



Manage Difficult Behavior

When a student's behavior escalates into kicking, hitting, throwing things, and biting, it's common to freeze or overreact. Practice ways to protect everyone, modify the environment, and get help... all while staying positive and calm.

Ideas

- Share the types of difficult behavior you've experienced.
- Role play protecting yourself, the student, and others if someone begins to hit, kick, etc.
- Demonstrate safe ways to get out of bites and holds.
- Share your plan to find a lost child.
- Share the importance of reconciling, recapping, and reporting.

Questions

- What aggressive behaviors have you experienced?
- What are the risks of grabbing and holding a student?
- What are ways to control a person without holding?
- How can asking for others' help change the situation?
- When should you ask a parent to help?
- How do you report an incident to parents, so they feel welcome to return?
- What should you discuss as you recap the situation with your team?
- What are Kevlar sleeves?
- How might a different person stepping in make a difference?
- How can you manage a student who takes their clothes off?