

TRAVEL & LEISURE | LIFESTYLE | BUSINESS

LIMPOPO GUIDE

Your Ultimate Guide.

ISSUE 04 OCT-DEC 2021
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PLACES TO EAT

DE HOOP DAM

WEDDING VENUES

5TH ANNUAL LIMPOPO HOLIDAY FAIR

FESTIVE MENU TASTING
AT PARK INN POLOKWANE

PHALABORWA "BETTER THAN THE SOUTH"

park inn

IMAGE COURTESY OF
PARK INN BY RADISSON POLOKWANE

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EDITOR'S NOTE

The festive season is fast approaching, as we wrap up the year, we would like to thank all our stakeholders for the support that we have received this year. The readership is growing rapidly and social media numbers are increasing. We would also like to thank our advertisers, you've kept us publishing since we launched the magazine.

We are four editions strong! In this issue, we feature the Limpopo Holiday Fair, an annual exhibition that takes place at Savannah Mall, Polokwane. The exhibition is an initiative that is aimed at positioning tourism to the domestic market and provides local tourism products with an opportunity to share and market their offerings to the local market. We also featured wedding venues, accommodations and restaurants. Our objective as Limpopo Guide is to serve as a one-stop-shop for locals and visitors to the province who want to explore and find hidden gems, we have launched website listings that will make it easier for you to browse for travel destinations (www.limpopoguide.co.za). We trust that our platforms will assist you in planning your next trip.

This is the last edition for 2021. Have a safe festive season ahead.

See you in 2022!

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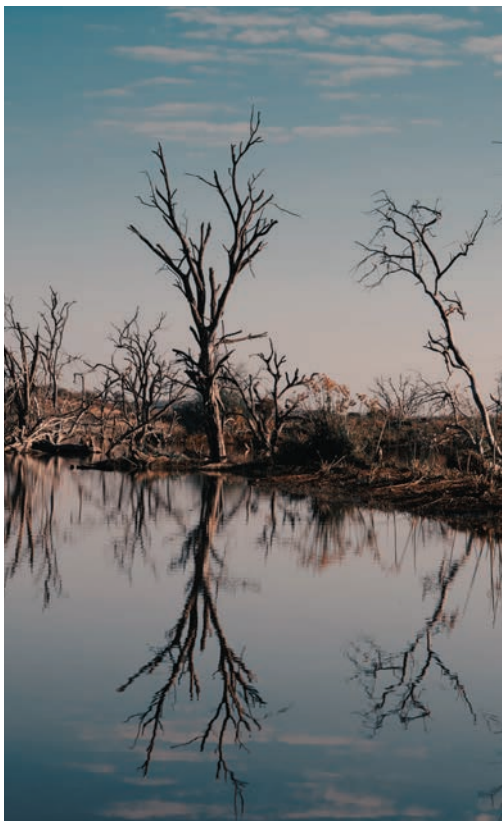
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IMAGE COURTESY OF PARK INN
BY RADISSON POLOKWANE

WEDDING VENUES



MASWIRI SAFARIS

ADDRESS: HAYOMA, TSHIPISE, 0901

GPS COORDINATES: 22°35'31.4"S 30°12'58.6"E

Maswiri Safaris' Hayoma lodge is situated in the beautiful and tranquil Nzhelele valley in Limpopo.

Hayoma is a truly breath-taking camp, with magnificent views from the open-air fireplace. There are 8 spacious luxury air-conditioned rooms, all en-suite, which can sleep up to 2 adults each, more with small children. A comfortable living room with a fireplace opens up to lush green lawns that connect 6 of the 8 rooms.

Brides are offered the luxury of choice – whether you are looking for an upmarket, stylish and chic wedding or a rustic romantic farm-styled wedding we will have you amazed!

The venue can cater for 50 to 70 guests.

CONTACT DETAILS:

Email: santie@maswiri.co.za

Phone: 083 250 2223

Website: www.maswiri.co.za



JAAGBAAN LODGE

ADDRESS: R101 JAAGBAAN PLOT 36, MOKOPANE, 0600

Nestled in a tranquil country environment with spectacular views, the Jaagbaan wedding venue is ideal for both your perfect matrimonial ceremony and wedding reception.

Matrimonial /garden capacity: 300pax.

Reception hall capacity: Hall can accommodate between 100 - 500 people.

The venue also offers décor, catering, sound and food tastings.

CONTACT DETAILS:

Email: info@jaagbaanlodge.co.za

Phone: 015 004 2617 / 068 155 995

Website: www.jaagbaanlodge.co.za

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AMENITIES:

- 13 guestrooms
- Outdoor pool
- Air conditioning
- Laundry service
- Restaurant
- Garden
- Concierge services
- Event Venue

CONTACT DETAILS:

Website: www.bosveldguesthouse.co.za

Email Address: info@bosveld-guesthouse.co.za

Phone: 065 800 3008 / 076 875 6701



BOSVELD LAPA

ADDRESS: N1, TWEEFONTEIN, POLOKWANE, 0699

Bosveld Lapa is ideal for leisure travel and hosting corporate and social events. The property has 50 rooms and a conference hall that accommodates 150 – 200 people.

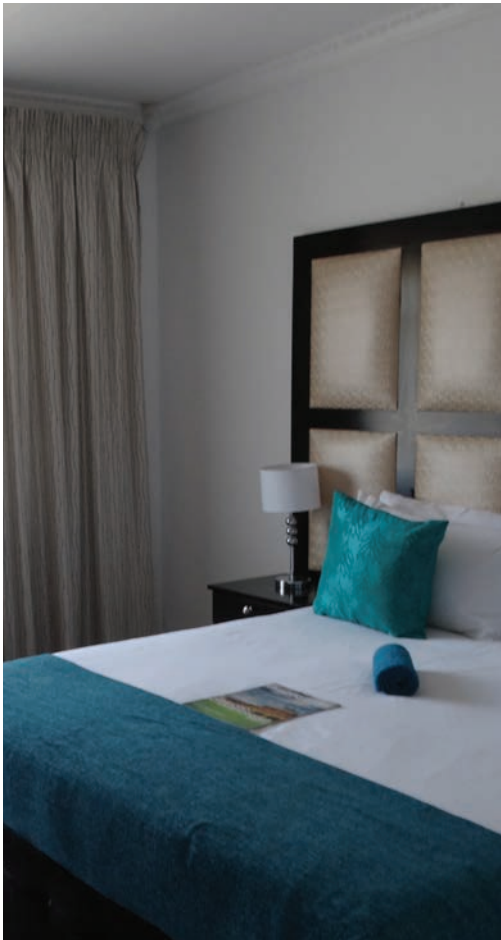
AMENITIES:

- Free Wi-Fi
- Conference rooms
- Kitchen
- Braai facilities
- TV
- Bar fridge

CONTACT DETAILS:

Email: nyathelephyllis@gmail.com

Phone: 082 806 8270 / 072 931 2770



LAPOLOGA BED & BREAKFAST - POLOKWANE

ADDRESS: 362 SUID STREET, POLOKWANE 0700

GPS COORDINATES: 23°55'04.0"S 29°29'06.8"E

Lapologa apartments are situated approximately five kilometres from the Polokwane Central Business District. These apartments are perfect for those who need to escape to a peaceful environment, away from the busy everyday life and the city noise.

AMENITIES:

- Queen-size beds
- Study area
- Air conditioning
- Comfortable couches
- Flat-screen TV with a selection of DStv channels
- The kitchen is fully equipped for self-catering, offering a stove, fridge, microwave oven, toaster, kettle, cutlery and crockery.

CONTACT DETAILS:

Website: www.lapologbnb.co.za

Email: admin@lapologaplk.co.za

info@lapologabnb.co.za

Phone: 087 808 0432 / 072 581 4911



LAPOLOGA BED & BREAKFAST - PHALABORWA

ADDRESS:

9 PARK STREET, PHALABORWA, 1390

GPS COORDINATES: 23°57'21.7"S 31°08'45.7"E

Lapologa@Kruger is supremely designed and tastefully decorated to ensure our guests' satisfaction. The establishment offers the perfect setting for guests to base themselves for the ideal Phalaborwa holiday experience.

AMENITIES:

- Queen-size beds
- Study area
- Air conditioning
- Comfortable couches
- Flat-screen TV with a selection of DStv channels
- The kitchen is fully equipped for self-catering, offering a stove, fridge, microwave oven, toaster, kettle, cutlery and crockery.

CONTACT DETAILS:

Website: www.lapologbnb.co.za

Email: info@lapologabnb.co.za

Phone: 015 781 0455



LAPOLOGA BED & BREAKFAST - TZANEEN

ADDRESS: 27 JOHN SMITH STREET, AQUA PARK, TZANEEN 0850

GPS COORDINATES: 23°48'44.0"S 30°09'27.0"E

The Lapologa Tzaneen bed and breakfast establishment is centrally located and close to various tourist attractions.

AMENITIES:

- Queen-size beds
- Study area
- Air conditioning
- Comfortable couches
- Flat-screen TV with a selection of DStv channels
- The kitchen is fully equipped for self-catering, offering a stove, fridge, microwave oven, toaster, kettle, cutlery and crockery.

CONTACT DETAILS:

Website: www.lapologbnb.co.za

Email: info@lapologbnb.co.za

Phone: 015 306 0154



VIEWPOINT CABINS

ADDRESS: R71, CABIN 4, 0730 HAENERTSBURG.

Located on a tranquil farm in the picturesque area of Haenertsburg, the self-catering property offers stunning mountain views and is located near the town centre.

AMENITIES:

- Braai facilities
- Free Wi-Fi
- Free private parking
- Seating area
- Kitchen
- Microwave
- Shower
- Bathtub

CONTACT DETAILS:

Website: www.viewpointcabins.co.za

Email: admin@inspiredbymoya.co.za

Phone: 083 271 7311



ROYAL BATAUNG GUEST HOME

ADDRESS: 2348 HIBUSKUS STREET MARBLE HALL

GPS COORDINATES: -24.960281,29.290525

Situated in the heart of Marble Hall, this guest house is ideal for leisure travel and is the perfect venue for hosting events.

AMENITIES:

- TV
- Wi-Fi
- Swimming pool
- Indoor gym
- Free parking
- DSTV
- Tea station

CONTACT DETAILS:

Email: msrtladi@gmail.com

Phone: 065 850 1888

HOUSE OF SOLLY'S GUESTHOUSE

ADDRESS: STAND NO 445 MATHULE VILLAGE, LWAMONDO 0185

GPS COORDINATES: -23.040001, 30.395170

Well-known for their exceptional service and uniquely decorated suites which offer comfort at its best. Whether you're travelling for business or pleasure, this is the right place. House of Sollys offers comfort at a competitive price.

AMENITIES:

- Eight en-suite rooms
- Shower
- Tea/Coffee station
- Cable TV
- Occasional chair
- Bath amenities
- Closet
- Free Wi-Fi
- Balcony (selected rooms)
- Business center for all business-related needs.

CONTACT DETAILS:

Website: www.houseofsollys.com

Email: info@houseofsollys.com

Phone: 061 511 8994





MATHENDELE BUSH LODGE

ADDRESS: KORTDRAAI, MOPANE, MUSINA 0900

GPS COORDINATES: 22.6286° S, 29.7201° E

The lodge offers luxury, tranquillity and is ideal for a romantic getaway.

AMENITIES:

- Swimming pool
- Kitchen facilities (fridge and microwave)
- Free Wi-Fi
- TV
- Free parking
- Braai Facilities
- Recreational activities
- Bush dining options
- Spa Tub
- Travel size complimentary toiletries

ACTIVITIES:

- Walking trails
- Volleyball games by the river
- Bush boma

CONTACT DETAILS:

Email: enquiries@mathendelebushlodge.com

rendani@mathendelebushlodge.com

Phone: 065 715 0550 Calls

082 647 0561 WhatsApp



JAAGBAAN LODGE

ADDRESS:

R101 JAAGBAAN PLOT 36, MOKOPANE, 0600

Nestled in a tranquil country environment with a spectacular view from the mountain top, guests at Jaagbaan Lodge can experience true hospitality. Jaagbaan Lodge is an idyllic getaway for leisure and business.

AMENITIES:

- Team building facilities
- Chalets
- Conference facilities
- Swimming pools
- Jacuzzi
- Restaurant
- Spa
- Wedding facilities
- Camping facilities
- Photo-shoot facilities
- Braai area
- Fast & Free Wi-Fi
- Spa

CONTACT DETAILS:

Website: www.jaagbaanlodge.co.za

Email: info@jaagbaanlodge.co.za
george@malumash.co.za

Phone: 015 297 1488 / 3676
 083 256 4547



MATORI LODGE

ADDRESS: 13 GUINEA FOWL STREET, KORO CREEK GOLF ESTATE, MODIMOLLE, 0510

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AMENITIES:

- Free Wi-Fi
- Kitchen facilities
- Entertainment area
- TV
- Pool & Jacuzzi
- Games room

CONTACT DETAILS:

Website: www.matorilodge.com

Email: booking@matorilodge.com

Phone: 072 376 5217



MOKOPANE HOTEL

ADDRESS: 66 RUITER ROAD, MOKOPANE, 0601

A luxury hotel that is ideal for business and leisure travel. The establishment is ideal for hosting events and for a perfect day's visit to the restaurant and spa.

AMENITIES:

- Free Wi-Fi
- Air Conditioning
- TV
- Restaurant
- Swimming pool
- Rooftop chill area
- V Slot machines
- Spa
- Nail Bar

CONTACT DETAILS:

Website: www.mokopanehotel.co.za

Email: bookings@mokopanehotel.co.za

Phone: 015 491 2314 | 068 436 2741 | 076 828 5271



PARK INN BY RADISSON POLOKWANE

ADDRESS: PORTION 274 OF FARM STERKLOOP, DORP STREET, POLOKWANE, 0700

GPS COORDINATES: 23.9267° S, 29.4636° E

Offering an international standard of service combined with South African hospitality, Park Inn by Radisson Polokwane is the perfect stop whether you are travelling for business or leisure.

The hotel offers bright, contemporary accommodation with easy access to nearby offices, nature reserves, sporting facilities and other local attractions, making it a great base for your stay in South Africa.

AMENITIES:

- Hotel rooms
- Restaurant & bar
- Conferencing facilities
- Pool
- Free Wi-Fi access throughout the hotel
- TV with TV mirroring service
- Tea & coffee facilities

CONTACT DETAILS:

Website: www.radissonhotels.com/en-us/hotels/park-inn-polokwane

Email Address:

For enquires: info.polokwane@parkinn.com

For bookings: res.polokwane@parkinn.com

Phone: 0154950969



PITS LODGE

ADDRESS: 28 KERK STREET POLOKWANE

Pits Lodge is a three-star lodge that provides affordable and convenient accommodation that is ideal for business and leisure visitors to the city of Polokwane, it is a perfect stopover for travelers to Botswana, Zimbabwe, Malawi, and Mozambique.

AMENITIES:

- Conference halls
- Luxury rooms
- Sharing rooms
- Onsite restaurant
- Bar

CONTACT DETAILS:

Website: www.pitslodge.co.za

Email Address: bookings@pitslodge.co.za

Phone: 015 291 3817 / 079 423 3258



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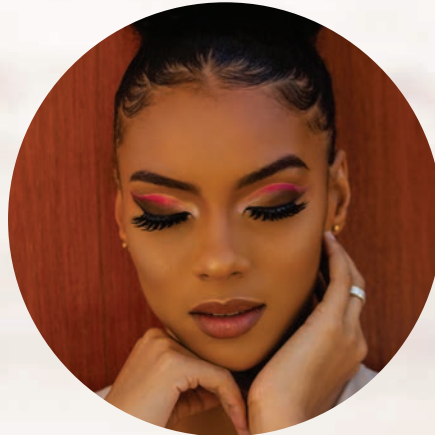
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97 Thabo Mbeki Street, Fauna Park,
Polokwane, Limpopo Province



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PLACES TO EAT



PROVIAND

ADDRESS: 80 COMPENSATIE STREET, POLOKWANE

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OPERATING HOURS:

MON, TUE, THUR: 7H30-17H00

WED, FRI: 7H30-21H00 (OR LATER)

SAT: 8H00-14H00

CONTACT NUMBER:

062 329 4103

SERVICE:

DINE-IN & TAKEAWAY



PARK INN BY RADISSON POLOKWANE

ADDRESS: PORTION 274 OF FARM STERKLOOP, DORP STREET, POLOKWANE, 0700

GPS COORDINATES: 23.9267° S, 29.4636° E

Experience the unique flavours of Polokwane at our contemporary, city-centre hotel. Designed in bright and inviting colours with rustic furnishings and an outdoor terrace, our restaurant lets you feel right at home. Enjoy the vibrant atmosphere, the friendly service, and excellent drinks and cocktails from our vibrant bar. Sample true Polokwane cuisine and start your day with our big breakfast offering or enjoy a la carte delicacies for lunch and dinner. Our restaurant offers the best of some of the world's most loved cuisines next to a menu of traditional specialities from the six tribes in Limpopo.

OPERATING HOURS:

MON - FRI: 6H30 – 22H30 | Restaurant

MON - FRI: 10H00 - 23H00 | Bar

During Covid – Local regulations are followed.

Currently as per level 1 regulations

06H30 – 23H00

CONTACT DETAILS:

Website: <http://www.radissonhotels.com/en-us/hotels/park-inn-polokwane>

Contact Number: 0154950969

Email Address: For enquires info.polokwane@parkinn.com

For bookings – res.polokwane@parkinn.com

SERVICE:

DINE-IN AND CALL & COLLECT



THE COOK KING

ADDRESS: 31 GROBLER STREET, POLOKWANE

A newly established restaurant that specializes in African cuisine, meat grills (shisanyama) and kotas.

OPERATING HOURS:

MONDAY - SUNDAY: 10H00 - 21H00

CONTACT NUMBER:

063 447 0747 / 071 030 8561

SERVICE:

DINE-IN, TAKEAWAY & DELIVERY



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WEDDING VENUES



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FESTIVE MENU LAUNCH

By Vinolia Mitteldorf

Park Inn by Radisson Polokwane invited Limpopo Guide for an exclusive menu tasting of their festive and year-end events menus. The event took place on the 21st of October at their Live-Inn Room Restaurant & Bar.



The talented Chef Keletso Molaotse also known as Chef Kay (pictured) treated us to a delightful 3-course meal on the evening:

STARTERS

- Chicken Kiev on a bed of mushroom sauce with balsamic reduction
- Creamy mussels poke bowl
- Prawn and chorizo gazpacho shots
- Watermelon and goat cheese bites
- Roasted tomato bruschetta capers with fried basil

MAIN COURSE

- Beef fillet mignon with hasselback potatoes, baby seasonal veg and red wine jus.
- Rosemary and red wine infused lamb shank with hasselback potatoes, seasonal baby veg and rich lamb gravy.

DESSERTS

- Park Inn carrot cake with fruit salsa
- Rich dark chocolate brownie slap with vanilla ice cream.



Park Inn by Radisson Polokwane offers an international standard of service combined with South African hospitality, it is the perfect stop whether you are travelling for business or leisure. The hotel offers bright, contemporary accommodation with easy access to nearby offices, nature reserves, and other local attractions, making it a great base for your stay in South Africa.

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GOOD MENTAL HEALTH

BY KGABO LEGODI



Mental health includes our emotional, psychological, and social well-being. It affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make decisions. Mental health is important at every stage of life, from childhood and adolescence all the way through to adulthood. October month is Mental Health Month, Limpopo Guide chats with Katlego Seshoka, a Registered Counsellor at Seshoka Mental Health Practitioners, from Dan village In Tzaneen.

Katlego holds a Bachelor of Psychology degree from the University of Limpopo and strongly believes in a life of principles and values because she defines herself through the beliefs and values she possesses, one of them being integrity and companionship (re batho ka batho ba bangwe) We are because of others" a simple Sepedi saying that symbolizes UBUNTU. "I enjoy serving and helping people because it is fulfilling. I firmly believe that is my purpose/ministry that God has instilled in me" says Registered Counsellor Katlego Seshoka.

DID YOU KNOW: Even a walk down the street or park does the trick? IT IS PART OF SELF-CARE. Nature is stimulating, just a breath of fresh air can do wonders for the brain. New stimulation is important for everyone." What is interesting about these activities is that your body releases the happy hormone called dopamine so this alleviates symptoms of stress at that moment. Take a walk or jog every now and then. An activity such as hiking helps recharge your mind because the mind gets bored, a little exercise excites the brain and suddenly you will feel a sense of positive energy, stimulated, and sometimes recuperated. Activities such as hiking, a walk at the park can help release all the negative energy and help you relax your mind and body. These activities channel your mind to create a new image of life and yourself, however, this may not be applicable to everyone. Most individuals tend to perceive their circumstances differently after going for a walk, jog, or other positive outdoor activities". Registered Counsellor Katlego Seshoka further says "The more you do it the more you explore yourself and get to fall in love with your surroundings. It also helps to sustain positive relationships. A breather is a need and what better one than an outdoor breather. It is essential for your mental well-being.

However, these are not the only activities one should opt for with regards to dealing with mental health problems or maintaining mental health. It is crucial to opt for counselling and therapy since it contains psychotherapy, empowerment, psycho-education and last but not least referring to a multi-disciplinary team for the benefit of the individual. Individual, couple and group therapy cannot be attained through outdoor activities. Spending some time outdoors can reduce the symptoms of depression, anxiety, it improves your mood and boosts self-esteem, it is also linked with positive effects on the physical and mental health of an individual. When feeling overwhelmed, anxious or angry, taking a walk or relaxing outside for some

time alone can positively calm you down and likely feel lighter. Simply admiring nature does stimulate the person's mood".

Katlego says "My motive was to fulfil what I believe is my purpose...serving/helping people. Secondly, there is a huge gap for mental health practitioners in our communities, imagine if each community had its own mental health practitioner. How would the mental health of people in the communities be? Where would the stigma be? I saw a gap especially with the impact that COVID-19 has caused in our country and our people, already as a country, there was a gap and COVID-19 is perpetuating existing mental health problems. Thirdly, Mental health is currently becoming a pandemic, it is increasing rapidly! I decided to open a private practice for the benefit of the people in Mankweng. My love for Psychology has grown and the outcome has been astounding. I am glad that I am able to serve the people of Mankweng and South Africa at large. Not only the face-to-face sessions but with the online counselling as well. The journey is worthwhile thus far. Growing is not just saying I'm grown or I can do this and that but it's actually doing it. The responsibilities that come with adulting automatically make you perceive life differently. Individually and professionally, I am growing. For me growth comes with discipline, I cannot afford to wake up and go to sleep without benefiting anything from that day. If not mentally, physically, emotionally, intellectually then it has to be spiritually rewarding. Vusi Thembekwayo says "winners don't need motivation, winners need discipline...motivation is completely overrated" as a mental health practitioner I ought to be disciplined."

WHAT IS GOOD MENTAL HEALTH?

Being "mentally healthy" does not necessarily mean the absence of illnesses such as depression, schizophrenia, PTSD, bipolar disorder, etc. Instead, it is characterized by the following:

- The ability to learn.
- The ability to feel, express and manage a range of positive and negative emotions.
- The ability to form and maintain good relationships with others.
- The ability to cope with and manage change and uncertainty.

THREE TIPS ON HOW TO SUSTAIN OUR MENTAL HEALTH:

1. **Healthy Diet:** A healthy diet does more than control weight. Studies have shown foods high in Omega-3 fatty acids, such as fish and eggs, can positively affect your mood.

- 2. Physical Activity:** There is a large body of evidence that shows one of the best ways to improve mental and emotional well-being is to exercise. Even simple activities such as taking a walk a few times a week can have a great impact on mental health.
- 3. Mental Exercise:** Did you know that playing games, solving puzzles and using our minds help to keep engaged and active? They may even help us avoid some of the breakdowns in mental health. Just like the muscles in our body, our mind needs a variety of exercises as well to stay in shape.

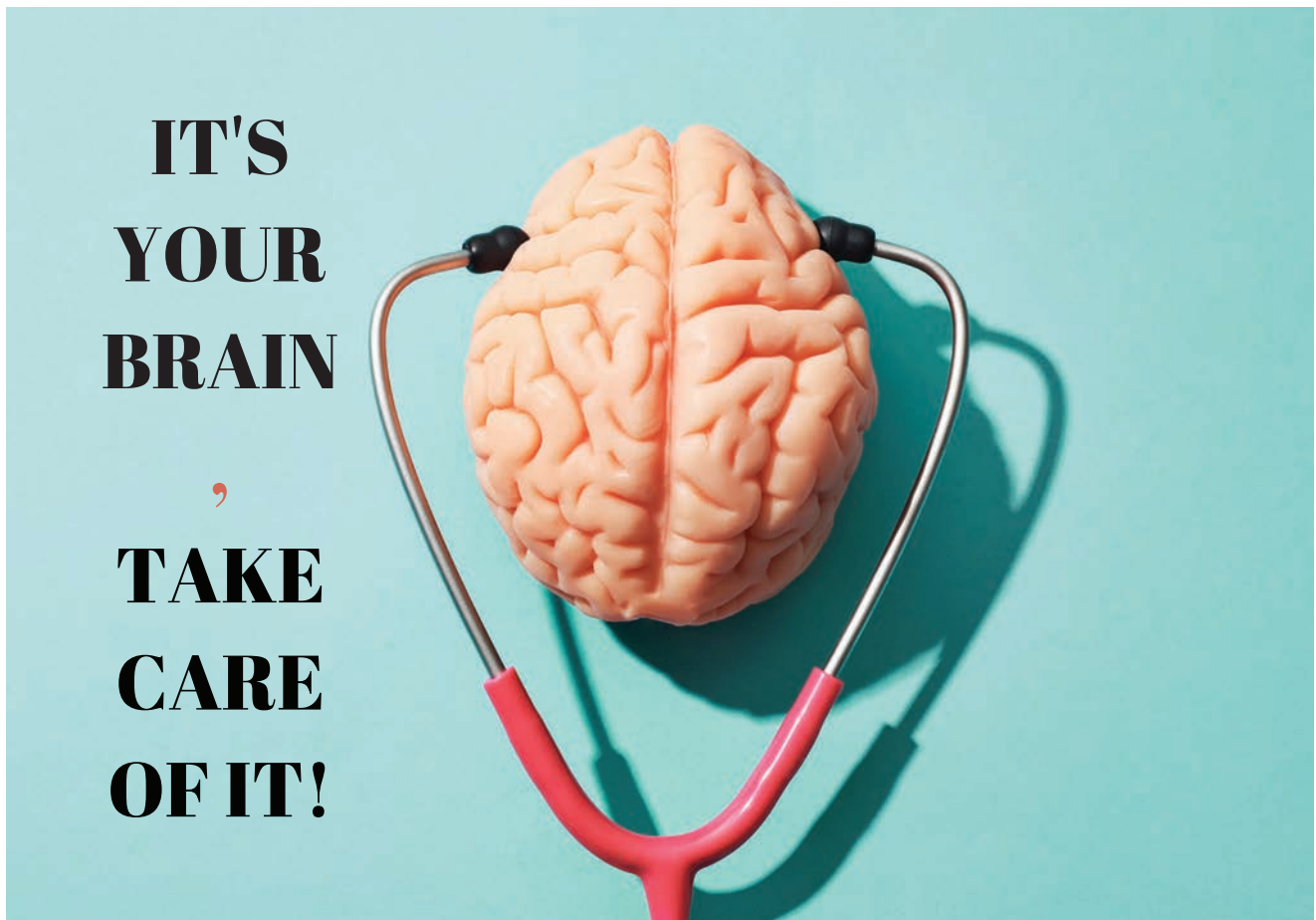
feel the sadness and anger that can come with the death of a loved one, a job loss, or relationship problems and other difficult events, but in time, we are able to get on with and enjoy our lives once again. Nurturing our mental health can also help us combat or prevent the mental health problems that are sometimes associated with a chronic physical illness. In some cases, it can prevent the onset or relapse of a physical or mental illness. Managing stress well, for instance, can have a positive impact on heart disease.

BENEFITS OF GOOD MENTAL HEALTH:

Just as physical fitness helps our bodies to stay strong, mental fitness helps us to achieve and sustain a state of good mental health. When we are mentally healthy, we enjoy our life and environment, and the people in it. We can be creative, learn, try new things, and take risks. We are better able to cope with difficult times in our personal and professional lives. We

Social Media Handles: @Seshoka Mental Health Practitioners

@KatMela



INGENIOUS, SPONTANEOUS MASHOTO CRAFTS ORGANIC AND NATURAL SKINCARE PRODUCTS



BY KGABO LEGODI

Mashoto Mphahlele from Seleteng Ga-Mphahlale is a 25-Year-old, energetic, confident, powerhouse and the founder of Mash Organics. Her products are formulated to ENHANCE, BUILD CONFIDENCE AND HEAL! Mashoto uses unrefined shea butter that is simply extracted and prepared without the use of chemicals or preservatives. That means it is produced the same way African people have been doing it for centuries, unrefined shea butter maintains its nutty scent, beige colour and its healing properties.

“We specialize in African black soap and unrefined shea butter. Interestingly our raw materials are from leaves and barks of various trees, plants, and water.” Mash Organics was derived from her name, Mashoto. It is truly amazing what resilience and determination can do for you, each and every journey comes with demands and expectations.

When asked about some of the hardships Mashoto came across, she said “Definitely start-up capital, I started my business with the allowance I get from home back in 2019 and it wasn’t easy but with persistence and discipline, we managed to make it this far. Emotionally it has been quite an interesting journey of ups and downs but the support we got from the university student entrepreneur coordinators has been helpful”.

Offentimes, many young people still use township mentality as a defence mechanism to suit their reasoning capacity, statements such as ‘coming from a rural area is a challenge and opportunities hardly reach you’. But not Mashoto - She adds that her entrepreneurship journey has been demanding at all corners emotionally, financially and mentally, “It has been a rollercoaster as anyone knows entrepreneurship is not easy, one day it can be amazing and the next day it might be the opposite but I believe in what I am doing so I learn to take it one day at a time, to be

flexible and learn to deal with different challenges". A true inspiration and a force to be reckoned with' to top it all, she juggles student life, entrepreneurship and acting. She bagged her first acting role on The Omen which aired on 161 Mzansi Magic on Sundays at 20h00. Mashoto is determined to make a mark.

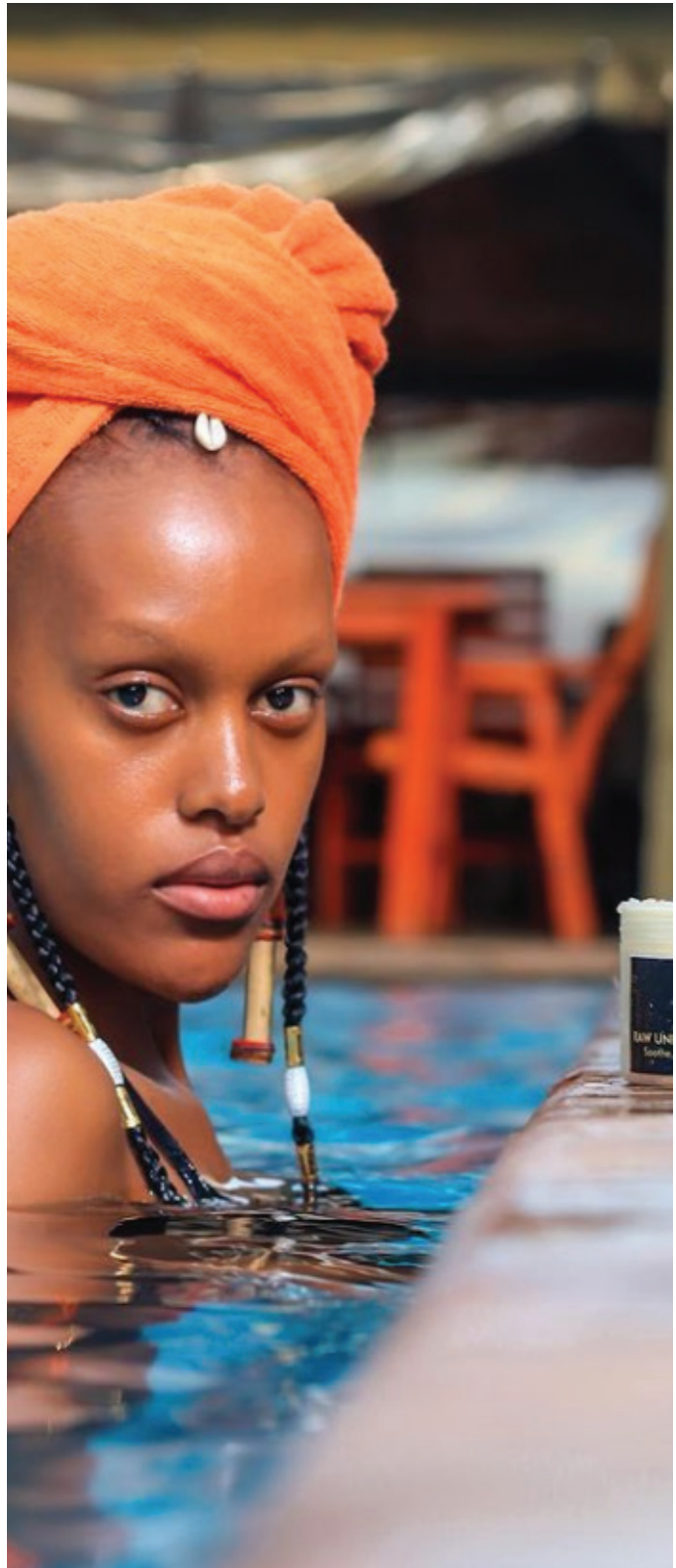
"There is a lot of buying power in the townships hence you see a lot of corporate businesses like Shoprite U-save go into townships and villages so for me I believe it is important for our people to spend where they are for small businesses to grow. Also, participation is important, like engaging with people in your area to give them an idea of what your specialities are, that way it gives them a reason to buy your product."

As the entrepreneurial world can sometimes turn into a foreign world with a foreign language, we asked her what keeps her sane and sound, this is what she had to say: "To open myself up to the possibilities of not knowing, that way I get to learn from other young entrepreneurs in the ecosystem. "

Anything, anywhere is doable, no matter the background. Mashoto is a go-getter, empowering other women and constantly engaging in roles and opportunities that help her grow and develop as well as expand her horizons! This fearless Student-Preneur is also representing the University of Limpopo at the Entrepreneurship Development for Higher Education, competing with other universities in South Africa. " Oh man the journey with EDHE (Entrepreneurship Development In Higher Education) has been intellectually rewarding, from internal rounds till to date, I will be representing my university and business at the nationals and I am exhilarated. I am so grateful for the work EDHE is doing through the competitions and conferences also the new SWEEP program aimed to empower female student entrepreneurs.

Social Media Handles: @Mash_Organics

@Mashoto_Mphahlele



Q&A WITH NDIVHUHO "TREEMAN" KHANTSHI

BY KGABO LEGODI

27-year-old Environmentalist, Director of Thoma Tree Family (Pty) Ltd and Founder of The Treeman Environmental Agency, Ndivhuho Khantshi, spoke to us about his journey as an Environmentalist. Ndivhuho was born and bred in Matsa Village outside Makhado in Limpopo.



- **Tell us about your educational background.**

"I did my primary schooling at Liphakha Primary School until the year 2007, high school was at Mulenga Secondary School until the year 2013. I began my tertiary education in 2014 at the University of Venda where I enrolled for Bachelor of Environmental Science and Honours. My love for greening surrounding and resource conservation was more inspired by my career path."

- **How did the name "THOMA TREE" come about?**

"After witnessing the massive destruction of indigenous vegetation for the purpose of infrastructure development, we decided to start an initiative to combat the destruction of vegetation through means of planting indigenous trees. (THOMA IS A VENDA word which means- TO START) thus let's start planting trees."

- **What are some of the challenges you encountered within the environmental space, and how do you keep going?**

"Accreditation was the biggest challenge for me because clients find it hard to work with someone they don't know. And lack of capital to fund the marketing for my business was another challenge.

I managed to overcome all these challenges by partnering with NGOs/NPOs and other civil society organizations, where I offered my services at no cost as a way to raise awareness in so doing, I was marketing my brand strategically."

- **Who is your biggest inspiration?**

"I find inspiration in a variety of people and things. I would have to say that the person who has greatly inspired me has been my late grandmother Johanna Khantshi, (May her soul rest in peace). She was always supportive of my ideas no matter how crazy they sounded, at some point, I worked very hard on my little projects just because I didn't want to disappoint her. She was the only person who understood me when I said that I don't want to be employed but rather I want to be an employer and create more green jobs."

- **Entrepreneurship requires lots of motivation, what motivational quote do you live by?**

"I always tell my associates that with the little you have invested in your idea to make it a reality **'Start where you are, use what you have, do what you can'**, a quote by Arthur Ashe. I always motivate myself that I should not wait for an opportunity to come but rather to create opportunities."

- **How is the journey of entrepreneurship unfolding?**

"The business is growing very smoothly despite the challenges, from the stage where we were only selling trees now we are doing environmental consulting."

- **What did you take from the experience, from the moment you started till to date?**

"You don't need funding to start a business, but using the little resources you have (not specifically money) it can be enough to lay a proper foundation that will attract investors/funders."

- **As an Activator, we know you take a lot of interest in community development. Do you plan on empowering some of your community members through environmental sciences and making an impact especially to environmental sciences students in your space?**

"My initiative has already capacitated approximately 5 graduates in the past 2 years. The plan is to secure at least 10 graduates' opportunities every 12 months. Graduates are offered the opportunity to manage projects under supervision, and they are assisted with working resources including transportation to project sites. We currently have 3 part-time employees at the nursery to perform general tasks on a weekly basis."

- **Limpopo Guide celebrates your achievements and your journey in the environmental spaces, kindly share with us your excitement and what these achievements mean to you.**

"My first recognition was in 2017 by IMVELISI National programme in their top 15 viable business ideas. I won an award worth R10 000 from Youth Lab in 2018 for being number 01 business at the boot camp that addresses all triple-bottom-line philosophies, As an outcome of this I was also linked with Heineken South African Trust Fund and they awarded me with R20 000. I was recently honoured as Environmental Achiever by Hanell International for contributing to the global fight against climate change. Looking at all these recognitions, I feel proud about my initiative that was inspired by my grandfather's name Thomani Khantshi."

- **Entrepreneurship requires lots of motivation, what motivational quote do you live by?**

" I always tell my associates that with the little you have invested in your idea to make it a reality **'Start where you are, use what you have, do what you can'**, a quote by Arthur Ashe. I always motivate myself that I should not wait for an opportunity to come but rather to create opportunities."

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TOURISM IS ALIVE IN LIMPOPO – 5TH ANNUAL HOLIDAY FAIR

BY KGABO LEGODI

Limpopo Provincial Tourism Association (LPTA) and the Polokwane Tourism Association (PTA) in partnership with Limpopo Tourism Agency (LTA) delivered yet another successful holiday fair for the 5th time, under the theme Tourism Is Alive In Limpopo. The fair took place at Savannah Mall (Polokwane) From Friday the 1st until Sunday the 3rd of October 2021.

This platform provides local companies in the hospitality and tourism industry a chance to showcase their products and offer packages ahead of the festive period. The event included establishments in all the 5 districts of the province, as Limpopo Guide, we were honoured to be part of the exhibitors.

It is inspiring to see tourism establishments still standing strong and passionate to grow Limpopo Tourism and showcasing the hidden gems Limpopo has to offer, especially after the hard lockdown levels caused by the COVID-19 pandemic.

The event is a perfect platform to create a provincial tourism exhibition for emerging small, medium and micro enterprises and the industry in general. Also, It helps in facilitating and building partnerships between the public and the private sector in order to foster tourism marketing and transformation in the tourism industry.

In the opening of the fair, Andrew Dipela, the chairperson of Limpopo Tourism Agency in his speech said: “We are overjoyed to meet you all again, with the President of the country having to announce the level 1 lockdown, we are hopeful for better opportunities and more developments in the tourism industry also it is without a doubt that the level 1 lockdown will bring about international tourists and with the establishments we have in Limpopo we hope for more tourist attractions because we believe there is more to enjoy in Limpopo and we are pleased every day to give our tourists an unforgettable tourism experience”

He further encouraged citizens to vaccinate in numbers. We learn that the global tourism industry has been the hardest hit by COVID-19, with astronomical financial losses that are foreseen to worsen in the face of continued pandemic restrictions. South Africa (and Africa) faces the challenge of being stigmatized as incapable to deal with the pandemic; placing our name on the ‘red’ and ‘black’ travel lists of many nations. Over 300,000 jobs have already been lost across the industry, while various industry bodies continue to lobby for government support and lifting of restrictions. Countries globally

have slowly started opening borders for leisure tourism and implementing measures to ease access such as alleviations from quarantine and pre-departure testing for vaccinated travellers. A new market has also emerged in the form of ‘vaccination tourism’ travelling to countries where vaccines are available and extending it into a leisure trip. The World Health Organisation has spoken out against the allocation of vaccine doses to leisure travel and the practice of jumping the queue to get vaccinated was initially frowned upon. It has however become a lucrative business proposition to a (seemingly still) price-insensitive niche market. With the slow roll-out of vaccines to the broader South African population, is it justified to start offering vaccinations to foreigners that have the means to travel and make a holiday of it?



Pictured: Gerhard Franken - Chairperson of Limpopo Provincial Tourism Association.



The chairperson of Limpopo Provincial Tourism Association, Gerhard Franken announced the good news that Airlink will be back in operation in Polokwane, “Airlink is flying again, we are opening the airport, Airlink is coming home”. The organizers ran competitions wherein visitors/customers won various prizes/vouchers from shuttle services to spa treatments, flight tickets as well as accommodation vouchers from various establishments.

In closing, Mr Jonas Ngake, chairperson of Polokwane Tourism Association thanked the exhibitors for honouring the invitation. He encouraged the various businesses to engage with each other and form collaborations. “We need to graduate from thousands to millions, tourism is a lifestyle, let’s engage and expose ourselves to the opportunities the tourism industry has to offer and promote Limpopo Tourism”, he concluded.

#LIMPOPOISOPENFORBUSINESS

Q&A WITH BALDWIN KAY

Kholofelo Baldwin Hlongwane better known by his stage name, Baldwin Kay, is a South African multi-award-winning singer-songwriter. We had a chat with him about his plans and passion for the music industry.

BY VINOLIA MITTELDORF



- **When did you start singing and why did you choose this career path?**

"I started music in 2008 as a Rap Artist. I won't lie, I have always wanted to become a Climatologist like all other kids who wanted to become Doctors and Pilots. When I started being appreciated for my craft and opportunities started knocking, it became evident that music was my calling."

- **Your greatest achievements so far?**

"There are quite a few. I performed at Mapungubwe Jazz Festival, Marula Jazz Festival, National Indigenous Games, Euphoria Golf & Lifestyle Estate, Sun Int Carousel, Mozambique Tour (Southern Beach Maputo & San Martinah Beline), Energy FM's 3rd Birthday Celebration, Walala Wasala Youth Imbizo(LEDET), Limpopo Music Awards, Sepedi Music Awards and Radio2000 #SoonToBeFamous just to name a few. My love for music has gone to the extent of organizing the annual June 16 Arts Festival which celebrates the youth of Mookgophong through performing arts."

- **What inspires you?**

"I'm a storyteller, apart from my day-to-day experiences, I'm inspired by seeing and understanding the lifestyle of different present living generations."

- **How easy or difficult is it to write a song? Tell us about the creative process?**

"Believe me when I say it's not easy at first, but we get used to it and the most interesting thing about writing is that there is no rule that tells you where to start. I normally come up with a concept, go sit with my co-author, create progression/tune and start writing from the most catchy part. It could be a chorus, verse or pre-chorus. The process takes us a week including production."

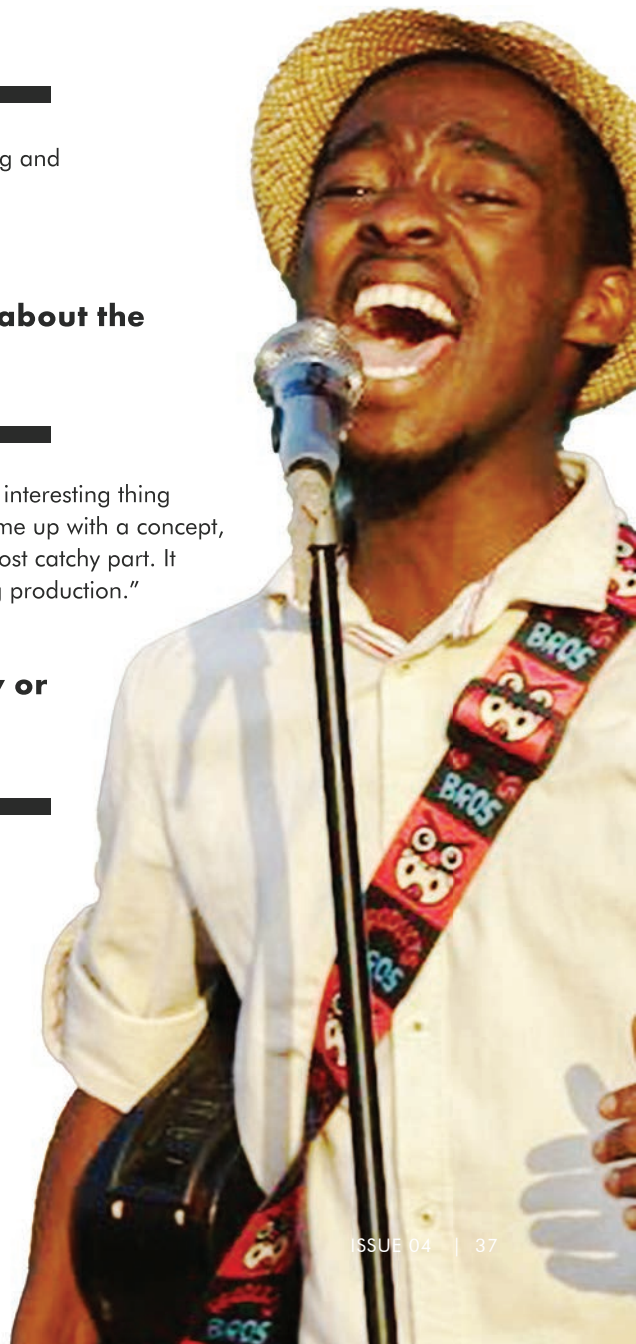
- **Are there any musicians who inspire you? Locally or internationally?**

"Locally Zahara is my inspiration not because we play the same instrument, but for her magical hand. She is a good songwriter, lyrically clean and always relevant. Internationally I would say Tinie Tempah holds the crown, he is also a good songwriter, his sound stands out."

Instagram: @baldwinkay5

Facebook: Baldwin Kay Hlongwane

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RE-IGNITING THE TOURISM SECTOR

BY KGABO LEGODI

Limpopo Guide was honoured to receive an invitation to attend the official closing ceremony of the Tourism Month in Sekhukhune, introducing the Information desk and official cutting of the red tape as well as the introduction of the SEZ (Special Economic Zone), the objective of the event was to enable tourism product owners to sell, engage and display their goods and services to a captive audience with buying-power through a sales-oriented marketing drive.

Limpopo MEC for Economic Development, Environment and Tourism, Honorable Thabo Mokone (pictured) has asked residents of the Sekhukhune area to take the advantage of the forthcoming development and infrastructure to benefit themselves and build a brighter future for those who are coming after them.

“Sekhukhune is rich in history and the fact that there are 30 operational mines in this area is a motivation on its own for you to stand up and improve your lives. We have set aside millions of rands to improve Sekhukhune via Special Economic Zone (SEZ) and other developments such as the Platinum Stream Tourism Route that is expected to create opportunities for transboundary cooperation, collaborative destination marketing, product development, public-private partnership, and safeguarding of natural and cultural heritage” explained Mokone.

He has also discouraged residents from resorting to unnecessary protests whenever they are facing service delivery problems. “These types of protests where you go out to the streets, destroying valuable properties which are meant to improve the residents’ livelihoods will only lead to self-destruction and will also drive away investors,” he said. Furthermore, he added “Limpopo is counted in the 3 top provinces with Platinum (Commodity) together with Northern Cape, and North West. We are the food basket of South Africa, 70% of the big 5 is in Limpopo,” he concluded.



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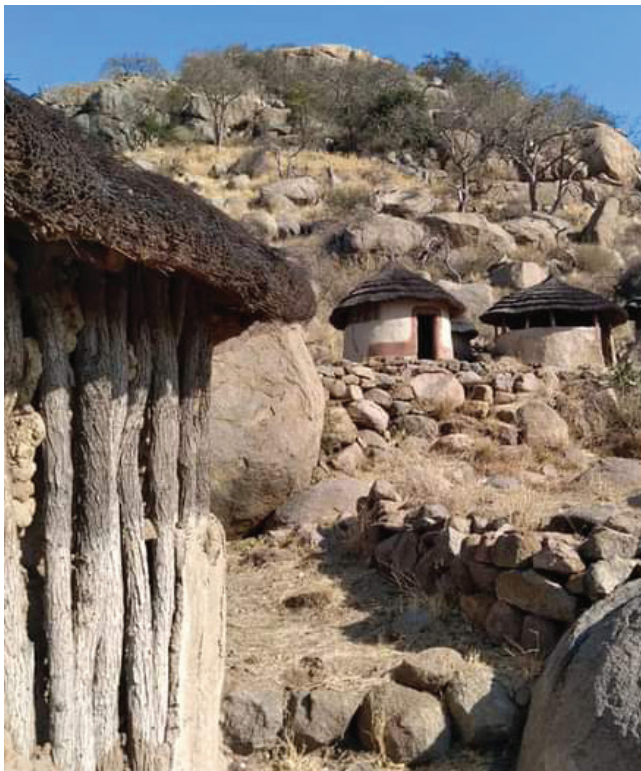


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PHALABORWA “BETTER THAN THE SOUTH”



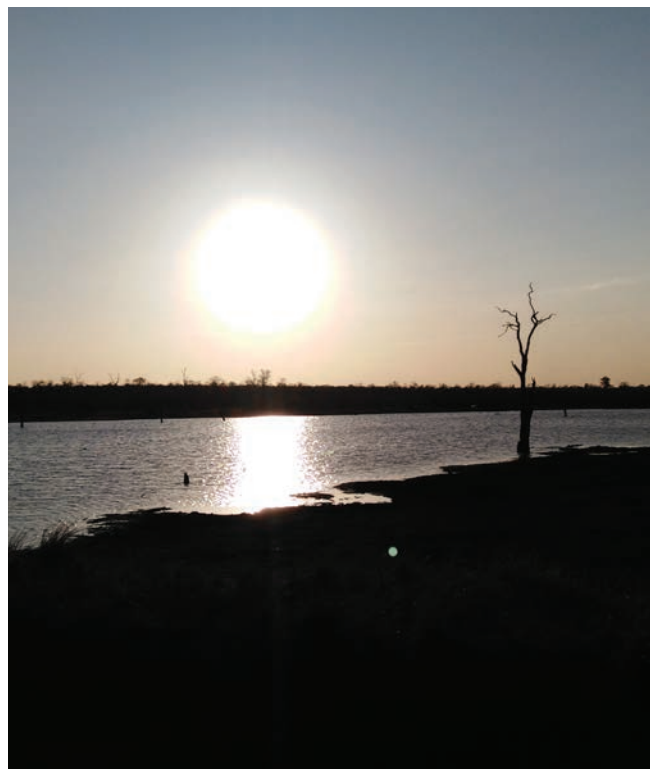
As the letters PI-NE appear on the trigonometric beacon, it was incorrectly believed to be another name for Masorini (Piene). The ancestors of the Baphalaborwa stayed here. They made a living from the melting of iron. The smelters lived on the lower terrace at Masorini and the forgers in the higher terrace, because they had a higher standing in society. Today Masorini is a restored village with stonewalls, grinding stones, potsherds and the remains of foundries, including a smelting furnace, which date back to the 19th century. There are also some implements dating back to the Stone Age. This village offers an insight into the economy and technology employed by the hunter-gathers, and later Iron Age people. The north-eastern Sotho tribe that inhabited this village was known as the ba-Phalaborwa. From the Masorini hilltop, there is a splendid view of Shikumbu Hill where the Chieftain lived. In the shock waves following the rise of the Zulu kingdom early in the 19th Century, Masorini ended as a settlement.

BY KGABO LEGODI

Phalaborwa directly translated, “Better than the South” means the area was healthier than fever-ridden areas to the south. Copper mining by Europeans was first undertaken there in 1904 but was soon suspended because of the high cost of transport.

Those visiting Kruger for the wildlife sightings should also make time to learn about the history of the region, long before it became a national park in 1926. Tour the Masorini Village Museum with an on-site guide and you’ll get to see remnants of hunter-gatherer tribes (such as clay arrowheads and pots) as well as replicas of thatched-roof homes and furnaces from the Iron Age. Early in the 19th Century, Masorini ended as a settlement.

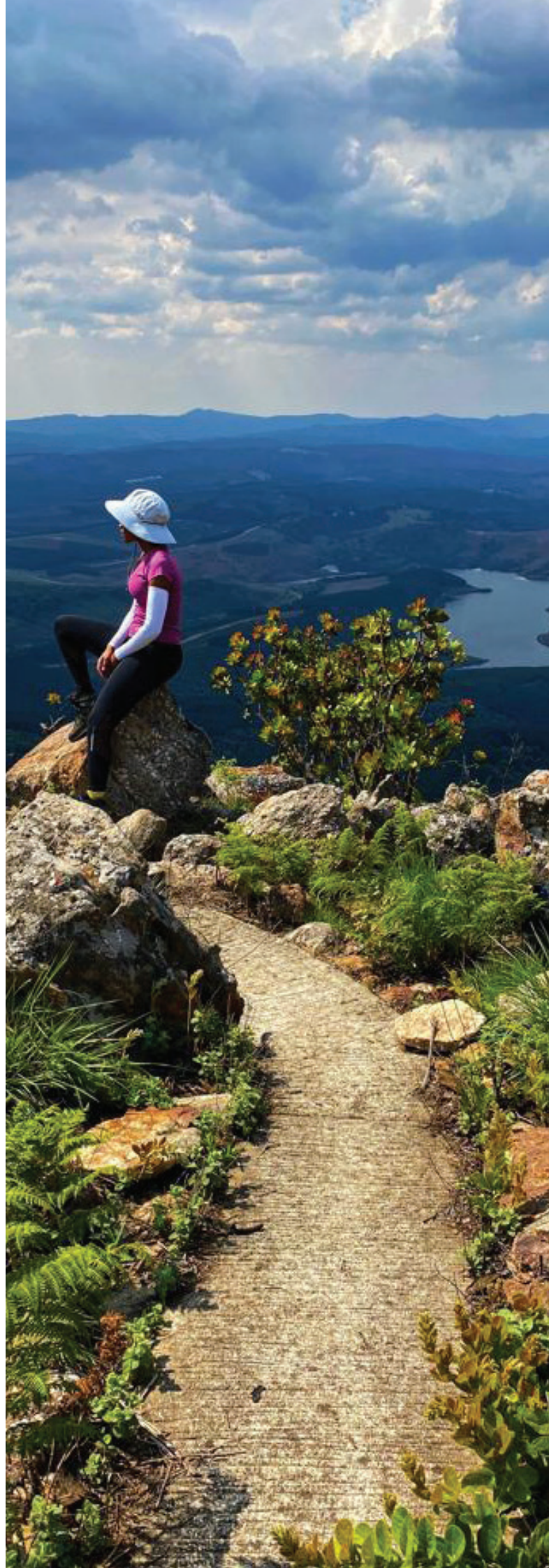
This site is situated some 11 km from the Phalaborwa Gate, on the road to Letaba.



...AND INTO THE FOREST TO LOSE HER MIND AND FIND HER SOUL GOES THE HIKER, YOGI, SOCIAL CYCLIST AND CAMPER, MOLOGADI THABITHA RACHOENE.

BY KGABO LEGODI

Imagine 5 days in the majestic rain forest, natural pools and waterfalls of Makgoebaskloof. The result? A HIKE TRAIL OF 53KM, WHAT AN ACHIEVEMENT! A game-changer for Thabi Trailgirl.



Hiking is a bit like life: The journey only requires you to put one foot in front of the other, again and again, and again. And if you allow yourself the opportunity to be present throughout the entirety of the trek, you will witness beauty every step of the way, not just at the summit. Thabi Trailgirl was born and bred in LebowaKgomo, a township just 50km outside Polokwane. "I've always been an active child. I loved sports and participating in extramural activities. That has played a significant role in shaping my lifestyle today. I call myself Thabi Trailgirl because I needed a name that would encompass all the things I love doing".

In most cases, one would sit and think that the adventurous life is expensive and deepens the pockets, Thabi Trailgirl sheds some light, "for some reason, people always assume that for one to do this, there is a lot of money required. Yes, finances are an implication, however, you must know yourself and what you can afford. I was content with how far my pockets allowed me to go. In fact, I conducted my needs analysis, did my research on places that can offer me everything I love for my budget. The only challenge would be having to drive long distances to places I want to explore which often means I have to plan everything in advance." says Thabi Trailgirl.

"The Makgoebaskloof hiking trail is the longest trail I have done in Limpopo, the trail was 53 KM over 5 days. The Makgoebaskloof trail was my first hiking experience. I did not know what to expect going into it, but I was hoping I would cope since I was fit (giggles). Little did I know that my mental and emotional state would be challenged, every little turn required a whole new me. I constantly had to tell myself that I can do this, I had to ask for help, I had to allow people to help me and be creative to get out of sticky situations. It wasn't easy at all, every single step had to be intentional. We did all this with rain falling on our faces. Overall, it was amazing; so now everywhere I go, I make it my intention to explore nature in and around the place. Frankly, the whole experience ignited something in me, I knew I had to do it again, I loved who I became after those 5 days in the forest. I went out into the world with intention. Intention to be great in everything I did, every experience is different, but my first hike was a game-changer" adds Thabi.

Thabi Trailgirl adds "there is something that happens to my spirit when I'm outside. I see how small I am in relation to the mountains and trees. I see how some of the creations live and survive for years on end even when humans haven't been so kind to them. I try to relate all of this to my personal life in times of turmoil. I tell myself that my problems are small and therefore shouldn't dictate how I should live my life. I look back on all my hiking expeditions where I had not only asked for help but also allowed people to help me. I try to apply this in instances where I know I can't solve issues on my own. I try to create space for positivity even when things don't look so great. I step outside and see there is more to life than my problems. On days where I can't go on a trip, I go to a nearby Nursery, just to smell and see all the beautiful plants. It cleanses my soul, I have also been fortunate to buy plants of my own, taking care of them is a form of therapy for me," concluded Thabi Trailgirl.

FACT: Sitting outside can reduce blood pressure, lower heart rate, and decrease cortisol levels. When we are outside our body slows down, helping us feel peaceful and calm. Our minds work in a similar way. Spending time outside improves mood and reduces feelings of anxiety

Instagram: @thabee_trailgirl



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