



Wildwood Farm CLIPS & CLOPS Oak Harbor

AUGUST 2019

YOUR NEIGH-BORHOOD HULLABALOO

IN THIS ISSUE

Can Horse Wormer *Cure* cancer?

by Heather Carder, Wildwood Farm

At a lab on the edge of the Johns Hopkins University's East Baltimore medical campus, researchers grow tumors on mice so they can try and cure them. But one day, the cancer wouldn't grow. They tried again and again for months. Figuring there must be something different about this batch of mice, they finally discovered the rodents had been given a drug to prevent pinworm. The pinworm drug had shown signs decades ago that it could interfere with cancer, yet no one ever explored why and whether it could be used to treat the disease.

Reviewing medical literature, they learned the parasite medicine — Fenbendazole — could inhibit cancer growth. The drug was developed in the 1960s and is used routinely to treat a variety of parasites in animals and people with few negative effects. Researchers believe the parasite drug also helps obstruct tumors by inhibiting formation of strands of tubulin, proteins needed by cancer cells to grow.

Fenbendazole is a drug used typically for animals and is labeled to kill worms such as roundworms, hookworms, whipworms and some tapeworms and is found under numerous brand names such as Panacur or Safe-Guard.

Even more telling is the story of a man named Joe Tippens who had small cell lung cancer; he created a blog about his self-treatment and he wrote that he successfully treated his cancer with Fenbendazole and is now cancer free. On his website Mr. Tippens reports his experience and the experience of other cancer patients experiencing benefits while using Fenbendazole, including 2 cases of 4th stage pancreatic cancer, prostate cancer, brain cancer, colorectal cancer, non-small cell lung cancer, melanoma and colon cancer. Joe Tippen's blog is:

<https://www.mycancerstory.rocks/single-post/2016/08/22/Shake-up-your-life-how-to-change-your-own-perspective>.

On the website www.nature.com a paper was published in August of 2018 titled "FENBENDAZOLE ACTS AS A MODERATE MICROTUBULE DESTABILIZING AGENT AND CAUSES CANCER CELL DEATH BY MODULATING MULTIPLE CELLULAR PATHWAYS"

This paper concludes the following:

- The results suggest that fenbendazole is a new microtubule interfering agent that displays antineoplastic activity and may be evaluated as a potential therapeutic agent because of its effect on multiple cellular pathways leading to effective elimination of cancer cells.
- In this paper the authors cite potential anti-cancer mechanism associated with fenbendazole including disruption of microtubule function and proteasomal interference, but it was also associated with blocking the glucose intake by cancer cells (by reducing the expression of Glut-4 transporter as well as hexokinase) and thus starving cancer cells.
- Fenbendazole has shown to affect the the growth of human lymphoma cell when combined with Vitamins and particularly Vitamin E as well as CBD oil.

Because humans can safely take up to 500mg per day for 10 consecutive days I say the least that could happen is you have a worm-free body!

The full PDF paper from Nature is available on our website www.wildwoodfarm.com

THE TILES ARE STACKING UP!

Guests to our farm have been working hard at Paint Your World in Oak Harbor this summer to help us create our tile installation for the south wall of our large indoor arena. We have almost 35 tiles already! A reminder to head down to Paint Your World on Pioneer Way in Downtown Oak Harbor, tell them you are there to paint a Wildwood Farm Tile (\$5.00 charge or get a coupon from your instructor) and then get creative! We want you to be a part of our farm forever, so get busy!

Paint Your World




Paint Your World

86o SE Pioneer Way in Historic Downtown Oak Harbor

Mon-Tue 12:00pm – 6:00pm

Wed-Sat 11:00pm– 7:00pm

Sun: 12:00pm – 6:00pm

Equestrian Vintage Collection



Along with the newly-formed Urban Equestrian, Noble Horse Gallery companies has a quickly growing Vintage division dedicated to unique finds from the equestrian world and has one of the largest vintage equestrian offering in the country. Our Vintage collection is meant to inspire in you the beauty and elegance of the English

Equestrian lifestyle, one filled with tailored looks and textural fabrics, seeped in tradition from the Victorian era to modern day high fashion. Timeless and sophisticated, we hope

you find the perfect item that will transport you or your home with the unique Equestrian style.

With a very successful Etsy shop (www.etsy.com/shop/thenoblehorsevintage) and a dedicated vintage website we have a loyal following of customers and ship our vintage finds all over the world to collectors and other antique shops. Our vintage collection is also a hit at the horse shows we attend and always draws a lot of attention. We add new items every day so be sure and check us out on social media too!

www.thenoblehorsevintage.com



The horse's closest relative is the rhinoceros

While humans have just 3 ear muscles, horses have 10. This means they can move their ears 180 degrees and can single out a special area to listen to. They also use their ears to communicate with other horses –as well as humans!

Q: What street did the horse live on?

A: Mane Street.

Q: How much money did the rodeo bronco have?

A: A buck

Q: What did the race horse order from the bakery?

A: Thoroughbred.

Q: How did the horse riding instructor decide to get more customers?

A: He was going to stirrup some interest.

DID YOU KNOW?

Horses experience REM (Rapid Eye Movement) during sleep, which means they most likely dream.



WHAT IS THE BEST TYPE OF STORY TO TELL A RUNAWAY HORSE?

A TALE OF WHOA!

Horses have a strong band of muscles around their esophagus. The band is so strong that a horse's stomach would burst before it would vomit.



The fastest recorded sprinting speed of a horse was 88km or 55 MPH.

WILDWOOD FARM B&B



Beautifully Appointed Rooms with Equestrian Themes paying tribute to the iconic stallions that stood at Wildwood Farm



CAPT. DON
Major stakes winner of \$353,723



GALLANT BEST
Major NY Stakes winner of \$248,963



PIRATEER
Stakes winner of \$108,463

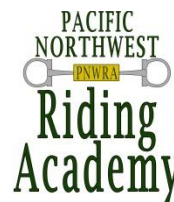


HANDSOME ONE
Major stakes winner of \$387,575

Book online at www.wildwoodfarmbandb.com

WILDWOOD FARM HAS IT ALL!

PACIFIC NORTHWEST RIDING ACADEMY



You can trust your education to Pacific NW Riding Academy

Our instructors have years of experience not only with teaching students but with truly understanding their equine partners. Every horse is treated with love and respect, and every student learns not just riding skills but the additional responsibilities working with horses requires.

Learning to Ride develops other important skills

Not only is riding great physical exercise, it helps to develop other skills such as teamwork, communication, responsibility and attentiveness. Horses bring out the best in their human partners through honesty and integrity – qualities that cannot help but reflect back the more you are around them.



WWW.PNWRiding.com

COLORING CONTEST!

Please Turn in your entries in by August 30th



Coloring Contest is open to all children under age 12

Name: _____ Age: _____

Instructor/Parent: _____

Phone/Email: _____

The winner will be announced in our September Newsletter and will receive our BRAND NEW Wildwood Farm Coloring Book and a set of colored pencils

Does your horse have Leaky Gut Syndrome?

How to tell if your horse has gastric discomfort and what you can do about it.

Wouldn't it be nice if your horse could tell you how she/he was feeling? Instead, you're left trying to guess whether colicky behavior might be just a bad mood or a sign of something more serious.

WHAT IS LEAKY GUT SYNDROME?

If your horse hasn't been acting himself/herself lately they could be suffering from Leaky Gut Syndrome (LGS). In a healthy horse, the digestive system only allows healthy molecules to cross its barrier – all other external matter is kept out. In LGS the gastrointestinal tract is compromised and therefore allows pathogens to cross the intestinal barrier and leak into the bloodstream, resulting in inflammation and impaired gut function. A small leak can make a big difference!

COMMON SYMPTOMS

Symptoms of LGS are uncomfortable and sometimes painful. They include:

- Changes in personality of behavior
- Allergies and/or Diarrhea
- Colic and/or Weight Loss
- Coat & Hoof Problems

LGS can be caused by a variety of factors including pain medications and antibiotics, deworming, toxins and parasites -but unfortunately there is no consistently reliable test to confirm the presence of LGS. In the meantime you can provide symptom relief by giving your horse feed with ingredients that act as a diarrhea treatment. All Triple Crown feeds contain the EquiMix digestive aids, but now they also contain ButiPEARL Z EQ – encapsulated pearls of butyric acid and zinc that help keep pathogens from crossing the intestinal barrier and specifically addresses LGS symptoms, the first national brand to contain this ingredient in all its feeds.

WILDWOOD FARM AND TRIPLE CROWN FEEDS.

Our partnership with Triple Crown began in 2014 through a promotion with the USEF encouraging farm members to compare their current feeding programs with Triple Crown products. We have found the TC products to be superior over other products primarily because of the Equi-mix technology and the research support of a leading edge team including independent representatives of Equine Universities, Medical clinics and top level riders and trainers.

Meet French Dancer...

French Dancer came to Wildwood in the fall of 2003, October 1 to be exact. A local thoroughbred breeder learned that the farm had been purchased and came to visit us, offering three beautiful brood mares so we could start our breeding program. French Dancer was only 4 years old at the time and quite pregnant with her first foal; the sale agreement was that we could keep her but her foal would go back to her original owner. French Dancer could not race due to a leg injury when she was young, but boy could she produce some amazing foals! Her first foal, Patrick, was a bright chestnut TB colt who went on to win a stakes race at Emerald Downs when he was 3. Her 2nd foal, Lutorus, was born in 2006 and sired by a lovely Hanoverian stallion named Libero Star. Lutorus went on to become a very talented Jumper. Lutorus was so stunning we bred her again in 2006 to Libero Star and in 2007 Domatilla was born, a lovely filly that was gentle and kind and huge – Tilly went on to become an eventing horse in Oregon. In 2007 French Dancer was bred to a stunning Akhal-Teke horse named Super Star and she had a stunning filly in 2008 that we named Zendancer. (she passed unexpectedly in 2010). In 2008 she was bred to a gorgeous bay Andalusian stallion named Escogido XXV imported from Spain



and in 2009 had a beautiful colt we named Cedric, who was purchased back by the stallion owner as a Western Dressage horse. In 2010, her final breeding year, she was bred to an imported Irish Draught named Ofally and in 2011 had a beautiful chestnut filly we named Fallon who went on to become a very talented hunter. French Dancer is not only registered with the Jockey Club, but also with the American Warmblood Society where she received the Red Preferred status at inspection with a score of 75.4. Today at age 20 she lolls around in the big field with Luna and Babe, retired from breeding. She appreciates her human caretakers but is very wary of strangers and can appear aloof at times, although she is kind, intelligent and more beta than alpha in the herd.



Domatilla
French Dancer X Libero Star

THE INTERVIEW

With Susan & Apaladin Durr

What is your idea of perfect Happiness?

S: Being in Heaven

A: Being with my people

What is your greatest Fear?

S: I am not a fearful person and can't think of anything I am afraid of.

A: Water puddles

What is your favorite journey?

S: My two trips to Israel because of all the Biblical history there.

A: My 2 trips to Scottsdale where I competed and won Liberty class twice and Stallion halter 8 and over!

Which living person do you most admire?

S: Kim Meder, the co-founder of Chrystal Peaks Youht Ranch in Bend, OR because she has deeply impacted the lives of so many hurting people and rescued many horses.

A: Buck Branaman because he has impacted the lives of so many hurting horses.

What do you most dislike about your appearance?

S: My weight

A: I think I'm hot and wouldn't change a thing!

Which words or phrase do you most over-use?

S: "I don't have time"

A: "Where's my peppermint?"

What or who is the greatest love of your life?

S: Jesus Christ.

A: My People

When and where were you happiest?

S: On Apaladin galloping bareback through the trails.

A: Galloping through the trails

Which talent would you most like to have?

S: I'd love to be able to sing classical music and opera.

A: Spanish Riding School moves like the Piaffe

What is your current state of mind?

S: Answering these questions is making me crazy!

A: Sleeping (its 11:30pm)

If you could change one thing about yourself, what would it be?

S: I'd have more self-discipline

A: No more allergies & hives

If you could change one thing about your family, what would it be?

S: I'd have more grand children

A: More grandkids to come ride me

What is your most treasured possession?

S: A collector's book called The Lily of Life about Queen Marie of Romania. I recently gave it to my daughter Rebecca and her husband Stu for a wedding gift so I guess it's not my possession any more.

A: My lovely pasture by the pond.

What do you regard as the lowest depth of misery?

S: A broken heart

A: Breaking out in oozing hives!

Where would you like to live?

S: Bridle Trails in Kirkland

A: Bridle Trails with my people

What is your most marked characteristic?

S: I love people

A: I love people too

What is the quality you most like in a person?

S: Depth

A: Someone who spends time with me

What is the trait you most deplore in yourself?

S: I dislike exercising

A: I really like myself

What is the trait you most deplore in others?

S: negativity.

A: Mean people

What do you consider the most over-rated virtue?

S: "just follow your heart" attitude. Our hearts can get us in a lot of trouble.

A: Being hard-working, I'd much rather play.

What is your greatest extravagance?

S: Horses!

A: My athletic ability

What is your favorite occupation?

S: Being a mom and a homemaker.

A: Being a comedian & therapist

If you were to die and come back as a person or thing, what do you think it would be?

S: President of the US because I have lots of ideas of how to help this country.

A: A younger version of myself.

Wildwood Farm CLIPS & CLOPS Oak Harbor

2326 Happy Valley Rd
Oak Harbor WA 98277

THE HEALER

An Excerpt from *Honoring the Wisdom of the Horse* by Juli Lynch

My dearest friend on this earth,

As you know the lump that began as a small acorn has grown to the size of the apples in the orchard. It is spreading throughout my body. I'm being well cared for and have probably been given more time than expected. I have a favor to ask. Can you take the bay I have been rehabbing? He is almost 100% now, but will need supportive care for his injury. I know you have the space and I know you will see his wisdom and his grandeur. He has given me so much through this ordeal. He has a heart of gold. I could see him becoming a horse who works with the kids you bring to the ranch. When you see his eyes you will know. He is special. I will wait to hear from you and pray that this will work out.

With deepest Gratitude

The day dawned gray and foreboding the last time I ever saw her. The clouds gathered above my paddock in layers – moving and rearranging themselves as if unsettled and uncertain whether to rain or snow. She came to me slowly. Her scent no longer arrived with her hands. Instead her sadness arrived, matching the mood of the sky. “I hope the weather holds” she said. “Winter wants us bad now doesn't it?” She stood for the longest time just looking at me. I held her gaze and my heart swelled. She stepped into my paddock and pulled my neck to her cheek. “I love you big bay. I'll miss you.” This time I did not pull away. I sighed and lowered my head in gratitude for all she had done for me, and acceptance for all she didn't understand.

The healer was there in tribal times to lay a hand on our wounds, to assist as our foals struggled to arrive, and to ease us into our last breaths. The healer worked in harmony with the gifts of the earth – the plants, the waters, the rocks and the roots. The Healer understood that healing came through time and patience-through causing no further harm, while allowing the herd's own way of healing to be honored and allowed.

Today as humans come into harmony with the herd, the Healer is understanding better our need to heal through natural means – through time and effort and gentler ways of interacting with our bodies. The resources at the Healer's disposal are significant, and therefore, at times, too much. The Healer of today must remember that the environment that surrounds any healing is as critical as the cure.