CREATING AN EFFECTIVE

PERSONAL **BOARD OF** DIRECTORS



Step 1: Define Your Goals

Take a moment to jot down your short-term and longterm career aspirations. What skills or experiences do you think you need to reach these goals?

Support Team

Think about the people in your life whose opinions and guidance you truly value. It could be anyone from your closest friends to someone you admire in your industry.

Step 2: Choose Your Step 3: Reach Out to Your Chosen Ones

> Drop a friendly message or make a call. Let them know you value their advice and support as you navigate your career path. Share why you think they would be a great addition to your personal board!

Step 4: Schedule Some Meetings

Time for a catch-up! Plan a coffee meetup or a virtual hangout with your chosen advisors. The goal is to exchange ideas and gain valuable insights. Remember to consider their advice and apply what resonates with you!

Step 5: Review & Adjust

Take a step back every once in a while to assess how things are going. Are there any adjustments you need to make to your personal board? Don't be afraid to mix things up if needed.

Step 6: Express Your Gratitude

Last but not least, show your appreciation! A heartfelt thank you goes a long way in letting them know how much you value their support and guidance.