

# RunBelievable challenges

## SIMON SAYS...

Saturday 18th April 2026 - 8.30am start



8 hour  
Challenge

### Location:

Ranscombe Farm Nature Reserve  
Ranscombe Farm, Cuxton  
Rochester, Kent ME2 1LA

### Registration:

From 7.45am

### COURSE DETAILS

The course follows the trails and footpaths of the Ranscombe Farm Reserve. Offering a variety of single track woodland trail, open fields and rolling grassland, woodland rides and an ancient avenue lined on each side with large hornbeam trees - and an abundance of flora and fauna to look out for!

Plan A means each lap is approximately 4.4 miles long, with approximately 380' of elevation gain and will be well marked with tape and arrows. With two railway lines, a road, fencing and a river edging the reserve on all sides you'll quickly know if you've gone astray! You can do as many laps as you can or wish within the 8 hour time limit.

For this run you'll be following the green SVN signs only, left by our friends over at SVN, If you come to a post with both Red and Green signs - follow the Red ones! We will also be using our yellow arrows and marking tape, However bear in mind this route is subject to change, but will be clearly marked on the day.

### Weather

Sunny intervals with highs of 18 degrees



### Parking

Base camp parking - There is a lovely new car park here from January 2020, with about 40 spaces or so. There is limited additional parking at the entrance to the park.



### EVERYTHING ELSE...

**Toilets:** There are compostable toilets at basecamp - only Pee, Poo and Paper to go in these please!

**Getting there:** If coming from the coast junction 2 is closed, head up to Junction 1 (Shorne turn off) and turn back on yourselves here. Allow an extra 10 minutes.

**Time Limits:** 8 hours, this is a hard cut off any later than 8hrs and the race clock will have stopped and only completed laps prior to this will be counted.

**Numbers:** These will be picked up at base camp on race day.

**Lap counting:** We will manually be counting your laps.

**Aid station:** Well stocked with cake, treats, water, juice and cola.

**Bag drop:** There will be a small area for your bags, but most runners tend to use their car.

### Doing our bit:

We will not be supplying any plastic cups, instead we ask all runners to bring their own named bottle or cup which can be replenished freely at the water station. If after the event any runners or spectators have anything to dispose of, please please could you take it home with you!