

RunBelievable Challenges

Summer Party 2024!

Saturday 27th July 2024 9.00AM

Welcome to the Summer Party 8 hour Challenge event!

Please ensure you read the little paragraph about going “cupless” and our zero waste vision. Our basecamp has moved to Boonies - details below.

Location :

Betteshanger Park Sandwich Rd, Deal CT14 0BF

Registration :

Will be open from 8.30am. Race briefing at 8.55am. Please bear in mind the park only opens at 8.00am the same time we can get in! Please try and allow us sometime to set up before you arrive.

[More info about this event can be found at our website here.](#)

Weather : Sunny intervals with a gentle breeze highs of 20 degrees.

Getting there : If you are using the Thanet Way A299 please be aware that there is a contraflow in place both ways around the Chestfield tunnel. The park only opens up at 8.00am so please try not to arrive too early to give us a chance to get in and set up. We need to try and avoid congestion getting into Betteshanger and around the registration area. Parking is at the overflow car park, basically the furthest car park away from the entrance, there is a video on our website. Basecamp will be at Boonies a short walk from the overflow carpark.

Course : We're going to be flexible with deciding the route! Mainly as it will depend on the conditions on the day. But the A plan is a 4.37 mile route, due to the military event taking part at the same time the course will have a turnaround point at halfway to avoid the congested area being used but this will mean you will have to run in single file at some points. Other than us and the military event the park is closed so there should not be any other people around the route.

The surface is a high quality gravel surface in the main with the odd patch of potentially muddy bits if they're wet but overall it's an excellent running surface and should produce some fast times.

There are slopes rather than hills, so it's not totally flat, each loop has maybe 60 feet of elevation rise, but there are some lovely woods to run by, ponds, grasslands, wetlands and some wildlife to spot too!

The route is suitable for either road or trail shoes.

Time Limits : You have a hard 8 hour time limit. (You must have finished within 8 hours)

Parking: There is lots of parking available, which is located at the very far end of the car park, you will drive up a slope to get to this. Please do use this carpark as there is another event on. We will be located at Boonies a short distance from the carpark. Please note parking is now paid on site at machines close to the visitor centre. **This must now be paid before you leave the park there is no option to pay online or when you get home** (Currently £5.50 for 3+ hours).

Toilets : There are toilets and showers located in the middle of the visitor centre, there are also more toilets next to the Lamp room

Numbers : You'll pick this up on race day from the race base camp. (Any elite SVN runners please could you bring your elite number)

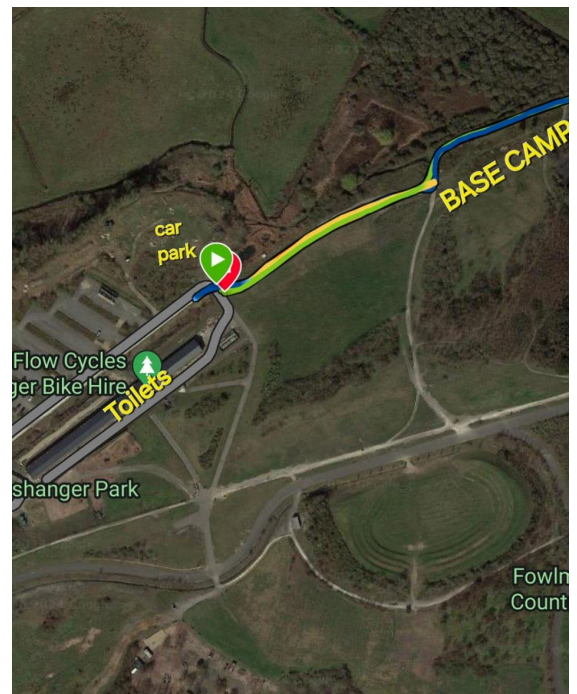
Lap Counting : You will be given a lap card when you register, our clippers will clip this for you after every lap.

Runbelievable/SVN miles : Any miles run with us will also count towards your SVN mileage as well as contributing to the RunBelievable club. And for those of you who have earned an elite number through SVN, never fear you can still use it with us too! In fact we ask that you do bring your elite number.

Aid station : We will have an aid station with treats and goodies and jugs of water, juice or cola to refill your bottles. There will be limited room on our tables to leave your drinks but you can leave your stuff in the bag drop area.

Bag drop : There will be a bag drop area on site at Boonies.

Doing our bit.... Our plan for our events is to be 100% rubbish free. We will be completely "cupless" which means we will not be supplying any bottles or plastic cups, instead we ask can all runners bring their own named bottle or cup which can be replenished freely at the water station. **If after the event any runners or spectators have anything to dispose of, please please could you take it home with you!**



We are really committed to this and believe together we can all make a difference, so we thank you all in advance for helping us eliminate waste and plastic usage!