

RunBelievable Challenges

Samphire Ho Ho Ho!

Sunday 14th December 2025 - 9am start



COURSE DETAILS

Route A (3.28 miles) is mainly good quality concrete and gravel paths with a couple of small wooden bridges. The route is subject to change as in the event of bad weather sometimes the seawall route is closed for the safety of you and the general public and we back up to route B.

6 hour Challenge

Location:

Samphire Hoe, A20 Folkestone to Dover road, CT17 9FL (Map)

Registration:

From 8am

Weather

Mostly cloudy with highs of 4 degrees and a chance of showers

Parking

We have been allocated the parking area marked Runbelievable parking. If this area becomes full then please park in the overflow parking area. £3.50 all day.



EVERYTHING ELSE...

Toilets: There are several toilets right at base camp.

Getting there: No issues that we are aware of.

Time Limits: Six hours to complete as many laps as you like. One lap will earn you a medal, as long as you have left base camp for your final lap by 5hrs 59mins 59secs then you are good to finish.

Numbers: These will be picked up at base camp on race day.

Lap counting: We will manually be counting your laps.

Aid station: Well stocked with cake, treats, water, juice and cola.

Bag drop: There will be a room available for your bags, but feel free to use your car as well.

Doing our bit: We will not be supplying any plastic cups, instead we ask all runners to bring their own named bottle or cup which can be replenished freely at the water station. If after the event any runners or spectators have anything to dispose of, please please could you take it home with you!