Rungelievable Challens

Around the World in 80ks! Saturday 15th November 2025 - 8.30am start



COURSE DETAILS

The course is mainly good quality concrete and gravel paths with a couple of small wooden bridges and a tunnel!

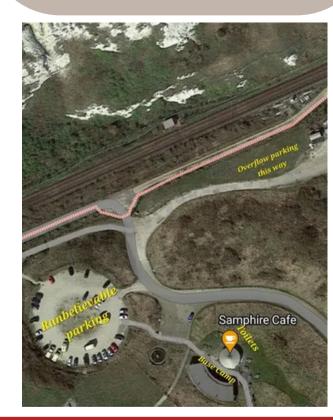
Plan A will be 4 x laps of our 6.55 mile route and then 7 laps of 3.4 mile loops. This, as always at Samphire Ho is subject to weather but we have back up routes so do not fear.

Weather

Light rain with a moderate breeze,. Highs of 13 degrees.

Parking

We have been allocated the parking area marked Runbelieveable parking. If this area becomes full then please park in the overflow parking area. All parking is £3.50.



EVERYTHING ELSE...

Toilets: There are several toilets right at base camp.

Getting there: No issues that we are aware of.

Time Limits: 15 hours to complete the full 80ks (50 miles)

Numbers: These will be picked up at base camp on race day.

Lap counting: We will manually be counting your laps.

Aid station: Well stocked with cake, treats, water, juice and cola.

Bag drop: There will be a room available for your bags, but feel free to use your car as well.

Lights: You must bring lights, spare lights or batteries as most of the course will be in darkness.

15 hour Hard cut off

Location:

Samphire Hoe, A20 Folkestone to Dover road, **CT17 9FL (Map)**

Registration: From 7.30am

> We will not be supplying any plastic cups, instead we ask all runners to bring their own named bottle or cup which can be replenished freely at the water station. If after the Doing our bit: event any runners or spectators have anything to dispose of, please please could you take it home with you!