ADHD Awareness

Course Description

ADHD is a chronic condition that creates a range of persistent symptoms such as difficulty sustaining attention, hyperactivity and impulsive behaviour.

The course covers the definitions of ADHD, the different types of ADHD and how to recognise some key signs and symptoms.

Beyond this the course will look at some of the possible causes of ADHD, how it is diagnosed and how it can be treated, including environmental changes, types of therapy and medication that can be prescribed.

The course concludes with some advice for people living with or caring for those with ADHD and provides some practical advice for supporting children, teenagers and adults with the condition.

Learning Objectives

By the end of this course, you will be able to:

- Define the types of ADHD and recognise the numerous symptoms that need to be exhibited to help with diagnosis.
- Understand that that ADHD is chronic condition that runs from childhood right through to adulthood.
- State the methods of assessment that lead to diagnosis.
- Identify treatment regimes, from therapy to medical intervention.
- Understand how symptoms can be managed and how an individual with ADHD can be helped.

Target Audience

This course will prove useful to anyone who works with or has regular contact with children or adults with ADHD.

Advantages

Online training is flexible, efficient and cost effective meaning the candidate can progress through the modules at their own pace and in their own time, so they can fit the training in around their work and personal life.

Further Progression

There are a lot of courses in our health and social care suite that would make great follow ups to this course and if you are in the adult social care sector then they would all provide valuable additions to your knowledge.

Course	Module Number	Module Name	Pass % Required
ADHD Awareness	1	Introduction	70
ADHD Awareness	2	Causes and Diagnosis of ADHD	70
ADHD Awareness	3	Treatments	70
ADHD Awareness	4	Managing Symptoms	70

Recommended System Requirements
• Browser: Up to date web browser
• Video: Up to date video drivers
• Memory: 1Gb+ RAM
• Download Speed: Broadband (3Mb+)

Duration: 45 minutes (*Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions*).