

Concierge Behavior Therapy Certified PCIT Providers

Setting up for I-PCIT Sessions

Setting up Zoom

• Family must download Zoom or appropriate video conferencing app to all devices prior to session (it is free, and families do not need to create an account).

• Make sure all devices are fully charged before session.

• Click on the link from therapist to join the Zoom session.

 \circ Make sure to give Zoom permission to access the camera and microphone on the device so the therapist will be able to hear the family.

• If a second caregiver is involved and will be observing, make sure the second caregiver also has the Zoom app downloaded on their phone and also has a headset/earphones available.

 \circ During coaching with first caregiver, second caregiver will turn off video and audio while observing so child cannot see or hear them and be distracted.

Setting Up Audio

• If using a Bluetooth/wireless headset, make sure to pair the headset with the device BEFORE joining the Zoom session.

• When joining, select Bluetooth/wireless headset as audio preference.

• To switch from device audio to Bluetooth/wireless audio, click the arrow next to the mute/microphone button, then select the Bluetooth/wireless headset under both microphone and speaker.

• To switch from Bluetooth/wireless audio to device audio, just turn off the Bluetooth/wireless headset.

If needed, some wireless headphones options for IPCIT are:

- https://www.amazon.com/dp/B085XS92L3/ [amazon.com]
- <u>https://www.amazon.com/gp/product/B07TPM3YXH/ [amazon.com]</u>
- <u>https://www.amazon.com/gp/product/B07RDLBHGC [amazon.com]</u>
- https://www.amazon.com/gp/product/B07R5QJF48 [amazon.com]
- https://www.amazon.com/dp/B088GPNCMR/ [amazon.com]

• If using a separate device (e.g., phone) with a wired headset, join the zoom call by phone.

 \circ Open the Zoom meeting invite in the email, scroll down, and click "one tap mobile." It is not necessary to enter a participant ID, just hit the # key when prompted.

Video Placement

• Ensure camera is angled so the therapist can clearly see the parent and the child playing with the toys.

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