



# Family Guidance

**Let's discuss how to help families navigate life's decisions.**

Life's journey is full of decisions for every family. For parents raising children with special needs, the road can be bumpy, constantly changing, and full of roadblocks. Let's help families navigate life decisions by understanding issues such as housing, care, employment, continued education, social opportunities, transportation, and finances. It's a long list, yet we only need to know a bit about each to make a big difference.

## Questions

- What are special needs families' top concerns?
- What milestones do families reach? How do they differ from a typical family's milestones?
- What are different ways to connect families who have raised children to help those with younger children?
- What are the resources in your area?
- How do you make sure professional services are reliable?
- Who is the LIDDA representative in your county?
- What resources does your church offer that could help with costs?

Resources: Texas Medicaid Waiver List Guide, Home Ideas, Milestones Guide available at <https://snconnect.org/family-guidance>