

Contained & Inclusive Guide



Managed classroom

- Keep the class small.
- Raise the student-to-volunteer ratio.
- Adapt the curriculum.
- Modify the environment.
- Invite typical students to attend.



Typical class with a buddy

- Assign a volunteer to help the student participate.
- Provide fidgets or quiet activities.
- Allow students to join part- or full-time.
- Encourage a connection between buddy and family.



Typical class without a buddy

- Share students' strengths and talents with the class leader and volunteers.
- Share ideas to engage and support the student.
- Encourage peer support.
- Check on from a distance.



Church-wide support

- Open contained classrooms or arrange for buddies during events.
- Adapt events to make sensory-friendly.
- Encourage others to develop relationships with families.