



REVISED 04/03/26

Wellness Counselor

Location: The Ring of Hope Wellness Program-Greater Grand Crossing / South Chicago

Schedule: Part Time 15 hrs a week

Reports to: Wellness Manager

Hourly rate: \$30.00 per hour

Overview:

The Wellness Counselor supports our mission of enhancing the mental and emotional well-being of individuals and families in the Greater Grand Crossing and South Chicago communities.

The Wellness Counselor will provide trauma-informed counseling services, conduct assessments, develop individualized treatment plans, and facilitate ongoing counseling sessions. This role plays a critical part in supporting healing, stability, violence prevention, and personal growth for youth and adults impacted by trauma, community violence, and life challenges.

Key Responsibilities:

Client Assessment & Treatment Planning

- Conduct intake assessments to evaluate client needs, strengths, and risk factors
- Develop individualized, goal-oriented treatment and wellness plans
- Maintain accurate and confidential client records in compliance with HIPAA standards

Counseling & Support Services

- Provide individual and group counseling sessions
- Utilize trauma-informed and evidence-based practices (e.g., CBT, TF-CBT principles)
- Support clients in developing coping strategies, emotional regulation, and resilience
- Incorporate violence prevention strategies by helping clients manage conflict, reduce risk behaviors, and build positive decision-making skills
- Address the impact of community violence and trauma through structured therapeutic interventions
- Respond appropriately to crisis situations and provide referrals when necessary

Documentation & Compliance

- Maintain timely documentation of services, progress notes, and outcomes
- Track client progress and contribute to program evaluation and reporting
- Ensure compliance with organizational policies, grant requirements, and confidentiality standards

Service Delivery

- Services may be provided in both on-site and remote settings based on program needs

Qualifications

- Bachelor's or Master's degree in Counseling, Social Work, Psychology, or a related field
- Experience working with youth, families, or underserved communities
- Strong understanding of trauma-informed care and culturally responsive practices
- Ability to work both independently and collaboratively within a team
- Strong communication and relationship-building skills

If you're passionate about helping us build resources to support at-risk youth and families, and committed to making a positive community impact, we encourage you to apply to careers@rohchicago.org. We look forward to welcoming a dedicated and compassionate individual to our team at The Ring of Hope!