ARE YOU PREPARED?

As we head into the winter months, it's time to ask ourselves an important question: ***Are you prepared?***



Predictions suggest we could be in for a snowy winter, and if this past summer's weather was any indication, Mother Nature may have a few surprises in store for us. Whether you live in Forest Lakes year-round or just plan to visit for a weekend, now is the time to evaluate your preparedness and put some contingency plans in place.

Imagine a major winter storm that closes Highway 260 for several days. Even with our local snowplow operator working hard to clear our roads, you may not be able to reach the highway or make it down the Rim. You could find yourself stranded in Forest Lakes for days, or possibly even longer.

Would you be ready?

Do you have enough food and drinking water to last? Is your food stored properly to withstand Forest Lakes' freezing temperatures? If the power goes out, do you have a backup source of electricity? Could you still heat your home and prepare meals? Do you have extra blankets and warm clothing? What about prescription medications or essential medical equipment such as oxygen concentrators or CPAP machines?

Be Prepared!

- ✓ Food & drinking water
- ✓ Proper food storage (for freezing temperatures)
- ✓ Backup power source
- ✓ Heat & meals
- ✓ Extra blankets & warm clothing
- ✓ Prescription medications & medical equipment (oxygen, CPAP, etc.)
- ✓ Scanner radio
- ✓ GMRS license & radio net check



And don't forget communications! Do you have a scanner radio to monitor local emergency activity? Have you obtained your GMRS license and checked into our Saturday morning radio net to make sure your radio works and you know how to use it?

These are all things we hope we'll never need in an emergency. But when the unexpected happens, a little preparation can make the difference between an inconvenience and a serious emergency.

This winter, take a little time to prepare yourself and your family. Don't wait until the snow starts falling to discover what you're missing.

Submitted by Dave Gardner