

## *Pre- Microblading Information*

### **Here are some important things to know before your appointment**

(The procedure includes 2 Appointments)

Please inform of any prescription medications you are on

#### **1. First Procedure: 3 hours**

We will spend the first 60-90 minutes perfecting your shape in pencil before I ever make a stroke.

At the conclusion of your appointment, the brows will look great, but stroke placement will be slightly sparse, as we will use the strokes in the first appointment to understand how the pigment settles in your skin – does it spread, does it fade, etc. Your appointment will take (on average) 2.5 hours - 3 hours.

#### **2. Final & Second Procedure: 2 hours- Approximately**

6-7 weeks following the first procedure, we will assess how the pigment settled in your skin and make any adjustments necessary – color, shape, as well as fill in any extra strokes for a fuller more 3-D brow.

Your final outcome will not be determined until 4-6 weeks following your Final Procedure.

#### **On the day of Procedure:**

- Do not drink alcohol, caffeine or take any recreational drugs on the day of your procedure.
- Do not take Aspirin, Niacin, Vitamin E 24 hours before your procedure
- Enjoy your shower and fix your hair – you won't be able to get your brows wet for up to 2 weeks or 10 days ..

#### **One Week before Procedure:**

- Do not take garlic, turmeric, or omega3 (fish oil) 1 week prior
- Do not have intense sun exposure 7 days prior
- No tweezing, waxing, or threading 7 days before treatment

#### **One Month before Procedure:**

- Stop any Retinol, Retin-A, Alpha or Beta Hydroxy, Tretinoin, or other exfoliant boosters in the treatment area
- Absolutely no chemical peels, dermabrasion, laser or any other intense treatments in the brow area
- Get Botox either one month before the procedure or 3 weeks after touch-up – the period between is a no-Botox zone