



PD-13 Acne Therapy

AFTERCARE

FAQ's

- **SESSIONS + INTERVALS:** May be performed every 6 weeks.
- **WHAT TO EXPECT:** Mild swelling can occur and skin may look red up to 48 hours. Peeling may occur day 3 – 5.
- **CAN IT BE COMBINED WITH OTHER TREATMENTS?** No, this is a standalone treatment.

PRECARE + AFTERCARE:

- **Avoid prescription topicals, acne topicals or retinoids for 7 days prior to treatment.**
- **For the first 72 hours avoid heat (sauna, exercising, hot showers).**
- **Do not exfoliate the skin for 7 days post peeling.**
- **Do not pick or peel skin that may flake.**
- **Stay out of the sun for at least 3–4 days or until the skin has finished peeling.**
- **Protect the skin by applying moisturizer and SPF daily.**

IT IS IMPORTANT TO FOLLOW THE SPECIFIC AFTERCARE INSTRUCTIONS PROVIDED TO ENSURE THE BEST POSSIBLE HEALING AND RESULTS. IF YOU HAVE ANY QUESTIONS OR CONCERNS ABOUT THE AFTERCARE PROCESS, BE SURE TO ASK YOUR PRACTITIONER FOR MORE GUIDANCE