



"To become the best version of myself"

Self Coaching

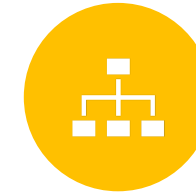
a powerful tool towards Leadership Development



Duration & Design :10 hours (2 hours X 5 session) with upto 5 hours of self work assignments in between sessions and offline support .



Session Outcome - Learn to coach self and take control of your own thoughts ,experiences and behaviours , hence design your life ahead.



Methodology - A combination of group and one on one coaching .



Additional benefits - The certificate can be added towards ICF Certification , 10 CCUs will be honoured .



Investment - INR 10000/- (Ten thousand only)

Self Coaching - A Powerful Tool towards Leadership Development



YOU HAVE THE POWER TO IMPROVE YOURSELF EVERY DAY TOWARDS BECOMING THAT PERSON YOU ALWAYS WANTED TO BE .

HOW TO ,IS WHAT WE WILL DISCUSS HERE .

JOIN US TO START THAT CRUCIAL STEP FOR YOU



Email at
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