CREATIVE, PROCESS-BASED PROGRAM DESIGNED TO SUPPORT ADOLESCENT DEVELOPMENT
THROUGH VISUAL ARTS AND TRANSFORMATIONAL SOCIAL-EMOTIONAL LEARNING

4-Week INTRODUCTION
Wednesdays 3:30pm – 4:30pm
Thursdays 3:30pm – 4:30pm

- **Session A - WED**
- **Session A - THURS**
- **Session B - WED**
- **Session B - THURS**
- **Session C - WED**
- **Session D - WED**

8-Week Pathway
Tuesdays 2:30pm - 3:30pm

10/20/26 - 12/15/26
FALL
in-person session
2pm - 3:30pm

02/02/27 -- 03/23/27
WINTER/SPRING
in-person session
2pm - 3:30pm

12-Week Pathway
Thursdays 2:30pm - 3:30pm

03/11/27 - 06/03/27
SPRING only
in-person session
2pm - 3:30pm

Expressive Self Arts & Wellness Youth Pathways
www.expressiveselfcoaching.com
sarah@cerasart.com
562-505-7054

2026

AUGUST

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

SEPTEMBER

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

OCTOBER

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

NOVEMBER

S	M	T	W	z	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	~~23~~	~~24~~	~~25~~	~~26~~	~~27~~	28
29	30					

2027

DECEMBER

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	~~21~~	~~22~~	~~23~~	~~24~~	~~25~~	26
27	~~28~~	~~29~~	~~30~~	~~31~~		

8th - 12th GRADE STUDENTS

Select Charter School PO Funding & Private Pay Accepted

Learn More

JANUARY

S	M	T	W	T	F	S
					~~1~~	2
3	~~4~~	~~5~~	~~6~~	~~7~~	~~8~~	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

FEBRUARY

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

MARCH

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	~~29~~	~~30~~	~~31~~			

APRIL

S	M	T	W	T	F	S
				~~1~~	~~2~~	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

MAY

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

JUNE

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Version 09/2026