



Pre-Lash Lift & Brow Lamination Prep: The Science of Stronger, Healthier Results

Proper preparation ensures lifted lashes and laminated brows that last longer and stay healthy.

48 Hours Before Your Appointment

- **Avoid Waterproof Mascara & Brow Gels-** These products leave behind waxy residue that interferes with the lifting solution's ability to penetrate.
- **Pause Retinol, Exfoliating Acids, and Harsh Eye/Brow Products-** These thin and sensitize the delicate skin around the eyes, increasing risk of redness or irritation from lifting solutions.
- **Skip Heavy Oils on Lashes and Brows-** Oils coat the hair shaft, blocking the lifting lotion from effectively reshaping keratin bonds.
- **Avoid Tinting, Perming, or Henna-** Multiple chemical services close together can overstress the lash and brow cuticle.

The Day of Your Service

- **Arrive With Clean, Product-Free Lashes and Brows= No mascara, brow pencil, sunscreen, or skincare residue. This ensures even product absorption.**
- **Remove Contact Lenses Before a Lash Lift-** Protects eye safety and reduces risk of irritation.
- **Do Not Curl Lashes or Brush Brows With Waxes/Gels-** These alter the natural direction of the hair, making the lift or lamination less effective.
- **Avoid Caffeine Right Before-** Caffeine stimulates the nervous system and can cause eye fluttering, making it harder to keep the eyes relaxed and still during the procedure.

Skincare doesn't end with your skin treatment—it's what you do afterward that truly counts. Post-facial aftercare plays a key role in extending the results and maintaining your glow. The steps may seem simple, but when done consistently, they help you achieve brighter, clearer, and healthier skin long-term.