THE NEXT STEP Professional Counseling Services
24 Cabarrus Ave, Suite 1200, Concord, NC 28025

John Liebner, MA, LPC, NCC
www.take-thenextstep.com

Phone: 704-567-0522 Fax: 704-526-0675

# MARRIAGE CONCERNS

Please rate how satisfying you find the following experiences in your relationship.

| | Very Unsatisfying | Somewhat Unsatisfying | Neutral | Somewhat Satisfying | Very Satisfying |
|---|---|---|---|---|---|
| Communication: How we talk to one another | | | | | |
| Communication: How we listen to one another | | | | | |
| Degree of affection and care we give to one another | | | | | |
| Management of finances | | | | | |
| How you fulfill your role and responsibilities | | | | | |
| How your spouse fulfills his / her role and responsibilities | | | | | |
| How we argue and solve conflicts together | | | | | |
| Friendship: Sharing information with one another | | | | | |
| Degree of intimacy and closeness | | | | | |
| Recreational activity | | | | | |
| How we behave as a couple in public | | | | | |
| How we get along with each other's parents and siblings | | | | | |
| How we get along with each other's friends | | | | | |

Overall rate how happy you feel in your present marriage. Compare your happiness or satisfaction with what you believe most people get from marriage. Where would you rate yourself? Place an "X" along the following line to show where you rate yourself with those on one end who are very unhappy and with those on the other that experience great joy and happiness in marriage?

**Very Unhappy/Unsatisfied** **Happy / Satisfied** **Very Happy/Satisfied**

___ ___ ___ ___ ___ ___ ___ ___ ___ ___ ___ ___ ___ ___ ___ ___

| | Yes | No |
|---|---|---|
| I suspect my spouse is or has been involved in an extra-marital affair. | | |
| I have asked my spouse about being or having been involved in an extra-marital affair. | | |
| My spouse has admitted to having an extra-marital affair. | | |
| I am or have been involved in an extra-marital affair and my spouse does not know. | | |
| I am or have been involved in an extra-marital affair and my spouse does know. | | |
| I have physically hit, pushed, or restrained my spouse against his or her will. | | |
| My spouse has physically hit, pushed, or restrained me against my will. | | |