PEOPLE

JUNE 2024 / VOL. 07



Inspired by his grandfather, who encouraged him to pursue hospitality management, Chef Chris Sebola's journey began in earnest after high school. He excelled academically, earning a diploma from the American Hospitality Academy and gaining diverse culinary experiences across the United States.

Despite initial challenges, Chef Sebola embraced new ingredients and cooking styles, enriching his knowledge and bringing a global perspective to his dishes. His achievements include being featured in "The Great South African Cookbook" and winning multiple prestigious culinary awards.

Passionate about giving back, Chef Sebola plans to open a culinary studio in Limpopo to train and inspire the next generation of chefs, embodying the spirit of Ubuntu in his work and community.



How has your time overseas influenced your cooking style?

"My time overseas played a significant role in changing and empowering my cooking skills and knowledge. I can now cook different types of cuisine. I enjoy Cuban food, Asian food (especially their traditional fish stew), and Mexican food. I have mastered Italian pasta, though I don't enjoy their chicken, but cooking it is one of my favourite tasks."

Are there any specific cuisines or techniques you encountered abroad that you've incorporated into your dishes?

"I am now working on a plan to have my own studio to train and educate people of Limpopo in different types of cuisine and techniques. It's a surprise, but I'm happy to share and reveal some of the plan in due time."

EVENTS

JUNE 2024 / VOL. 07









Basic tennis lessons for beginners Doubles for experienced players





R185 PP INCL BREAKFAST



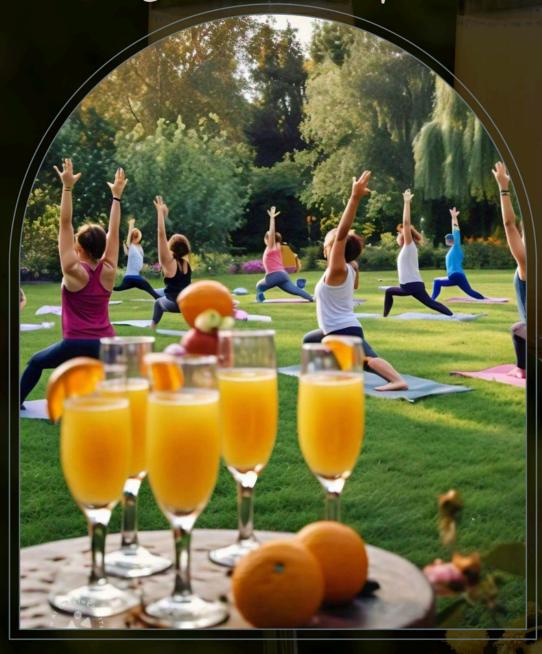
Attire: Tennis fit





SECOND//PLATE





SUNRISE YOGA & MIMOSAS @ Flora Park Dam, Polokwane

06 JULY 2024: 8 AM

R180 pp includes breakfast and mimosas

RSVP via WhatsApp 071 355 7557



Flora Park Dam, Marshall St, Flora Park, Polokwane



STALL ENQUIRIES: WHATSAPP 076 216 3580

LISTINGS

JUNE 2024 / VOL. 07



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061 528 0052 WWW.CORNERSTONEBOUTIQUEHOTEL.CO.ZA

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ROYAL-BAENG-PRIVATE-RESIDENCE.BUSINESS.SITE

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ZORORO LODGE

015 263 6856 WWW.ZORORO.CO.ZA

MOPANI DISTRICT

AEROTEL

087 6556 737 WWW.AEROTEL.CO.ZA

LAPOLOGA BED & BREAKFAST (PHALABORWA)

015 781 0455 WWW.LAPOLOGBNB.CO.ZA



LISTINGS

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LAPOLOGA BED & BREAKFAST (TZANEEN)

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THE WILD BLUE LODGE

083 949 4144 WWW.WILDBLUELODGE.COM

OASE BY 7 STAR LODGES

078 265 4262 WWW.7STARLODGES.COM

WATERBERG DISTRICT

BOSVELD GUESTHOUSE

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GARINGANI 360

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MATORI LODGE

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MOKOPANE HOTEL

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PALALA BOUTIQUE GAME LODGE & SPA

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QUEEN OF SHEEBA 246

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SHIKWARU LODGE

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VHEMBE DISTRICT

HOUSE OF SOLLY'S GUESTHOUSE

061 511 8994 WWW.HOUSEOFSOLLYS.COM

SEKHUKHUNE DISTRICT

ROYAL BATAUNG GUEST HOME

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LISTINGS

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ACTIVITIES



CAPRICORN DISTRICT

NOKO RESORT

066 380 5207 WWW.NOKORESORT.COM

NTHABISEKO RESORT

072 712 0404 / 083 964 3625

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064 876 5665/ 082 809 8761

VHEMBE DISTRICT

BODLONGWA RIVER RESORT

076 609 4398 WWW.BODLONGWARESORTS.CO.ZA

SPA AND WELLNESS



WATERBERG DISTRICT

KIM THAI SPA

073 264 7813 / 081 719 6042 WWW.KIMTHAISPA.CO.ZA

EVENTS AND WEDDING VENUES



VHEMBE DISTRICT

MASWIRI SAFARIS

083 250 2223 WWW.MASWIRI.CO.ZA

RESTAURANTS



CAPRICORN DISTRICT

PARK INN BY RADISSON POLOKWANE

0154950969 WWW.RADISSONHOTELS.COM/EN-US/HOTELS/PARK-INN-POLOKWANE

SECOND PLATE

071 355 7557 WWW.SECONDPLATE.CO.ZA

THE COOK KING

063 447 0747 / 071 030 8561 THECOOKKING1@GMAIL.COM



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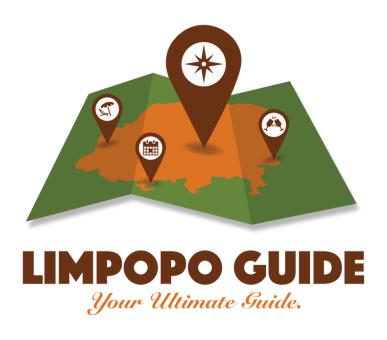
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