

KYA/KNW Reopening Plan and Procedures

Once Governor Hogan lifts the closure of all Stage 2 businesses, KYA/KNW intends to reopen our facility and resume operating. In order to best protect the health and safety of our community, we will be operating in new ways in order to prevent the spread of the novel corona virus.

General Principles

1. Follow all CDC and MD guidelines, with safety and health paramount
2. Train staff on new procedures
3. Protect the vulnerable in our community
4. Screen everyone entering facility for symptoms
5. Start with small groups of 10 maximum, including staff, so 8 participants max
6. Intensify cleaning/disinfecting procedures, open windows and doors, if possible
7. Require physical distancing. Train staff and participants on physical distancing
8. Limit sharing of equipment
9. Communicate with local health authorities if a positive case is identified as having been in the facility and follow all local health directives as it affects our business operations
10. Encourage all staff and participants to have a test for the novel corona virus when testing is available in our area. Those testing positive will NOT be allowed to enter the facility until all CDC guidelines have been followed for those testing positive for the novel corona virus: currently 3 days with no fever AND symptoms are improving AND 10 days since symptoms appeared OR received a negative test result twice in a row with at least 24 hrs between negative test results.

Protect the Vulnerable

1. Appointments will be required to enter the facility. Make an appointment by phone at 410-676-0021, email paula@kineticyouthacademy.com, or online at www.kineticyouthacademy.com or www.kineticinjawarrior.com.
2. Masks will be required by staff and all participants aged 6 yrs+
3. Mask exceptions
 - Children under 2 yrs, no mask required
 - Children 3-5 yrs, mask recommended but not required
 - When a doctor has recommended no exercise with mask
 - When the use of the mask is such an issue that it isn't used correctly
 - Specific times when KYA/KNW offer "no mask" training, currently Tues/Thurs 7:30-9pm, will expand if needed

Screen everyone PRIOR to entering facility

1. One staff member will be assigned to screen participants outside the main entrances to both the youth gym and main gym
2. Ask caregiver/parent if they performed a complete health check prior to coming to the facility, if yes and they passed, require participant to use hand sanitizer (may wash

hands with soap and water immediately upon entering facility, if needed) and wipe their shoes on a yellow cloth with disinfectant solution, then allow participant to enter facility. Ask caregiver/parent to stay in their car and call 410-676-0021 if they have questions or need to make payment, etc. You could also ask front desk staff to go out to their vehicle, if they're able to do so.

3. If they didn't do a Health Check, perform a Health Check by asking about symptoms within the past 5 days within the household, then take participant's temperature with the touchless thermometer. Must be able to answer "No" to all questions AND have a temp lower than 100.4F in order to enter facility.
4. Quick bathroom use is permitted for caregivers/parents and siblings, if needed, but they shouldn't touch anything in the facility outside the bathroom, and they should leave facility immediately after they use the bathroom
5. Encourage youth gym participants to stay in youth gym except for quick bathroom use

Intensify Cleaning/Disinfecting Procedures

1. Morning cleaning must be done PRIOR to opening facility to participants
2. All people entering facility must use hand sanitizer PRIOR to entry, after using the restroom, and before and after touching any equipment in the gym. PROPER hand washing is acceptable for folks who can't use hand sanitizer.
3. PRIOR to the use of any equipment in the gym, all equipment used must be disinfected with bleach solution - PRIOR so you know it was done
4. Have all athletes use hand sanitizer prior to using any equipment, as well as after using any equipment
5. Final disinfecting at the end of the evening must be done prior to lock up

Require Physical Distancing

1. In order to protect our community, we will maximize physical distancing, and minimize the number of people who are coming into the facility. Our expectation is either 10 people maximum in each gym during early Stage 2, or 50% capacity, which gives us 15 people max in youth gym and 30 max in the main gym, including staff.
2. Look for red/blue/white marks throughout facility designating 6 ft distancing
3. Actively monitor and remind participants to stay 6ft away from each other

Limit Sharing of Equipment

1. As a group moves around the facility, staff will disinfect equipment prior to using it.
2. Staff will actively monitor and remind participants not to touch equipment they aren't using
3. Directions will include equipment to use, as well as reminders of equipment not to touch
4. It's fine for participants to assist in disinfecting equipment if they want to help, but athletes aren't required to help

Communicate with Local Authorities

1. KYA/KNW will keep an accurate record of staff members and participants at all times within our facility in order to share this information with local authorities if needed
2. KYA/KNW will keep accurate contact information for all staff and participants/caregivers/parents in the event it must be shared with local authorities
3. KYA/KNW will report any instances of a staff member or participant testing positive to the Harford County Health Department (HCHD)
4. KYA/KNW will report contact information for anyone who was in the gym with an identified positive staff member or participant to the HCHD
5. In the event a positive case is identified within our facility, KYA/KNW will follow all HCHD directives affecting our operations