2024

PRE-SCHOOL & MINI'S DANCE PROGRAM

PARENT INFORMATION

PRESCHOOL

Our preschool classes are for children aged 3-6.

MINIS

Our mini's classes are for children aged 7-8.

We have been developing the perfect way to introduce the world of dance to a growing mind. We offer a few styles for your preschool aged dancers and all classes are only 30 minutes long.

Within our classes, students will begin to develop their technique, posture and musicality; All while using props, music and their imagination to create a fun and engaging learning environment.

The young dancers attend classes independently. Parents are welcome to wait outside. A teacher or student teacher will bring your child out to you if they need an extra cuddle.







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Available Styles

Ballet

Ballet is the foundation to all styles. We introduce your young dancer to the base ballet skills in an imaginative and engaging class. We dance with magic wands, become fairy's, princesses and princes; all while children start to develop their technique, posture and musicality.

Jazz Magic

Jazz is a fun and up beat style that pairs nicely with ballet. In Jazz classes we learn kicks, jumps and turns to the music from movies they love and is bound to have them begging for more.

Acrobatics

All acro classes have an acrobatic art certified teacher present. Dancers will learn basic acrobatic skills such as cartwheels, handstands, forwards rolls and bridges. Acro is a great way to develop coordination and balance!

Tap

Tap class can be loud and a lot of fun. Students learn about their tap shoes and all the fun noises they can make with them. They develop skills to help them count music and learn how their tapping can add to the music.

Hip Hop

Hip hop can be a little tricky at first but once your dancer gets the hang of it they will love showing you all their moves. Dancers will learn about the fundament hip hop moves; isolations, foot work, floor work and more.





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PRESCHOOL CLASS TIMES (3-5 YEARS OLD)

Mondays

1.45pm- Pre Ballet (3-4 yrs)

2.15pm - Jazz Magic (3-4 yrs)

4.00pm- Test 1 Ballet (5-6 yrs)

4.30pm- Test 1 Jazz (5-6 yrs)

Wednesdays

4.00pm- Acro

4.30pm- Hip hop

5.00pm - Tap

(6-8 YEARS OLD)

Mondays

4.00pm - Test 3 Ballet (7-8 yrs)

4.30pm - Test 3 Jazz (7-8yrs)

MINI'S CLASS TIMES

Wednesdays

4.30pm -Hip Hop

5.00pm -Tap

5.30pm - Acro

Annual Registration Fee

Preschool \$70 (Includes uniform) Mini's \$30

Class Fees

Our classes are \$11 each

We offer packages for dancers who attend 3 or more classes.

Package A- 3x 30 minute classes \$30 per week

Package B- 4x 30 minute classes \$40 per week

Package A- 5x 30 minute classes \$50 per week

Term Dates

Term 1 Monday 29th January-Friday 12th April (11 weeks)

Term 2 Monday 29th April- Friday 5th July (10 weeks)

Term 3 Monday 22nd July- Friday 27th September (10 weeks

Term 4 Monday 14th October - TBC pending concert dates







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Uniform

Preschool Students will receive their 2024 uniform as apart of their rego fee.

Uniform includes a Valley Dance Academy dress.

A T-Shirt is available for male students.

We require our students to wear at least one item of Valley uniform. Other active wear is still welcomed. Students who wish to do exams will require full Valley attire. If a loose top is being worn please ensure a crop top or sports bra is worn underneath for modesty.

Ballet

- Leotard
- Ballet Stockings
- Pink ballet shoes

Jazz

- Crop top, singlet, T-shirt or leotard.
- Shorts or tights, tan stocking.
- Black Jazz Shoes

Tap

- Crop top, singlet, T-shirt or leotard
- · Shorts or tights, tan stocking.
- · Black tap shoes

Hip Hop

- · Crop top, singlet, T-shirt or leotard
- Shorts or tights, tan stocking.
- Hip hop shoes

Acro

- Crop top, singlet, T-shirt or leotard
- Shorts or tights, tan stocking.
- Bare foot allowed for class, Black jazz shoes for performances

Contemporary

- Crop top, singlet, T-shirt or leotard
- · Shorts or tights, tan stocking.
- · Half Ballet Shoes

Shoes

Shoes can be purchased from Flight Dance supplies in East Maitland or Bloch in Charlestown.

Some second hand shoes are available at the studio.

Stockings

Hip hop shoes and Stockings are purchased through Valley Dance Academy.

Hair

- Hair should be neat and tied back for class.
- Hair is required to be in a bun for ballet class
- A small amount of bun packs are available for purchase from the studio.





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Opportunities

End of year concert

All our dancers are encouraged to participate in our annual concert, however, it is optional.

Students who pursue this opportunity get to dance on stage in a special costume and receive a trophy to celebrate their achievement.

Additional fees apply.

Exams and workshops

All classes spend the first half of the year preparing for exams. Exams are a wonderful way to keep dancers motivated and working towards a goal.

We may hold workshops in school holidays as well as travel for conventions/festivals. As these opportunities present themselves more information will become available. Additional fees apply.

FAQS

Date TBC

Can I try a class before signing up?

Yes, we offer a 7 day free trial. This allows dancers to try out any and all classes available. Sign up for a free trial <u>here</u>.

Can I get a refund?

Fees are non-refundable.

Class fees are automatically withdrawn 3 days before the due date from the provided card. Alternatively, you can set up a weekly or fortnightly payment plan.

How do I get started?

You can sign up for classes here

How can I ask more questions?

If you have a question not answered here contact Miss Zoe.

Can parents watch the class?

Parents can watch during the free trial classes. We do ask parents to step out if they are distracting the class.

We understand it can take time for children to trust us. We are happy to work with the parents when dancers require a little more support. Please give us a heads up if you think your child might have a hard time adjusting.





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