



PreWaxing

INSTRUCTIONS

1. Do not shave the area being waxed for 14 – 21 days. Hair needs to be at least the length of a grain of rice. (1/4 – 1/2 inch for your first waxing)
2. Stay out of the sun or tanning bed 72 hours prior to waxing: this makes the skin much more delicate and sensitive.
3. If you are on any type of prescribed acne medication, we will not be able to perform any waxing service. (Accutane, Retin-A or Renova)
4. You need to wait at least 2 weeks after a chemical peel. (AHA, BHA)
5. A couple of days before your waxing appointment, exfoliate the area. This will remove dead skin cells allowing the wax to grip shorter hairs.
6. If you are prone to any type of inflammation, take an anti-inflammatory (such as Advil) about 30-40 minutes prior to your appointment. If you experience any histamine reaction, you can take an antihistamine (such as Benadryl) 30-40 minutes prior.
7. Please avoid caffeine, nicotine or alcohol the day of your appointment because these can make you feel more sensitive during your waxing service.
8. Please check and make sure you do not have any medical conditions that would contraindicate the waxing service.
9. If you can, shower before your appointment. We provide wipes for those last minute cleanups.

IT IS IMPORTANT TO FOLLOW THE SPECIFIC AFTERCARE INSTRUCTIONS PROVIDED TO ENSURE THE BEST POSSIBLE HEALING AND RESULTS. IF YOU HAVE ANY QUESTIONS OR CONCERNS ABOUT THE AFTERCARE PROCESS, BE SURE TO ASK YOUR PRACTITIONER FOR MORE GUIDANCE.