

# RunBelievable challenges

## The Runway 24 hour challenge

Saturday 4<sup>th</sup> October 2025 - 8am start



**24 Hour  
Challenge**

### Location:

Manston Rd, Ramsgate  
CT12 5BQ (Map  
What Three Words -  
Ambitions, Winners,  
Outdoors

### Registration:

From 7am

### COURSE DETAILS

The course will start from the control tower, you will then follow the course signs around the perimeter of the airport before joining the top of the 2752 metre runway. After this you will then follow the signs back to base camp and that's a lap.

### Weather

Highs of 18 degrees, dropping to 10 degrees at night. Small chance of rain.

### Parking

On arrival through the final gate, drive straight to the control tower and you'll be shown where to park.

### EVERYTHING ELSE...

**Toilets:** There are toilets in the control tower.  
**Getting there:** No issues that we are aware of.

**Time Limits:** You'll get a 24 hour time limit, start is 8am on Saturday, cut off is strictly 8am on Sunday.

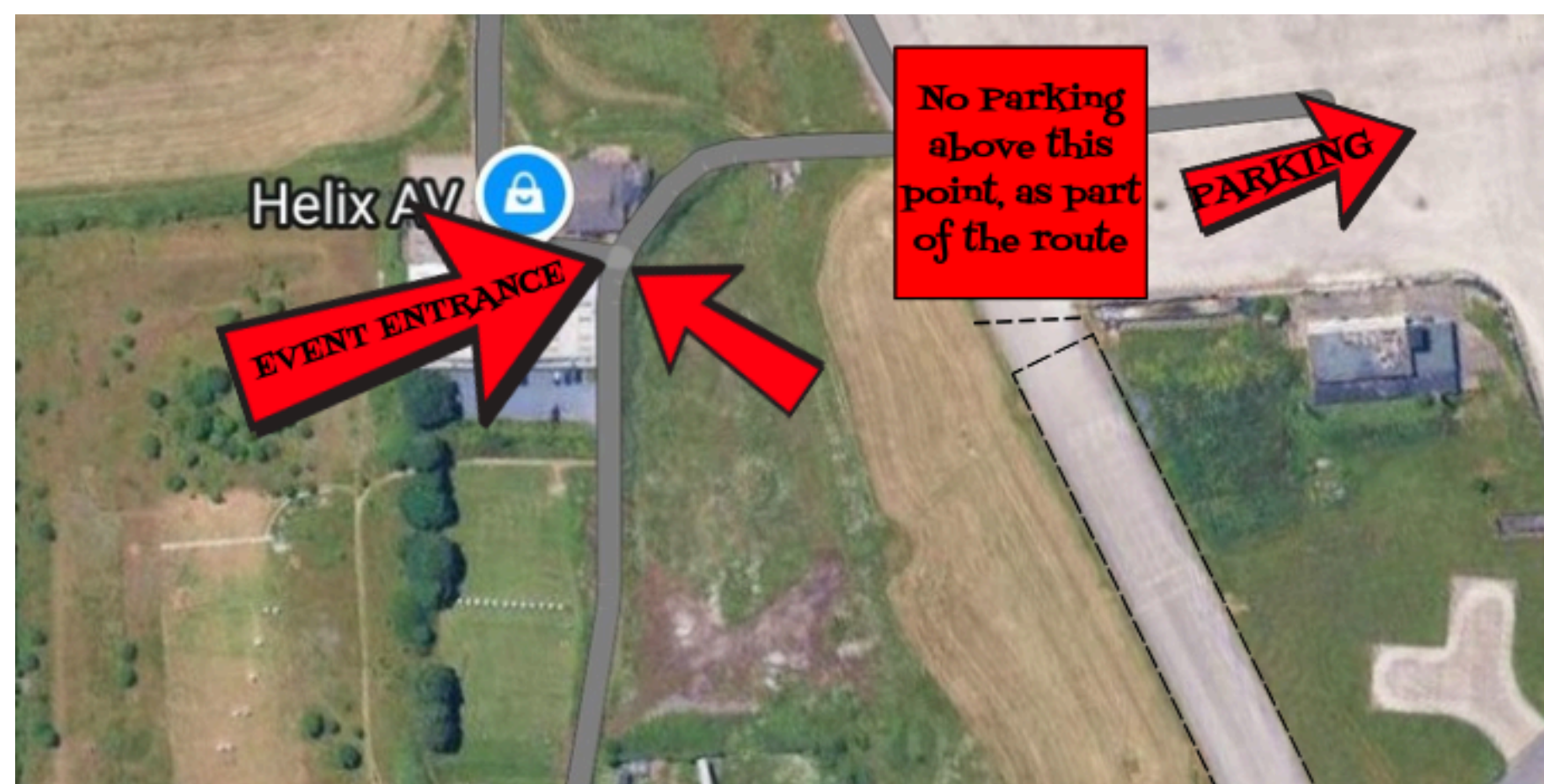
**Numbers:** These will be picked up at base camp on race day.

**Lap counting:** You will have lap cards which will be clipped after each lap. Once a lap card is full (10 laps), you'll pick up another one.

**Aid station:** Well stocked with cake, treats, water, juice and cola. Warm drinks available through the night.

**Bag drop:** There will be limited room inside. We suggest setting up camp in your car which you can park right by the start.

**Lights:** You will need lights, spare lights and batteries. It will be extremely dark!



### Doing our bit:

We will not be supplying any plastic cups, instead we ask all runners to bring their own named bottle or cup which can be replenished freely at the water station. If after the event any runners or spectators have anything to dispose of, please please could you take it home with you!