who require the use of PPE to safely carry out tasks that involve or could create hazardous materials and situations. This includes workers who require training in order to safely carry out tasks and their supervisors or managers who may need to ensure PPE is being used correctly.

## Advantages

Workers will be able to complete tasks safely due to their new, advanced understanding of hazards and their specific PPE equipment.

Online training is flexible, efficient and cost effective meaning the candidate can progress through the modules at their own pace and in their own time, so they can fit the training around their work and personal life

Approved to US federal and OSHA standards.

### Further Progression

Other courses that complement this one could include Construction Safety, Fire Prevention and Hazard Communication.

### Modules

Course	Module Number	Module Name	Pass % Required
Personal Protective Equipment (PPE)	1	Introduction	70
Personal Protective Equipment (PPE)	2	Eye, Face, and Head Protection	70
Personal Protective Equipment (PPE)	3	Respiratory Protection	70
Personal Protective Equipment (PPE)	4	Hand and Foot Protection	70
Personal Protective Equipment (PPE)	5	Hearing Protection	70
Personal Protective Equipment (PPE)	6	Fall Protection	70

### Recommended System Requirements

- Browser: Up to date web browser
- Video: Up to date video drivers
- Memory: 1Gb+ RAM
- Download Speed: Broadband (3Mb+)

**Duration:** 30 minutes (*Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions).*