

# JULIA



# TEOTONIO

L I P

B L U S H I N G

## WHAT IS LIP BLUSHING?

Lip blushing is another form of semipermanent cosmetic tattooing procedure achieved by depositing pigment in your lips using small needles. Lip blushing focuses on altering both colour and shape to your lips. It enhances the beauty of the natural lip colour, improving the shape and giving the illusion of fullness and lusciousness!

A tiny mechanized needle deposits pigment into the lips which builds layers of colour. This treatment is ideal to neutralize unwanted tones in your lips, restore receding lip lines, and aid with asymmetry. Unlike traditional permanent cosmetic tattoos, lip blushing is an evolved service that's meant to provide natural looking, long-lasting results once healed. Think of a soft tinted lipgloss veiled over your lips..its truly amazing!!

## HOW LONG DOES IT LAST?

Everyone's idea of perfection is different. Some people feel like their lips look better than they ever had, and don't feel the need to come in for a few years, others are obsessed with the look and want to come sooner.

Depending on your skin, health, and if you come for touchup refreshers, your tattoo will last from 2-5 years. However most clients seem to want a touch up at the 2 year mark.

**\*NOTE\* There are some factors will cause your semi-permanent tattoo to fade faster:**

- Oily skin
- Retinol or Vitamin C
- Iron deficiency
- Sun exposure
- Exfoliants
- Smoking
- Exposure to salt water/chlorine pools

## BOOKING THE APPOINTMENT

In order to ensure your appointment is secure, I require a \$200.00 deposit which is paid by bank transfer prior to the appointment date. This is then deducted from the final price. Consent forms will be emailed to you which must be completed and brought with you to the appointment. You can also sign it electronically and send it back via email. The session could be cancelled if you do not choose to sign the consent form.

**\*NOTE\* Consultations happen on the same day as your booked appointment**

## WHAT HAPPENS AT THE APPOINTMENT?

Please arrive 5 minutes before your treatment time. Late arrival can lead to your treatment being postponed to another day to avoid upsetting other clients who may be waiting for their appointments after yours.

Once you arrive, I will be going over your consent form with you to make sure we have covered everything necessary before the procedure. I will be cleaning up your lip area with sterile wipes and place numbing cream on the area so it can soak up for 20 minutes or so. We can take that time to talk about the procedure, what to expect, and talk about shape, colour, and downtime/healing time.

I pride myself on creating comfort for my clients and understand it can be a mix of nerves/excitement. I will not begin the procedure until we both agree 100% on shape and colour. I then begin Lip Blushing with a sterile 1 liner tattoo needle. I line the edges first and proceed in filling and diffusing the colour over the lips for a few passes. (I numb the lips with each pass)

I use a regulated semi permanent makeup high quality pigments, specially manufactured for modern PMU procedures. It creates a more natural looking result, unlike traditional carbon-based tattoo ink which produce harsh results that would age to an unappealing colour.

## DOES IT HURT?

It is slightly uncomfortable but completely bearable. Most clients report a discomfort of about 4-6 out of 10. The tattooing process lasts about an hour. I use an excessive amount of numbing cream to help with comfort, and the technique is extremely gentle. There are certain spots on the lips where clients feel more sensitive...usually the center of the lips. If you are nervous about pain, you may take 1-2 Tylenol 30 minutes before your appointment.

**\*NOTE\* DO NOT take Advil or drink a coffee before your appointment. Coffee and Advil will thin your blood, and cause unnecessary excess bleeding which could make you more sensitive during the procedure.**

## CAN I GET LIP BLUSH IF I HAVE DARK/COOL TONED LIPS?

Absolutely! Just note that with dark/cool toned lips, your first session, I will have to colour correct your lips to cancel out the cool tones. This means the initial colour I tattoo WILL BE ORANGE! If I was to tattoo any other colour, you risk darkening your lips further or having absolutely no results at all.

Once you heal in 6 weeks, most, if not all of the darkness in your lips will be covered and your lips will have a nudey-pink even tone.

**\*NOTE\* Results cannot be guaranteed and lightening or evening out dark lips may take a few sessions.**

## WILL THIS PROCEDURE TRIGGER COLD SORES?

Because tattooing causes trauma to the lip, there is a high chance this procedure can trigger cold sores for clients that carry the herpes simplex virus. A cold sore outbreak can alter the healed results of the tattoo. To prevent cold sores from flaring up, it is necessary to get either Valtrex or Zovirax, or any other antiviral medication prescribed.

**\*NOTE\*** It is very important to take said prescribed medication 5 DAYS PRIOR to the procedure, DAY OF, and 5 DAYS AFTER.

If you do not have any known history of the herpes simplex virus, it is still wise that you take L-lysine just in case. L-lysine is a natural amino acid supplement that helps boost immunity and strengthens the body against any potential chances of an outbreak. It also can shorten healing time :)

**\*NOTE\*** If the skin around the tattooed area breaks into a heat rash, or small pimples, this is usually a reaction to the numbing solution and should go away on its own in a couple of weeks.

## CAN I STILL GET LIP BLUSH IF I HAVE LIP FILLER?

Absolutely! to be honest, the two combined look absolutely amazing!! Having Lip filler does not interfere with the process of tattooing lips or the results. However, Lip filler and Lip blush appointments MUST be at least 4 WEEKS APART from each other.

## IS THERE A DOWNTIME?

Like many cosmetic procedures, there is always a downtime, and Lip blush is no exception. DO NOT BE ALARMED on how your lips look during this process. BE PATIENT and TRUST IN THE PROCESS!!



Initially when you leave your appointment with me, the colour of your lips will appear intense and you will experience some mild swelling. As the days go by, you could experience some soreness, tingling, itching, light scabbing, light brushing and dry tightness.

Ice packs are a nice relief for swelling and bruising. Aftercare ointments work well for scabbing and tightness.

Lips can appear TOO DARK and SLIGHTLY UNEVEN. After about 2-7 days, the darkness will fade, and once any swelling dissipates, unevenness usually disappears. Colour change can happen a few times during the process as well as colour loss. The colour will lighten as you heal and sometimes seem to disappear in places. DON'T PANIC!, this can all be addressed at the touch-up appointment.

**\*NOTE\*** Adjustments can and will be made during the touch-up appointment, this is a 2 STEP PROCESS which is why touch up appointments are necessary.

The procedure area has to heal completely before we can address any concerns. Healing takes about 4-6 weeks.

## WHAT CAN I EXPECT ON MY JOURNEY OF HEALING?

**EVERYONE HEALS DIFFERENTLY** there are no guarentees on how your journey will be, however most common experiences are as follows...

### DAY 1:

\* Lips will be swollen and intense in colour. They will darken & change. About 5 hours later, the swelling will start to subside. Lips will be tender to the touch and the sensation will feel off.

### DAY 2:

\* Lips are tingly, some experience a feeling of numbness. Lips are extremely dry. Edges could be more sensitive. Lines will begin to appear from lips deflating

### DAY 3:

\* Lips are extremely dry and tight. Scabs begin (keep them hydrated)

### DAY 4: ( this is the grossest day..lol)

\* Lips are in super crust mode. Some peeling and splitting. The colour underneath might appear , or there could be no colour

### DAY 5-7:

\* Extreme dryness (keep them constantly hydrated). Very sensitive

### DAY 8:

\* Lips are dry, flaky (tightness throughout, they may crack)

### DAY 10:

\* This usually is the first time your lips wil feel NORMAL but still dry. Apply Lip balm frequently

### DAY 14-21

\* Dryness will start to subside. Colour begins to BLOOM

\* Lips begin to feel the way they do before the procedure

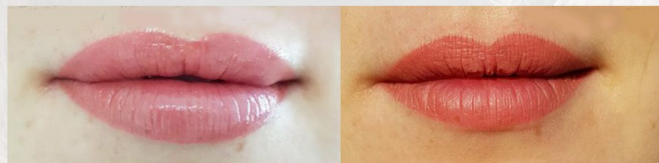
### DAY 30

\* The colour comes through

\* Your feeling great! Lips look beautiful!

I have a visual below on the stages of healing..

IMMEDIATELY



A FEW HOURS AFTER

DAY 2



DAY 3

DAY 4-8



DAY 10

Honestly, the journey to get there might not be the best, but the end results are truly beautiful!! Its a great alternative to filler, it creates such soft ,pretty, full looking lips in a natural way..and it lasts longer!! IT'S SOOO AMAZING!!