

WHERE DO I START?



Family Open Gym \$23

Mon/Tu/Th 11:30am-12:30pm & Mon/Fri 4:30-5:30pm

- Main Gym and Youth Gym available
- All ages welcome
- The perfect way for your entire family to try our facility
- Plenty of staff to answer questions and help
- Basic safety rules introduced and enforced
- 50% off first visit. FAMILY PRICE!
- Currently enrolled students are FREE with reservation



Always make a reservation at our gym! We do fill up and we will turn you away if spaces are not available.
410-676-0021



Intro to Ninja \$45/participant

- Perfect for beginners ages 6 yrs+ trying obstacle course training, or our gym, for the first time.
- Basic safety rules and ninja warrior techniques are introduced
- One hr of instruction followed by open gym in a supervised setting
- REQUIRED for ninjas under 10 yrs as a PREREQUISITE to ninja open training
- Main gym ONLY



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www.kineticyouthacademy.com
www.kineticninjawarrior.com