



Baylor University

SCHOOL OF EDUCATION

Department of Educational Psychology

Email: siblingsuccess@baylor.edu

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About the Program:

Sibling Success is devoted to increasing positive interactions between your child with autism and their sibling(s) without autism. The program teaches siblings about autism, ways to Encourage, Support and Communicate with their brother/sister with autism about what to do in Uncontrollable Situations.

To participate in these activities, you must meet these eligibility requirements:

- You must live in the state of Texas
- Have a child with autism
- Have one or more children who do not have autism
- Children are between the ages of 5-17 years old

The benefits of these activities include:

- Your child may learn skills to interact more positively with their sibling with autism during both play and routine activities
- Your child / children without autism may learn more about autism and how to increase positive interactions with their brother or sister with autism.

There is an incentive for participating in this research study. Once 100% of the study is complete, the participant will receive a \$75 gift card.

There are descriptions below for two different opportunities to participate in this program.

Level 2:

This opportunity will consist of four 4-hour workshops. The session will be broken up into two parts. In the first part of the session, we will work on goals including both your child with autism and their sibling(s). The second part of the session will consist of your child with autism working independently on their own goals. Their sibling(s) will have the opportunity to interact with other siblings without autism during this time. Caregivers will complete a questionnaire at the end of the research study. During the school year, sessions can take place on four consecutive Friday's or four consecutive Saturday's. All sessions will take place at the Baylor Center for Developmental Disabilities.

We will:

- Work on goals including both your child with autism and their sibling(s)
- Include sibling(s) in decisions regarding goal selection for your child with autism
- Teach sibling(s) more about autism
- Give sibling(s) the opportunity to meet other children who have a brother or sister with autism



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Level 3:

This opportunity will consist of a single day workshop to teach sibling(s) of children with autism more about their brother/sister's diagnosis. Here, they will have the opportunity to meet other siblings of children with autism. Caregivers will complete a questionnaire at the end of the research study. During the school year, this session can take place on either a Friday or Saturday for a 6-hour time frame. This workshop can be available in your local community or local school district

We will:

- Give sibling(s) an opportunity to learn more about autism
 - Give sibling(s) the opportunity to meet other children who have a brother or sister with autism
-

Potential Sibling Goals within Level 2:

- Playing a Sibling's Preferred Activity
- Playing together (ex. Sharing)
- Asking for Sibling's Attention
- Imitating One Another during Play
- Playing Board Games and Waiting during Turns
- Positive Statements about Each Other
- Requesting for Missing Items or Preferred Items

Topics covered in Level 3 Services:

- Strategies to encourage your brother or sister with autism
- Strategies to communicate effectively with your brother or sister with autism
- Strategies to support your brother or sister with autism
- How to handle uncontrollable situations with your brother or sister with autism



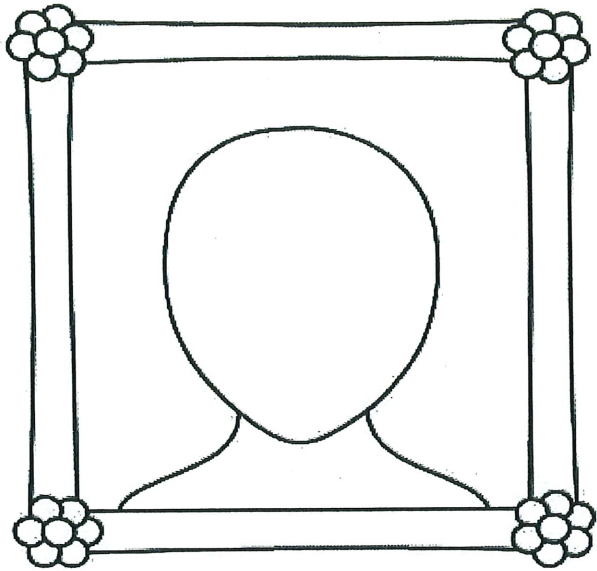
Example Activity:

The following three pages include an “About Me” and “All About Me” page for the sibling. These pages are designed to help the sibling start thinking about some things that they enjoy. Once they have noted some of their favorite things, the siblings move onto the Venn Diagram of items and activities that they and their brother/sister with autism enjoy.

These potential ideas for play may help to encourage future positive interactions between siblings. The siblings will enjoy playing and interacting with each other more when they are doing an activity that they both prefer. This Venn Diagram is helpful in discovering some of these preferred activities.



♥ ☆ ABOUT Me ☆ ♥

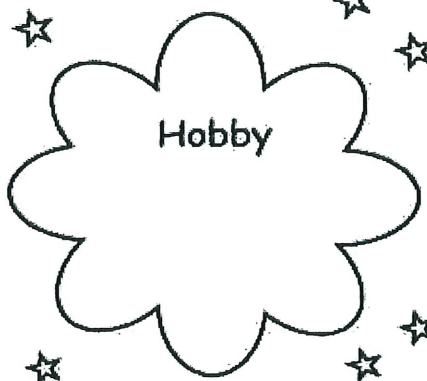
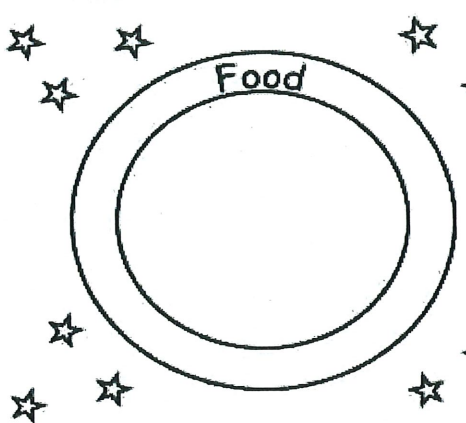


Name: _____

Age: _____

Eyes Color: _____

Birthday: _____



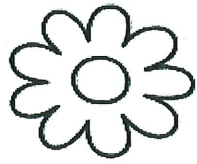
3 things I ♥ about myself:

When I grow up I want to be:



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ALL ABOUT ME



My Name is:



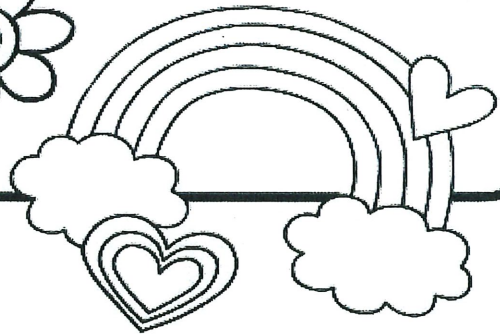
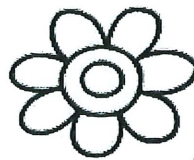
This is a Picture of Me



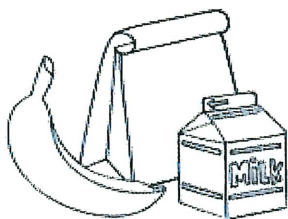
I am _____ years old

old

My Birthday is:



My Favorite Color is:



I love to eat:



My Favorite Activities:





What Do I Like?

Me

What we both
enjoy

My Sibling



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Autism & Siblings

RESEARCH STUDY

Sibling SUCCESS:

Supporting Unique Collaborative Care to Encourage Shared Success

Purpose: Increase positive interactions between your child with autism and their special sibling(s)



PARENTS WILL:

- Fill out a questionnaire
- Have a short virtual meeting



CHILDREN WILL:

- Practice selected skills
- Participate in group activities
- Learn about autism & strategies to use with their sibling with autism

all participants must be 5-17 years old, living in Texas, a child with autism and a sibling without autism

➔ **There are 2 options:** Please scan the QR code for more info & to sign up.

Please **ONLY** choose 1

Level 2

- **4-hours** for **4 weeks** on **Friday or Saturday** mornings
- This is for a **child with autism and their sibling.**



Level 3

- **1-day 6-hour workshop** on **Friday or Saturday (9am-3pm)**
- This is for **sibling(s) without autism.**



CONTACT US FOR MORE INFORMATION

Dr. Jessica Akers and the Baylor University Research Team



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