



**MetroWest**  
Free Medical Program



# ABOUT US

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Established in 2004, by volunteer medical providers who saw the gap in medical care for under/uninsured neighbors, a weekly clinic was held at Congregation Beth El in Sudbury MA. Our founders expected the need to be temporary.

For over 20 years, the need has not only persisted, it has grown. Currently operating in leased space in Marlborough MA.





# WHO WE ARE

## MetroWest Free Medical Program

- We provide free, high-quality medical care to uninsured and underinsured individuals in the MetroWest region.
- We are an entry point to the health care system providing immediate health related care and connections to other health resources.
- Our volunteer-driven model ensures access to essential healthcare services, addressing gaps in the healthcare system and improving community well-being.

## Service Delivery Locations & Schedule

- Clinics operate in the MetroWest region, in Marlborough and Sudbury.
- Evening clinic hours ensure accessibility for working individuals.
- General Medicine 3 Tuesday evenings/month; Women's Health 3 Thursday evenings/month; and Vision on 1 Monday evening per month
- Patients are seen on an appointment basis. Waitlists for services are currently **six months or longer** due to high demand.

**General Medicine:** Provides free primary care services for uninsured and underinsured patients, addressing acute and chronic conditions, preventive care, and health education. Volunteer physicians, nurses, and medical professionals offer compassionate care to help patients manage their overall health.

**Women's Health:** Specializes in free gynecological and reproductive health services, including routine exams, breast and cervical cancer screenings, family planning, and menopause support. The clinic is dedicated to improving women's health and well-being through accessible, high-quality care.

**Vision Care:** Offers free eye exams, screenings for conditions like glaucoma and diabetic retinopathy, and prescription glasses for uninsured and underinsured patients. Volunteer optometrists and ophthalmologists work to ensure that patients have access to essential vision care.



# OUR STAFF IS PRIMARILY VOLUNTEER

We have six (6) part-time staff:



- Executive Director
- General Medicine Clinic Coordinator
- Women's Health Clinic Coordinator
- Vision Clinic Coordinator
- 2 Schedulers



Our annual headcount budget is: \$186,000

Volunteers total nearly 100:

- 18 Physicians
- 6 Nurse Practitioners
- 4 RNs
- 3 Vision Associates
- 10 General / Admin volunteers
- 1 Pharmacist
- 27 Interpreters
- 30 Medical Scribes

2024 Volunteer Hours: 3751

# OUR PATIENTS

## Patient Visits in 2024:

- 671 General Medicine
- 449 Women's Health
- 112 Vision

## Patient Visits in 2023

- 537 General Medicine
- 483 Women's Health
- 141 Vision

## Patient Visits in 2022

- General Medicine
- Women's Health
- Vision

72% Identify as female  
28% Identify as male

Average Age 37.9 years old

## Primary Language:

- 89% Portuguese
- 7% Spanish
- 2% Haitian Creole
- 1% English

## Residence

- 30% Marlborough
- 36% Framingham
- 34% Other MetroWest towns



# 2024 FINANCIAL HIGHLIGHTS

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## Expenses

Salaries \$186,000

Occupancy \$23,678

General Admin \$15,500

## Our Generous Sponsors

### Include:

Cummings Foundation

MetroWest Health Foundation

Mutual One

Mass Medical Society

Astra Zeneca

The Sudbury Foundation

Ezra Cutting Foundation

Marlborough Brigham Trust

Triton Financial

Harvard Lions Club

Modular Concepts

Framingham Union Aid Association

MetroWest Women's Fund

# OUR IMPACT

*The MetroWest Free Medical Program plays a vital role in strengthening the greater community by providing accessible, preventive care that helps reduce unnecessary emergency room visits. By offering free medical and behavioral health services to those without insurance, we address health concerns early—before they become crises. This not only improves individual health outcomes but also eases the burden on local hospitals and emergency departments, helping to create a more efficient and equitable healthcare system for all.*



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# CONTACT US



General Medicine:

508-656-0740 (EN)

508-656-0741 (POR + ES)

Women's Health Clinic: 508-656-0834

Vision Clinic: 508-656-0885



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[www.metrowestfreemedicalprogram.org](http://www.metrowestfreemedicalprogram.org)