

Micropigmentation | Microblading

General Rules & What to Expect

Remember, no two sides of the face are the same. Perfection is our goal, but, note that nothing is PERFECT. We do not use the "P" word when doing Permanent Makeup. Sisters, NOT twins is used universally in this field.

1. Absolutely No Sun, sweating, or tanning prior to the procedure or after the procedure for 10 days. Do not have a tan/sunburn on your face prior to your procedure. The tan will exfoliate taking color with it as it fades. If you show up to your appointment with a sunburn, you will be required to reschedule and your deposit will be forfeited.
2. PERMANENT MAKEUP & SKIN NEEDLING WILL NOT BE PERFORMED IF YOU ARE PREGNANT OR NURSING!!!!
3. Do not work out the day of the procedure as the body heat expands the pores. It is recommended not to sweat (heavily) for the first 10 days after the procedure. Sweat is salt and can prematurely fade the treated area.
4. IF YOU USE BOTOX, IT SHOULD BE PERFORMED EITHER 2 WEEKS PRIOR TO YOUR SCHEDULED PROCEDURE OR 2 WEEKS AFTER YOUR PROCEDURE.
5. Avoid direct shower water on the treated area after the procedure. Apply the Vaseline prior to showering to prevent soaps and shampoos from getting on the treated area. Absolutely NOTHING on the treated area..no water, no makeup, lotions, pencil...etc. for 10 days. Apply Vaseline before showering. After the 10 days, use a gentle cleanser to clean them. Avoid scrubbing the treated area for 1 month.
6. Do NOT take Aspirin, Niacin, Vitamin E and/or Ibuprofen unless medically necessary, 48-72 hrs prior to your procedure. Tylenol is fine.
7. Avoid sleeping on your face during the 1st 10 days after the procedure.
8. You MUST be off Retin-A or Retinols for 7 days prior to your appointment and avoid using on or around the area for 30 days after. If used before 30 days, it can cause the pigments to fade prematurely. If you resume the Retin-A or Retinols after the 30 days, please know that the continued use will fade your permanent makeup
9. If you have oily skin, your results WILL appear softer (eyebrows can look solid) in appearance and may require additional procedures.
10. Dark Skin types please note that your permanent makeup will not appear as bold as lighter skin types. (Indian, African American, Filipino, etc.)
11. Avoid alcohol or caffeine prior to the procedure, this will minimize any oozing or swelling after the procedure.
12. Getting a procedure while on your menstrual cycle can make you hyper-sensitive at the procedure site.

13. If there are any blemishes, pimples, active cold sores, irritation of the skin of any kind, moles or other skin imperfections in or around the area of the procedure, Crystal WILL NOT be able to do the procedure until the blemish or area of concern is gone or the mole is removed and healed.
14. No swimming until the area is completely healed, salt water/chlorine can cause the pigments to fade or change in color. It is recommended to apply the Vaseline to the treated area/s prior to swimming even after healed to prevent the chlorine water/salt water from penetrating the area.
15. **Only touch the treated areas with squeaky clean hands. Apply Vaseline, Bacitracin/ A&D Ointment or Neosporin with a Q-tip. This is a must..we do not want an infection.**
16. DO NOT RUB, SCRATCH OR PICK AT THE TREATED AREA. Let any scabbing or dry skin naturally exfoliate off. Picking can cause scarring.

The path to gorgeous brows is very personalized and individualized, not all results are equal. Healing following your procedure is a journey. Just know it's **completely normal** for you to experience all the stages of healing.

- It's going to get crazy-dark the first few days
- It's going to then lighten up and possibly scab up, keep applying Ointment



- It's going to look weird and blotchy. And, it's ALL OK!

