

LOS CABOS MEXICAN BAR AND GRILL

score		Agave Tequila Salmon & Rice	
1 to 5	PREPARATION	4	Fried-----Steamed
1 to 5	PROTEIN	4	Poor/fatty cuts-----Lean
1 to 5	CARBOHYDRATE	3	Processed-----Whole
1 to 5	FATS	4	Poor -----Best
1 to 5	COLORFUL PLATE	3.5	Pale -----Vibrant
1 to 5	PRESENTATION	2	Plain -----Creative
1 to 5	TASTE	3	Bland -----Exciting
1 to 5	VALUE	4	Good -----Bad
	<b>HEALTHY SCORE Ave.</b>	<b>3.4</b>	Poor 1 ----2----3----4----5 Excellent

PROS: Nice Patio, spacious seating, great bar, friendly wait staff, colorful décor, quick service, large portion sizes

CONS: the food was bland and over peppery, Salsa was watery with no real flavor, shrimp cocktail tasted like watered down jar of salsa. The shrimp had no flavor, the broccoli tasted almost spoiled.

COST OF MEAL: \$52.00 included -Salmon plate, shrimp cocktail and bloody marry