



Lash Lift



AFTERCARE

Lash Lift Aftercare in the First 48h

In the first 24 hours after the treatment, avoid these things:

- Don't wear mascara or any eye makeup
- Don't wear contact lenses
- Don't get your eyelashes wet
- Don't use any products on your lashes
- Don't rub your eyes
- Don't go swimming
- Don't engage in activities that cause excessive sweating
- Don't go to saunas
- Don't take long showers and try to keep your lashes dry
- Don't sleep on your face
- Don't use oil-based products

Aftercare Day by Day:

- **Day 3-** You can relax now and start behaving as usual, more or less, However, it's advisable to still avoid mascara, especially waterproof formulas. They might contain oily ingredients which can relax the curl. Do not rub your eyes and avoid using aggressive makeup removers – especially oil-based ones.
- **Days 4-20-** You don't have to do anything special anymore, and you can go back to all your normal activities, just keep avoiding oil-based products as well as those that contain exfoliates. They can relax the curl.
- If your lashes were tinted, stay away from sunlight.

Skincare doesn't end with your facial—it's what you do afterward that truly counts. Post-facial aftercare plays a key role in extending the results and maintaining your glow. The steps may seem simple, but when done consistently, they help you achieve brighter, clearer, and healthier skin long-term.