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	Mon	Tue	Wed	Thu	Fri	Sat	Sun
9:00am - 10:00am							Women Only
10:00am - 10:30am	No-Gi (All Levels)		BJJ-Gi (All Levels)				Kids—7y and under
10:30am - 11:00am							Kids—8y and over
11:00am - 12:00pm						Open Mat	BJJ-Gi (Basics)
12:00pm - 1:00pm		BJJ-Gi (All Levels)		No-Gi (All Levels)	BJJ-Gi (All Levels)		BJJ-Gi (Adv.)
5:30pm - 6:00pm	Kids—7y and under		Kids—7y and under				
6:00pm - 6:30pm	Kids—8y and over		Kids—8y and over				
6:30pm - 7:15pm	No-Gi (Basics)	BJJ-Gi (Basics)	BJJ-Gi (Basics)	No-Gi (Basics)	BJJ-Gi (Basics)		
7:30pm - 8:30pm	No-Gi (Adv.)	BJJ-Gi (Adv.)	BJJ-Gi (Adv.)	No-Gi (Adv.)	BJJ-Gi (Adv.)		