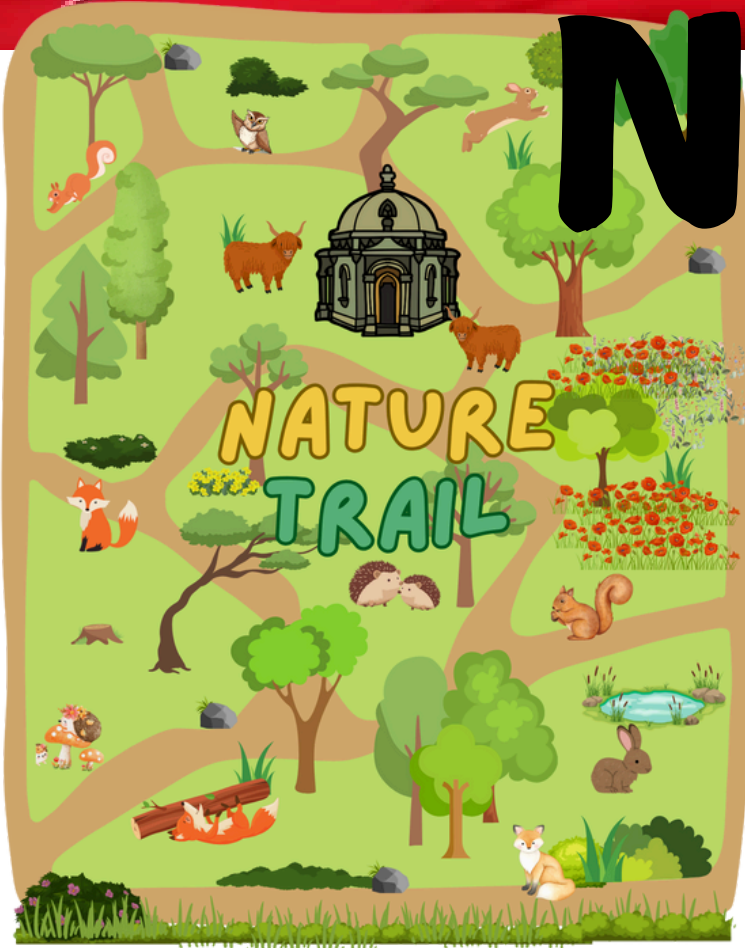


RunBelievable Challenges

Nature Trail Challenge!

Saturday 15th March 2025 - 8am start



COURSE DETAILS

The course follows the trails and footpaths of the Ranscombe Farm Reserve. Offering a variety of single track woodland trail, open fields and rolling grassland, woodland rides and an ancient avenue lined on each side with large hornbeam trees - and an abundance of flora and fauna to look out for!

Plan A means each lap is approximately 4.4 miles long, with approximately 380' of elevation gain and will be well marked with tape and arrows. With two railway lines, a road, fencing and a river edging the reserve on all sides you'll quickly know if you've gone astray! You can do as many laps as you can or wish within the 8 hour time limit.

For this run you'll be following the green SVN signs only, left by our friends over at SVN, If you come to a post with both Red and Green signs - follow the Red ones! We will also be using our yellow arrows and marking tape, However bear in mind this route is subject to change, but will be clearly marked on the day.

8 hour

Challenge
(Hard cut off)

Location:

Ranscombe Farm Nature Reserve
Ranscombe Farm, Cuxton
Rochester, Kent ME2 1LA

Registration:

From 7.15am

Weather

Mostly cloudy with highs of 7 degrees

Parking

Base camp parking - There is a lovely new car park here from January 2020, with about 40 spaces or so. There is limited additional parking at the entrance to the park.



EVERYTHING ELSE...

Toilets: There are compostable toilets at basecamp - only Pee, Poo and Paper to go in these please!

Getting there: No issues that we are aware of.

Time Limits: 8 hours, this is a hard cut you must have started your final lap by 7hrs race clock and the race ends when we hit 8hrs.

Numbers: These will be picked up at base camp on race day.

Lap counting: We will manually be counting your laps.

Aid station: Well stocked with cake, treats, water, juice and cola.

Bag drop: There will be a small area for your bags, but most runners tend to use their car.

Doing our bit:

We will not be supplying any plastic cups, instead we ask all runners to bring their own named bottle or cup which can be replenished freely at the water station. If after the event any runners or spectators have anything to dispose of, please please could you take it home with you!